



Lamar University Student Health Center

BIENNIAL REVIEW

ACADEMIC YEARS 2018 – 2020

**DRUG-FREE SCHOOLS AND CAMPUSES
REGULATIONS (EDGAR PART86)**

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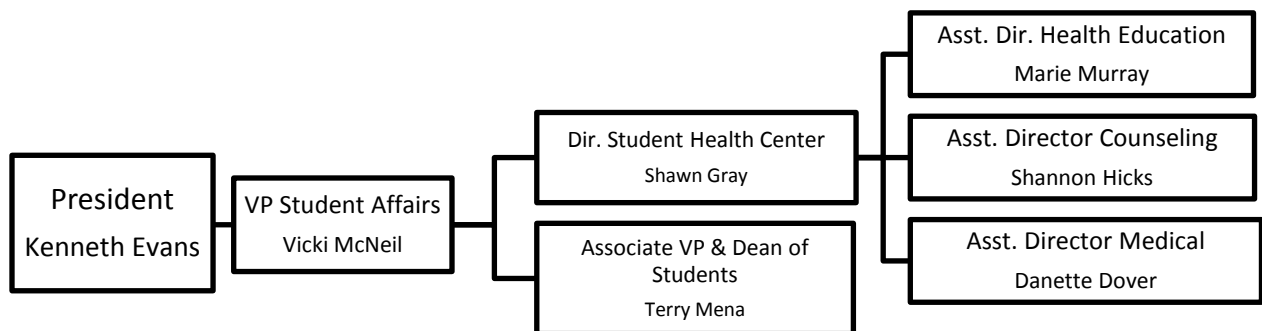
INTRODUCTION

Lamar University, as an institution of higher education, has a strong interest in promoting a safe environment that is conducive to acquiring and achieving academic success, and in preserving a high standard of safety and welfare for our students, faculty, and staff. While it is important to motivate and protect our students’ pursuits of educational goals, it is equally essential to disseminate vital information as it relates to student conduct and behavior.

The Drug-Free Schools and Communities Act (DFSCA) requires that an institution of higher education (IHE) certify it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol for students and employees on school premises and as part of its activities. Lamar University (LU) complies with the DFSCA by continuing to conduct a biennial review on the effectiveness of its alcohol and other drug programs and policies, consistency of policy enforcement, and to identify and implement any changes needed. The following review is a report of alcohol and drug prevention activities conducted from August 1, 2018-July 31, 2020.

LU strives to maintain a campus community and workplace free from the illegal use, possession, manufacture, or distribution of alcohol or other drugs, as well as being committed to providing a safe and healthy environment for all community members. The community benefits from having an integrated Student Health Center (SHC) with medical, counseling, and health education departments. The SHC continues to expand to serve the growing needs of the LU community by adding a dedicated health education position in 2015, three new counselors over the past four years, and creating the Healthy Cards Peer Health Education program in the 2016-2017 academic year. Other LU entities that play a strong role in alcohol and other drug prevention on campus include the Lamar University Police Department (LUPD), Dean of Students’ Office, Residence Life, Human Resources, and many others.

LU AOD Prevention Support and Structure



BIENNIAL REVIEW PROCESS

The Biennial Review of Lamar University's Alcohol and Other Drug Program is perpetually available at www.lamar.edu/healthcenter. The current Biennial Review covers even-numbered academic years beginning in the Fall of the last biennium year through the Spring of the current even-numbered year (Fall 2018-Spring 2020). The Biennial Review document is completed and available for review before the first day of class for the Fall semester of the current even-numbered year. The Biennial Review final document is comprised of information and data collected during and after activities from multiple departments.

A hard copy of the Biennial Review is also maintained on file at the Student Health Center and can be provided to the U.S. Department of Education if requested. Hard copies are kept for seven years in the Student Health Center.

