**Spring into the New Semester**

Whether their New Year's Resolution was to make better grades, get more involved, or to serve the community, encourage your student to start the Spring Semester off right! *Under Our Wing* has information and tips for how to get involved, get better grades, and serve the community.

**Cardinals Care**

**Alternative Spring Break**
Looking for something to keep your cardinal occupied during Spring Break? *Alternative Spring Break* is the solution!

Alternative Spring Break is a volunteer opportunity for students to help clean the Mississippi Gulf Coast. This project will take place **March 14 - March 17**.

If selected as a participant, transportation to and from Lamar University, meals, and lodging will all be provided through Lamar University.

The last day to apply is January 27th on OrgSync!

**The Big Event**
April 4th! Mark your calendars for this year's Big Event!
The **Big Event** is Lamar University's largest day of community service, with over 300 students. Students meet at the Setzer Student Center the morning of the event for a kickoff and to get their tools, then they are sent to different non-profit organizations in and around Beaumont to spend the day serving!

The purpose: to say thank you to the community. Students can register for the Big Event on OrgSync!

**More Volunteer Opportunities in Beaumont**
Looking for more times or places to serve the community?

Both you and your student can volunteer locally!

The **Food Bank of Southeast Texas** is very close to Lamar University and is always looking for help! Donate non-perishable goods, and/or help stack and organize items!

**Habitat for Humanity**, the **Humane Society of Southeast Texas**, and **CASA Southeast Texas, Inc.**, are looking for volunteers! Sign up to volunteer on their website!

https://setxfoodbank.org/get-involved/
https://beaumonthabitat.org/volunteer/
https://humanesocietyofsoutheasttexas.org/volunteer/
https://texascasa.org/local-casa/casa-of-southeast-texas/
Welcome Back Week is a week of fun-filled events for all students, starting when they get back to campus! Also, be sure to follow us for hints to the week-long Treasure Hunt.

**TUESDAY**
- Dodgeball
- Meet the Greeks, Game Night Style
  - Interested in learning more about GreekLife? Talk to the Greeks, and have some fun!
- LU Spirit Night

**WEDNESDAY**
- Transfer Swag Swap
  - Does your student have swag from a different school? Swap it for some LU Gear!
- Coffee with Congress
- Movie on the Lawn

**THURSDAY**
- One Minute New Year’s Resolutions
- We Love the 90s ‘Nite’
  - This Week is all about the 90s! Celebrate with 90s arts, crafts, music, and fun!

**FRIDAY**
- Involvement Fair
  - If your student is looking for something to join whether it is major-based or interest-based, encourage them to look at the involvement fair!
- Speed-Friending with Success
- Late Night at the Rec

**SATURDAY**
- Academic Success Conference
  - Looking for tips for academic success? Learn strategies, develop techniques, and establish relationships with fellow Lamar students and faculty!
- Women’s Basketball v. SFA
- Men’s Basketball v. SFA
- Color Rave

Encourage your student to take pictures at events and tag us!

For times, locations, and a full list of events, follow us on social media!

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**SOCIAL MEDIA**
- @LU_Leadership
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Located in the Galloway Business Building, the Career and Professional Development Center (CPD) provides students with information and guidance for all students in their professional endeavors, from discovering what can be done with their major to applying and interviewing for jobs and internships. Every student has access to resume and cover letter critiques offered by the CPD, and has a personal Career Consultant! All Lamar University students have a HandShake account; HandShake is a network for jobs and internships available to students. Students can schedule appointments for interview tips, practice, and critiques! The CPD also acts as a testing center; students can take the SAT, ACT, DSST, LSAT, and other tests via appointment. If your student is interested in Graduate School, encourage them to stop by the CDC to look at schools and to get feedback on essays and personal statements! For more information or to schedule an appointment, visit lamar.edu/career-and-testing-services.
We hope to see you in the bleachers and in the auditorium! For more information and/or ticket pricing please visit the Athletic Department (lamar.edu/athletics), Theatre and Dance Department (lamar.edu/theatre), and Art Department webpages (lamar.edu/art)!

