



# Tryout / Audition Information Packet 2022-2023

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## **ABOUT LU CHEER AND DANCE**

The Lamar University Cheer and Dance Teams make up a growing spirit program that performs at all home football games, home men's and women's basketball games, as well as various Lamar University and community events. Members also participate in NCA Summer Camp and clinics.

## **ELIGIBILITY**

Members must be full-time students at Lamar University and have a minimum 2.5 grade point average. Incoming freshmen, transfers, and students currently enrolled at LU are eligible to tryout. The number of members varies each year depending on the ability level of the pool of candidates. Scholarships will be awarded after tryouts.

## **Cheer Team Tryouts**

**WHEN:** April 30<sup>th</sup> - May 1<sup>st</sup>, 2022

**WHERE:** In person will be located at Lamar University McDonald Gym, located next to the Sheila Umphrey Rec Sports Center.

**FEE:** \$30 payable online after registration

**REGISTRATION:** All registration must be done online before April 29, 2022, at 11:59pm. NO Exceptions.

**ATTIRE:** Sports bras and fitted athletic shorts

## **Dance Team Auditions**

**WHEN:** May 7<sup>th</sup> – May 8<sup>th</sup>, 2022

**WHERE:** In person will be located at Lamar University McDonald Gym, located next to the Sheila Umphrey Rec Sports Center.

**FEE:** \$30 payable online after registration

**REGISTRATION:** All registration must be done online before May 6, 2022, at 11:59pm. NO Exceptions.

**ATTIRE:** Any color fitted crop top or sports bra, fitted shorts, jazz shoes, and hip hop shoes & attire.



## Q&A

**Q: How do I pre-register for tryouts or auditions?**

**A:** Fill out all application material online under Tryouts. You must submit a waiver, acceptance letter, college transcript, insurance card, and \$30 tryout application fee.

**Q: What should I bring to the tryouts or auditions?**

**A:** See Required Documents to bring to tryouts or auditions, extra athletic attire, shoes (just in case), a water bottle, lunch/snacks, and any personal items (make up, curling iron, etc.)

**Q: How should I wear my make-up?**

**A:** Apply your make-up like you would for a game.

**Q: How should I wear my hair?**

**A:** For Cheer try-outs, hair should be half up with a bow. For Dance auditions, hair should be out of your face.

**Q: Can my family and friends watch the tryout?**

**A:** No, this is a closed tryout.

**Q: Who judges the tryouts and auditions?**

**A:** The coaching staff will judge tryouts with the help of outside professionals if necessary.

**Q: Does Lamar University offer scholarships?**

**A:** Scholarships will be offered after tryouts at the discretion of the coaching staff.

**Q: Does Lamar University compete?**

**A:** Our intent is to compete at NCA College Nationals. Every year it is dependent upon skill level and commitment of the team.

**Q: Do I have to pay for my own uniform?**

**A:** Basic uniforms are provided (camp/practice wear, poms, warm-ups, rainwear, etc.). Individual attire such as shoes, etc. will be purchased by athletes.

**Q: What can I expect at cheer and dance practices?**

**A:** There are at least 3 practices per week that last approximately 2.5 hours. Once the season begins, there will be a set schedule of practices. **CANDIDATES WHO DO NOT FEEL THEY CAN ATTEND ALL PRACTICES SHOULD NOT CONTEMPLATE BEING A LAMAR CHEERLEADER OR DANCE TEAM MEMBER!**

**Q: Is there a height and weight requirement?**

**A:** We require all potential members to maintain the appropriate physique to look their best in any uniform, as well as properly execute all required skills and choreography. Everyone comes in different shapes and sizes, but all candidates must be in great physical shape.



**Q: How will tryouts work?**

**A:** Tryouts will be in person this year, please visit our website for detailed information!

**Q: Am I allowed to have a job?**

**A:** Yes, but the Cheer / Dance Team must take priority.

**Q: Do you allow male candidates?**

**A:** Yes, auditions and tryouts are open to all candidates.



## **Pre-Tryout To-Do List**

**To be eligible for the team, candidates must be accepted to Lamar University prior to your tryout date. To expedite this process, be sure to submit your Lamar University application and fee, all academic transcripts from your high school and other colleges, and a copy of your SAT/ACT scores to the Admissions Office.**

### **Entering Freshmen**

High school graduates, and soon to be graduates, who have not previously attended college should apply to Lamar University as freshmen. Transfer students with fewer than 18 hours of college credit also must meet freshman entrance requirements.

1. Fill out an official application online through the Texas statewide application system.
2. Take the SAT or ACT, preferably by the fall semester of your senior year of high school, and have your scores sent to Lamar University. Use SAT Code 6360 or ACT Code 4114. If you have already taken the SAT or ACT and did not send your scores to LU, contact the testing agency to have your scores forwarded.
3. Submit an official copy of your current high school transcript to Lamar University. Your high school counselor should be able to help you. Send transcripts to:

**Lamar University Office of Admissions  
PO Box 10009  
Beaumont TX 77710**

4. After graduation, have your final high school transcript sent to Lamar University.

### **Transfer Students**

Undergraduate students who have attended other colleges or universities should apply to Lamar University as transfer students. Those who transfer fewer than 18 credit hours must also meet the admissions requirements for entering freshmen.

1. Fill out an official application online through the Texas statewide application system.
2. Have official copies of all prior college and university transcripts sent to Lamar University by the application deadline. This applies regardless of the length of attendance and regardless of whether credit was earned. Send transcripts to

**Lamar University Office of Admissions  
PO Box 10009  
Beaumont TX 77710**

3. If transferring with fewer than 18 credit hours, have your scores on the SAT or ACT sent to the admissions office. Use SAT Code 6360 or ACT Code 4114.

### **Returning Students**

Former Lamar University students who have not registered for or attended classes for more than one year must file for re-admission by filling out an application online through the Texas statewide application system. Students returning after an absence of less than a year need only update their addresses and telephone numbers with the Records Office in the Wimberly Building.



## **How to Register for Tryouts and Auditions**

Please register at our website under the “Tryouts” tab.

**Please follow us on all of our social media for updates!**

### **Required Documents:**

1. Registration - Online
2. Waiver of Liability
3. Current 4x6 Full Body Picture
4. Acceptance Letter to Lamar (Freshman Only)
5. Lamar or other college Transcript (Returning Students and Transfer Students)
6. Front and back of insurance card
7. \$30 Fee- nonrefundable (pay online)

\*We will not be accepting In Person Registration this season. It must be done online.



## **Lamar University Scholarship Information**

Cheer and Dance scholarships are dependent upon yearly budget allowances, as well as members meeting GPA requirements. Other factors such as attitude, effort and overall performance of each member as determined by the coach affect amounts awarded.

### **Mandatory Summer Dates:**

1. Summer Practices and Contract Signing- These dates will be announced during the tryout process
2. NCA Cheer Camp- Depending on the camp we choose both are in July 2022- will have further information during the tryout process
3. Work Week- August 13<sup>th</sup>- 21<sup>st</sup>, 2022

**Please feel free to contact Coach Courtney Sutton at [Courtney.Sutton@Lamar.edu](mailto:Courtney.Sutton@Lamar.edu) if you have any questions or concerns!**

**Thank you, good luck and Peck 'Em!**