ANNUAL POLICY NOTIFICATION PROCESS

To comply with federal law, Lamar University Office of Student Engagement, Human Resources, and Student Health Center provide every employee and student with an "Alcohol and Other Drug Policy" email notification that includes the following:

- Standards of conduct that prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.
- A description of legal sanctions under federal, state, and local laws for unlawful possession or distribution of illicit drugs and alcohol.
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
- A description of counseling and treatment programs available to students and employees.
- A clear statement and description of the disciplinary sanctions Lamar University will impose for violations of the codes of conduct for students and employees.

This notification is always available to students, faculty, and staff online at lamar.edu under [Resources on Alcohol and Other Drugs](#).

The primary method utilized to distribute the [AOD policy](#) is via campus announcement email annually. Every student, defined as a person currently enrolled for academic credit on the Lamar University campus and online, receives the AOD policy by campus announcement on the 12th class day of every semester once per academic year (Fall, Spring, Summer I, II.). Any student who enrolls after the 12th class day shall receive the policy the next consecutive 12th class day in the following semester. Any new student entering the university will be notified at the time of registration.

All existing employees receive the AOD policy via campus announcement on the 12th class day of the Fall and Spring semester. All new employees are required to complete documents through an electronic onboarding system in Human Resources before their first day of employment. The

onboarding system will include the annual notification and AOD policy. This process will ensure everyone receives the policy regardless of hire date or extent of employment with the university.

POLICY ENFORCEMENT & COMPLIANCE

Lamar University has adopted policies that govern alcohol and other drugs on campus. These policies include the [Faculty Handbook](#) and the [Human Resources Policy Manual](#). Policies related to students are included in the [Code of Student Conduct](#). All students and employees are required to adhere to these policies while associated with the university. Any student or employee found in violation of any of these policies may be subject to corrective action and/or discipline including dismissal from the university.

Lamar University has adopted a student code of conduct, following the authority established by the Board of Regents of the Texas State University System, which outlines rules, regulations, rights, and responsibilities that apply to all students on and off-campus. Lamar University expects that each student becomes fully acquainted with all published University policies, as each student is held accountable for compliance with the student code of conduct and other university policies. General enforcement of the policy occurs through education, community vigilance, and LUPD.

General oversight of each policy is managed by the departments' Director from which the policy originates. Discipline, sanctioning, and adjudication of each policy are enforced by the departments' Director and may include other overseeing entities as they relate to students or employees. The Dean of Students will collaborate with any department director where students are involved and the Director of Human Resources will collaborate with the supervisor of an employee found in violation of policy. Lamar University police department may be utilized when deemed necessary.

Lamar University police department has a robust working relationship with Beaumont Police. Lamar police officers have jurisdiction to enforce civil laws off-campus in the surrounding areas adjacent to the university property. Collaboration between the departments helps students abide by Lamar University's alcohol and drug policies.

| | |
|---|---|
| No. of employee disciplinary actions related to alcohol and drugs | 1 |
|---|---|

AOD Prevalence & Trend Data

The Lamar University Police Department (LUPD) regularly collects data as part of their Annual Safety Report. Data relating to alcohol and other drugs can be found below.

| LUPD Annual Safety Report Data | | | |
|--|-------------|-------------|-------------|
| | 2018 | 2019 | 2020 |
| No. of Alcohol-related incidents on campus | 0 | 1 | 16 |
| No. of Drug-related incidents on campus | 56 | 45 | 10 |

Alcohol & Other Drug Violations

Below is the data reported from the Dean of Students Office on student AOD related incidents and sanctions. Also included, from the Office of Finance & Operations, is information regarding the number of requests for permission for the sale or service of alcohol on campus for students, faculty, and staff.

