HOW TO WASH YOUR HANDS

1. Wet hands.
2. Apply soap.
3. Rub hands palm to palm.
4. Lather the backs of your hands.
5. Scrub between your fingers.
6. Rub the backs of fingers on the opposing palms.
7. Clean thumbs.
8. Wash fingernails and fingertips.
9. Rinse hands.
10. Dry with a single use towel.
11. Use the towel to turn off the faucet.
12. Your hands are clean.