**ART**

- David Cargill: Life is a Long Way
  
  January 24th - March 7th

- Poland | Texas: An International 3D Print Exchange
  
  January 31st - March 7th

- Le Grand Ball Silent Auction Preview
  
  March 23rd - 27th

- Le Grand Ball Silent Auction
  
  March 28th

- Bachelor of Fine Arts Senior Thesis Exhibition
  
  May 1st - 16th

**THEATRE AND DANCE**

- The Theater Department will start the new semester with the production of *Bakkhai*. This show, directed by Joel Grothe, will be preformed February 13th - 16th.
  
  *I Hate Hamlet*, directed by Brian LeTraunik, will be preformed April 2nd - 5th.
  
  The Spring Dance Performance, *Dance Unleashed*, will be on stage April 24th - 26th.

**MEN’S ATHLETICS**

Support your Cardinals at their home games!

- **Tennis**
  
  February 8th @ 11 am v. Alcorn State

- **Basketball**
  
  March 7th @ 4:30 pm v. McNeese

- **Baseball**
  
  March 14th @ 2 pm v. McNeese

- **Golf**

- **Track and Field**

**WOMEN’S ATHLETICS**

Don’t forget about our Lady Cardinals:

- **Basketball**
  
  January 25th @ 2 pm v. SFA

- **Tennis**
  
  February 8th @ 2 pm v. Alcorn State

- **Softball**
  
  February 23rd @ 12:30 pm v. Rhode Island

- **Golf**

  April 6th - 7th Cardinal Classic

- **Track and Field**

Are you attending events on campus and taking pictures? Share your selfies and group photos with us! Tag Parent and Family Programs at LU_Parents on Facebook and Twitter!

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**GET INVOLVED ON CAMPUS**

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**FAMILY GAME DAY**

Please join us for Lamar University’s first ever Family Game Day on Saturday, March 7th!

**Family Game Day** is a day of games, competition, and food!

Similar to a family reunion, Family Game Day is a day in the park where you can meet, visit with, and compete against other members of the Cardinal Family.

The games include a three-legged race, tug-of-war, musical chairs, and other team challenges fun for all ages!

Attendance is free, but we do need an accurate head-count to make teams!

To sign up, please visit lamar.edu/parents

Team shirts are optional and available for purchase when you register!

You will be able to pick up your shirt the day of!

We cannot wait to have fun with you, and may the best team win!
Cardinal Orientation Team

Does your cardinal want to spend the summer developing leadership skills while helping new students and families transition to campus life?

Members of the Cardinal Orientation Team (CO Team) build the perfect orientation day for all incoming families while establishing and developing friendships with other Orientation Leaders.

For more information or to apply, students can visit lamar.edu/coteam

Application closes January 31st!

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Application closes January 31st!

Future Cardinals

Cardinal View

Do you have another student looking to join the LU family? Get an inside look at Lamar University and Campus life at Cardinal View on February 29th!

At Cardinal View, you and your student will be able to:
- Meet with representatives from academic colleges
- Interact with current LU students
- Tour campus and residence halls
- Snag your LU gear
- Receive financial aid and scholarship information

To register, visit lamar.edu/CardinalView

Orientation

New Cardinals? Get ready for Orientation!

Orientation is required for all incoming students!

Orientation is a fun time for students to get to know campus, Lamar University traditions, and other students.

The journey starts at orientation, so pick a date and don’t forget to wear red!

- June 12
- June 20
- June 27
- July 18
- July 24
- July 31

Register for an Orientation Session online at lamar.edu/orientation

How Are We Doing?

Hello! With this being the fifth edition of Under Our Wing, I thought it was time that I introduced myself. My name is Emily Robinson; I am the writer of Under our Wing's first volume. I am a Junior English Major and Communication Minor, serving my third year with the Department of New Student and Leadership Programs.

Under Our Wing is the Newsletter for you, the Proud Family Members of our Cardinal Students. The purpose of Under Our Wing is to keep you informed about important dates, events, and opportunities for your student, while giving you an opportunity to be involved in campus life via community service, family programs, and events on campus.

I look forward to writing Under Our Wing each semester, and now that it has a distinguished schedule and purpose, it is time to hear from you!

How are we doing? Does this newsletter keep you informed and updated? Is there anything you wish was mentioned in the letter?

If you would like to share your feedback, please email parents@lamar.edu