| Dean of Students Alcohol & Other Drug-Related Incidents: | |
|---|------------|
| Drug and Alcohol-Related Incidents - 8/1/2018 - 7/31/2020 | |
| Liquor Law Violation Referrals | 74 |
| D.U.I. Arrest | 0 |
| Drug Law Violations – Arrest | 3 |
| Drug Law Violations – Referrals | 83 |
| Totals | 160 |

| Sanctions as a Result of Cases Heard Involving Alcohol*: | | |
|---|------------------|------------------|
| Sanction | 2018-2019 | 2019-2020 |
| Warning | 12 | 6 |
| Community Issues Paper | 12 | 2 |
| Bulletin Board | 0 | 0 |
| Plan/Attend A Program | 0 | 0 |
| Community Service | 45 | 5 |
| Counseling & Psychological Services | 5 | 1 |
| Educational Class | 38 | 16 |
| Parental Notification | 30 | 5 |
| Probation/Deferred Removal | 0 | 8 |

| | | |
|---|-----------------------|-----------------------|
| Removal from Housing | 0 | 0 |
| Fines | 0 | 10 |
| Suspension | 1 | 0 |
| Total Alcohol Sanctions Issued | 143 | 53 |
| Sanctions as a Result of Cases Heard Involving Other Drugs*: | | |
| Sanction | 2018- 2019 | 2019- 2020 |
| Warning | 3 | 1 |
| Community Issues Paper | 5 | 0 |
| Bulletin Board | 0 | 0 |
| Plan/Attend A Program | 0 | 0 |
| Community Service | 28 | 3 |
| Counseling & Psychological Services | 24 | 3 |
| Educational Class | 25 | 7 |
| Parental Notification | 29 | 4 |
| Probation/Deferred Removal | 8 | 7 |
| Removal from Housing | 1 | 0 |
| Fines | 0 | 6 |
| Suspension | 0 | 0 |
| Total Other Drugs Sanctions Issued | 123 | 31 |

***These numbers are inclusive of sanctions issued through The Office of Residence Life.**

| | |
|---|-----------|
| Number of requests for permission/authorizations for alcohol sales/serving for students, faculty, and staff | 66 |
|---|-----------|

ALCOHOL AND OTHER DRUG PREVENTION & INTERVENTION EFFORTS

Lamar University offers a variety of programs and interventions for students in the community. Programs are offered on an individual, group, and population basis. The Student Health Center offers many of the individual and group-based education programs, while the Division of Student Engagement and Dean of Students is responsible for the entire population programming.

INDIVIDUAL-BASED PROGRAMS

Lamar University offers a variety of Tier 1 strategies that show evidence of effectiveness with college students. These individual-based assessments, programs, interventions, educational outreach, and referrals are made available to students on campus.

Initial Intake Assessment and Screening for College Students

The Student Health Center requires all students to complete a 10-minute, self-administered survey prior to attending their first counseling appointment. The Counseling Center Assessment of Psychological Symptoms (CCAPS)-62 is a 62-item instrument with eight distress subscales that measure physical and psychological symptoms and the Distress Index (DI). Counselors review the eight subscales: Depression, Generalized Anxiety, Social Anxiety, Academic Distress, Eating Concerns, Family Distress, Hostility, Suicidal and Homicidal Intent, and Substance Use before conducting the initial psychosocial and mental health diagnostic assessments with the students.

Integrated Approach to Student Emotional Wellness through Individualized Counseling and Intervention Programs

Counselors at the Student Health Center use an integrated counseling model approach that includes Motivational Interviewing, Solution-Focused, Resiliency Training, and Cognitive-Behavioral interventions to enhance the emotional wellness of the college students being served. Motivational Interviewing is utilized to build rapport, identify, examine, and resolve ambivalence about the identified behavior that needs to be changed. It is a conversation that is a collaborative, person-centered partnership that builds upon the student's autonomy. Counselors utilize this strengths-based approach to identify and emphasize the student's capability to change successfully. A Brief Therapy Solution-Oriented model is used to address students presenting issues involving situations in which there is a pattern of unwanted behavior accompanied by distress and impairment, including (but not limited to) affective (mood) disorders, social phobia, substance abuse, eating disorders, anxiety, and ADHD.

Cognitive-behavioral skills training with norms clarification is an action-oriented therapy utilized to address inaccurate or negative thinking so that the student can view challenging situations more clearly and respond to them in a more effective way. Focus remains on the student's thoughts (cognitive patterns) to change the student's behavior and emotional state. Norm clarification is discussed, when appropriate, to identify and address misperceptions of behaviors,

attitudes, and beliefs about alcohol and other drug use.

Referral programs to off-campus treatment providers for students

The Student Health Center makes referrals to both campus and community resources when requested or deemed necessary and/or beneficial. Types of referrals may include (but are not limited to) additional counseling, psychiatric evaluations, inpatient hospitalization, medical, legal, substance abuse detox as well as alcohol/chemical dependency rehabilitation, trauma and victim's assistance, and housing/shelter needs.

LU Critical Assessment Response & Evaluation (CARE) Team

The LU CARE Team is a group of employees from various areas on-campus, led by the Dean of Students. The CARE Team is a resource for faculty, staff, and students to report behaviors of LU students that may be potentially violent, threatening, or dangerous. All students, faculty, and staff can submit anonymous reports via the online [Incident Reporting Form](#). The Dean of Students will disseminate information based upon the identified needs of the student. The Team coordinates support services and resources to help LU students who have been referred to the CARE Team. The CARE Team provides guidance, resources, and plans of action to help students succeed while providing the greatest level of protection to Lamar University and the surrounding community.

GROUP-BASED PROGRAMS

AOD Prevention Programming Efforts

Health Education Programs

The Health Education department provides presentations for the entire LU community such as student organizations, residence halls, and classroom instructors free of charge. Group programs covering alcohol and other drugs can be requested by completing the "Program Request" form available at www.lamar.edu/healthed. Specific group alcohol programs offered by the department include The Facts Served Straight Up, Alcohol Bingo, and Drunk Goggles, but customized programs are available upon request as well.

REDTalks

The Health Education department strived to provide alcohol-related programming via the Student Tutoring and Retention Services (STARS) program, REDTalks. REDtalks are free 45-minute presentations by LU faculty, staff, and students sharing expertise and advice to help students succeed at Lamar University. These REDTalks are a great learning opportunity for the campus community on a variety of topics to promote a safe and healthy campus culture.

Residence Life

Resident Assistants (RAs) are required to participate in a week-long training designed to

teach them responsible alcohol use, campus policies, and how to identify students who may violate the AOD policy while living on campus. These student leaders are also encouraged to report any concerns they may have for other students anonymously via the online [Incident Reporting Form](#) or report it to their resident director, Lamar police, or campus safety officers.

Residence Life also regularly works with the Student Health Center to provide alcohol programs for each of the residence halls. RAs and professional staff can request a program from the SHC Health Education department or choose to borrow the Drunk Goggles as part of their own programming.

New Student Orientation

LU makes an ongoing effort to address the potential for alcohol and/or drug use with incoming freshman students. Students and their families watch a video that focuses on the culture of LU and words of wisdom for student success. This video features the Dean of Students, SHC Director, as well as students and other staff across campus. Each incoming student is required to attend an orientation session.

Substance-Free Programming Options on Campus

Lamar University hosts a variety of substance-free events and programming on campus throughout the school year. Extensive marketing for these events is done via digital signage, social media, and other promotion in heavy traffic areas of the university. Below are a few departments that host popular substance-free programs for the campus community.

Cardinal Activities Board

The Cardinal Activities Board (CAB) specializes in bringing programming to students outside of the classroom setting. This programming aims to foster holistic student development for a full collegiate experience. Events hosted by CAB include Big Red Mania, Homecoming, movie nights, and Cardinal Craze. To stay up-to-date with their events, visit the CAB website at <https://www.lamar.edu/students/student-engagement/student-activities/index.html>.

Recreational Sports

The LU Recreational Sports Department offers a wide variety of activities for student participation. The facilities offer a fitness center, basketball courts, weight room, racquetball courts, indoor soccer court, indoor track, multipurpose court, group fitness rooms, game room, and climbing wall. Recreational Sports also offer a variety of programming opportunities for students. Students can join club sports, intramural sports, group fitness classes, or participate in outdoor pursuits. Programs and events are regularly posted on social media. More information on Recreational Sports can be found at www.lamar.edu/recsports.

UNIVERSAL PROGRAMS

CampusWell

The Student Health Center sponsors the CampusWell online wellness resource for LU students. This platform can be accessed through the webpage www.lamar.campuswell.com or via the new mobile app. Articles are updated weekly and focus on a student-centered approach to providing health and wellness information. The university can add custom content to the CampusWell platform with information specific to the LU campus.

Think About It-program

Lamar University requires students to complete a web-based program that satisfies the Drug-Free Schools and Colleges mandate. This program, offered by Campus Clarity and the Division of Student Engagement, is designed to educate students on alcohol and other drugs as well as Title IX topics. The program, “Think About It: Part 1” is offered to all new incoming freshmen and transfer students. The program was initiated for the Fall 2014 semester and has continued through 2020. Students are sent an email with the link to the program on the 12th class day and given one month to complete it. If not completed, then they are reminded via email until the program has been completed. If it is not completed, a registration hold is placed on the student’s account. The completion data for this program is provided below.

| Participation & Completion Data | | |
|--|------------------|------------------|
| | 2018-2019 | 2019-2020 |
| Invited | 277 | 1479 |
| Signed-Up | 169 | 1289 |
| Done | 144 | 1182 |
| Completion Rate | 52%* | 79.9% |

*We had IT and software issues for this training year that resulted in a lower completion rate.

ENVIRONMENTAL PROGRAMS

Lamar University is considered an alcohol and drug-free campus. The Housing and Residence Hall Handbook and the Code of Student Conduct specifically address that the halls are drug and alcohol-free facilities. Residence directors and community leaders may confiscate any alcohol or drugs found in a students’ room in plain sight. Once found, the student is processed through the discipline process in the Code of Student Conduct. A formal letter is sent to the student with the allegations outlined and a deadline for completion given. This letter is signed by the Dean of Students and the student. Any department directly involved in the discipline process is alerted to the discipline mandates. Discipline mandates may include community service hours, monetary fines, referral to SHC licensed chemical dependency counselors for addiction counseling, and/or educational videos/assignments related to the specific charge.

Social events with alcohol, where special permission from the VP for Finance and Operations or the President has been given, follow specific guidelines. These guidelines are outlined in the

Human Resources Policy Handbook, Sec. 2-General Policies, and 2.12 Social Events with Alcohol.

Amnesty Policy

To ensure student's safety and health in cases of underage possession and/or consumption of alcohol and/or illicit drug use, the Dean of Students and Housing and Residence Life will not pursue conduct action if (1) the intoxicated student reports the action and/or (2) if the intoxicated and/or other students actively seek medical and/or health assistance. The student is not covered by this Protocol if involved in other violations of the Code of Conduct during the incident for which they are seeking amnesty, has previously been found in possession of alcohol or drugs, or has already been covered by this Protocol in a previous incident. This Protocol does not protect the student from being criminally charged by a law enforcement agency.

Assessment of AOD Prevention Efforts

Assessment serves a critical role in evaluations of AOD programming and prevention efforts at Lamar University. In Spring 2019, the Student Health Center utilized the National College Health Assessment (NCHA) to collect data about the health habits, behaviors, and perceptions of LU students. Survey results help the SHC determine the impact of AOD programming on alcohol and other drug behaviors by students. Key results from the survey are highlighted below.

National College Health Assessment – Spring 2019 (n=251, response rate = 3.8%)

- Within the last 12 months, 2.4% of students reported alcohol use as a factor affecting their individual academic performance.
- Within the last 12 months, 0.8% of students reported drug use as a factor affecting their individual academic performance.
- 35.1% of respondents reported they have never used alcohol before and 34.3% reported using alcohol 1-9 days within the last 30 days.
- 80.7% of respondents reported that they have never used cigarettes before and 11.2% reported using cigarettes previously, but not within the last 30 days.
- 72.3% of students reported that they had never used marijuana before and 16.5% reported using marijuana previously, but not within the last 30 days.
- 24.0% of respondents reported driving after having any alcohol in the last 30 days, and 3.3% reported driving after having 5 or more drinks in the last 30 days.
- On average, respondents reported consuming 4.12 drinks the last time they “partied” or socialized.
- 11.2% of respondents reported using one or more prescription drugs that were not prescribed to them within the last 12 months.
- 98.8% of respondents reported that most of the time or always they have taken one or more “responsible measures” related to alcohol use when they’ve “partied” or socialized within the last 12 months.
- 44.0% of respondents reported experiencing one or more negative consequences after

drinking alcohol within the last 12 months.

PROGRAM GOALS AND OBJECTIVES REVIEW

In the 2016-2018 Biennial Review, a list of goals and objectives were identified to complete for the 2018-2020 Biennium. Below is a review of these goals and objectives:

- Conduct the second ACHA-NCHA.
 - A second NCHA survey was completed in Spring 2019.
- Reorganize program evaluations for health education programming.
 - New program evaluations were created for health education programming to gather information on students learning, beliefs, and satisfaction with the program.
- Maintain collaboration with Student Engagement leadership to conduct programs/events targeting AOD
 - The Student Health Center tries to maintain regular communication with a variety of Student Engagement departments. A good relationship was developed with the new Associate Director of Greek Life, however, this position has been terminated due to COVID-19.
- Redesign the current AOD screening tool utilized in the intake portion of medical appointments.
 - In 2018, the Medicat section on social history was updated to include vaping as well as cigarettes.
- Design and implement a mental health triage system to effectively screen and schedule students needing mental health counseling.
 - In 2019, a mental health triage tool was developed to screen and identify students in possible mental health crisis (when a counselor is unavailable). The tool is utilized by the nursing staff to identify the patient's level of distress and immediate counseling needs. The suicide and crisis assessment addresses alcohol and other drugs in the request for inpatient treatment, as well as substance use, abuse, and risky behaviors associated with alcohol and drug use. If no immediate intervention is needed, a follow-up appointment is made for the student with the next available counselor.
 - With the addition of new counseling staff, this mental health triage tool is used mostly by counseling staff with the nursing staff using it on an as-needed basis.

Strengths of AOD Prevention Program

- AOD Policy
 - The institution consistently reviews and updates its AOD policy as part of an active and ongoing process to provide a quality AOD prevention program.
- Dedicated Health Education Department
 - The Student Health Center has a dedicated Health Education department to provide services, programs, and activities to promote a strong drug-free campus environment.
 - By having this specific department that HC can maintain a Peer Health Educator program that offers peer to peer programming opportunities for AOD prevention efforts.
 - Multiple AOD programs offered to fulfill the needs of students or faculty/staff requesting programs.
- Strong and Integrated SHC
 - The LU SHC fosters a strong partnership between counseling, medical, and health education services under one department.
 - The SHC added an hourly LPC to aid in individual-based AOD interventions and outreach.
 - In response to COVID-19, the SHC added telemedicine visits for counseling and medical visits.
- ACHA-NCHA and other data collection
 - The SHC has prioritized regular data collection to better understand the needs of the student population.
 - The SHC has conducted two NCHA II surveys and will conduct the new ACHA-NCHA III in Spring 2021.
- AAAHC Accreditation
 - In Fall 2019, the SHC received AAAHC accreditation. As part of this accreditation, the SHC regularly conducts QI studies, maintains a high quality of care, and conducts regular needs assessments.
- Positions filled Across Campus
 - The Director of Risk Management position was filled by Gary Rash. By filling this position the risk management department was able to updated and rewrite policies for the university, as well as provide more structure.
 - In 2019, Christopher Hazelton was hired as the Asst. Director of Student Conduct & Residence Life, a dual position with Residence Life and the Dean of Students Office.

Weaknesses of AOD Prevention Program

- External Factors
 - LU and the surrounding areas have been impacted by multiple disasters, hurricanes Harvey & Imelda, and the TPC explosion. Many still suffer impacts from these disasters including housing and mental health.
 - Primary needs need to be met first before addressing alcohol education.
- ACHA-NCHA survey participation
 - While the SHC has conducted two NCHA surveys, more participation is needed in order to yield statistically significant results.
- Changing the climate surrounding marijuana use
 - The legalization of marijuana across the country has changed student opinion on the drug. Students tend to favor legalization in Texas and see the use of marijuana as benign.
- Loose enforcement of Think About It
 - Completion rates are not 100%. Holds may be released without completion.
- Size of the Health Education Department
 - The Health Education department only has one full-time staff member, Marie Murray, Asst. Director of Health Education.

Opportunities for AOD Prevention Program

- Difference in perception vs. reality of health behaviors amongst the student population
 - According to the NCHA Spring 2019 results, there were large differences between the perception of alcohol and drug usage and the actual number of LU students who do engage in these behaviors.
 - For example, survey respondents believed that 88.8% of students used alcohol within the last 30 days when only 40.2% actually used alcohol within the last 30 days. Respondents also believed that 84.7% of students used marijuana within the last 30 days when only 11.2% had used marijuana within the last 30 days. In addition, 72.3% and 79.1% believed students used cigarettes and e-cigarettes respectively, but only 8.0% and 9.2% actually used these products.
 - These vast differences between perception and reality of health behaviors in the LU student population allows for the opportunity to educate students on the social norms surrounding alcohol and other drugs.
- Peer Health Education Program
 - Peer Health Educators effectively promote programs as a representative and role model.
 - Peer Health Educator program, started in spring 2016, continues to offer peer-to-peer programming.
 - Students can provide great feedback on current programs as well as future program development.
- Regular Needs Assessments
 - A regular needs assessment is conducted by Asst. Director of Health Education every odd number year as part of AAAHC accreditation. Information included in the needs assessment goes beyond the NCHA survey and includes information such as SHC testing and diagnosis data.
- New program replacing Think About It
 - The Think About it Program is being replaced by AlcoholEdu. There will be AlcoholEdu for First-Year Students, Ongoing Students, and a Prescription Drug Safety Program.
 - There is a lot of potential with being able to engage ongoing students, instead of just first-year students.

Threats for AOD Prevention Program

- Greek Life Restructure
 - The division is creating Greek Life policies to reflect the current administration vision.
 - An Associate Director of Greek Life was hired but then eliminated the position due to restructuring. This position has been replaced by a Greek Life Advisors Council with multiple advisors (each overseeing different councils).
 - Over the past few years, Greek Life has seen a decline in numbers. The focus has been on growing numbers, not education focused on AOD prevention.
- Communication
 - Communication between various departments that offer AOD programming can be limited at times.
- Commuter population
 - The campus still has a large commuter population which makes reaching them with on-campus AOD programming difficult.
- Changes due to uncertainty during the COVID-19 pandemic
 - There is uncertainty of the number of students that will actually enroll in the university, especially on-campus students. With the uncertainty of enrollment, there have been spending freezes and budget cuts.
 - The campus landscape will be altered due to state and local mandates. Certain platforms may not be available during social distancing, but some new ones may become available.

RECOMMENDATIONS FOR NEXT BIENNIUM

- Conduct a third (American College Health Association) ACHA National College Health Assessment (ACHA-NCHA).
- Continue to promote the CampusWell Newsletter for LU students to access for reliable and reliable health information concerning AOD.
- Increase collaboration with Greek Life, Setzer Center, and Residence Life to develop more impactful AOD programs.
- Evaluate and re-design AOD screenings to be more effective.
- Explore virtual AOD educational programming options for students.

GOALS & OBJECTIVES FOR NEXT BIENNIUM

- Improve data assessment and collection on all health education programs.
 - Evaluate current health education data collection tools and surveys.
 - Upload surveys into the new LU HUB platform to collect data for all health education programs.
- Complete a new ACHA-NCHA III survey in Spring 2021.
 - Submit IRB approval for ACHA-NCHA III by September 1, 2020.
 - Initiate NCHA III by February 1, 2021.
- Collaborate with the new Greek Life advisor's council to increase programming to reduce high-risk behaviors.
 - Leverage Asst. Director of Health Education's position on the council to educate on available alcohol programming.
- Update templates in Medcat.
 - During intake, collect more specific data for medical patients on AOD use.
 - Add a specific category to templates that will provide more information to the provider about what type of alcohol and drugs are used, amount and frequency of use, and what interventions for alcohol and drugs are needed.

Appendix

Listing of Policies Related to Alcohol & Other Drugs

Campus-wide Policies

- TSUS Rules and Regulations, Policies 4.1 and 6.824, tsus.edu-rules and regulations; [https://gato-docs.its.txstate.edu/jcr:8107d675-b45d-4f40-bc44-500035a30dce/2019%20Rules%20and%20Regs%20\(rev%20thru%2008-22-19\).pdf](https://gato-docs.its.txstate.edu/jcr:8107d675-b45d-4f40-bc44-500035a30dce/2019%20Rules%20and%20Regs%20(rev%20thru%2008-22-19).pdf)
- Lamar University Policy on Alcohol and Drugs (revised 2020)
- University Policies:
 - Smoke-free Workplace;
<https://www.lamar.edu/students/safety-and-security/university-policies.html#Smoke-Free%20Workplace>
 - Drug-Free Schools and Communities Act
https://www.lamar.edu/students/_files/documents/student-engagement/health-center/annual-notification-2020.pdf

Faculty/Staff Policies

- Faculty Handbook (2019):
https://www.lamar.edu/faculty-staff/_files/documents/academic-affairs/faculty-handbook-jan-2019-uploaded-031020.pdf
 - Faculty Standards of Conduct: Illegal Drugs-Policy Chapter II, 43.9
 - Smoking/Tobacco Use Policy, Section 62
 - Drug-Free Workplace Standard, Chapter II, Section 63
- Human Resources Policy Manual:
<https://www.lamar.edu/faculty-staff/human-resources/policy-manual/hr-manual-sec2-9.html>:
 - Drug-free Workplace, General Policies, Policy 2.9
 - Smoke-free, Tobacco-free, and Electronic Cigarette-Free Workplace, Policy 2.10
 - Approval to Purchase Alcohol, Policy 2.11
 - Social Events with Alcohol, Policy 2.12

Student Policies

- Code of Student Conduct
 - Prohibited Conduct;
<https://www.lamar.edu/students/academic-support/code-of-conduct.html#section2>
 - Administration of Student Conduct;
<https://www.lamar.edu/students/academic-support/code-of-conduct.html#section3>
- Housing and Residence Life Handbook
<https://www.lamar.edu/residence-life/resources/residence-life-handbook.html>:
 - Prohibited and Restricted Items;
https://www.lamar.edu/residence-life/resources/residence-life-handbook.html#Prohibited_Items

- Smoking;
<https://www.lamar.edu/residence-life/resources/residence-life-handbook.html#Smoking>

Guidelines for Fraternity/Sorority Use of Alcohol

- Order of Omega: Position Statement on Alcohol and Illegal Substances;
<https://www.lamar.edu/students/student-engagement/greek-life/order-of-omega/about.html>
- North American Interfraternity Conference (NIC) Alcohol and Drug Guidelines (Lamar University policies supersede these guidelines); <https://nicfraternity.org/nic-alcohol-drug-guidelines/>
- National Panhellenic Conference (Lamar University policies supersede these guidelines); <https://www.npcwomen.org/priorities/npc-standards/>

Athletic Department Policies

- Football Tailgating and Parking Policies;
https://lamarcardinals.com/sports/2015/7/13/FB_0713152751.aspx
- Lamar University Student Athlete Handbook (2020) available in the Athletic Department
 - NCAA Drug Testing Policy, page 47
 - Lamar University Drug Prevention Program and Testing Policy, page 50

Sexual Assault and Other Violence Related Polices

- Title IX/Sexual Misconduct: Preventing and Addressing Sexual Misconduct;
<https://www.lamar.edu/titleix/index.html>