After Acceptance: Have You

• Met with academic and financial aid advisors?
• Applied for Passport Yet?
  Passport processing can take up to 6 weeks
• Submitted ALL Required Forms to OSA?
• Been enrolled in your SA Classes?
• Made payments?
• Applied for VISA? (if applicable)
• Booked flight? (if applicable)
Air Travel Arrangements

Some Programs require you to make your own Air Travel Arrangements

• Exact Name of the Arrival Airport: Some Cities have more than One Airport
• Exact Date of Arrival: Time/Date Changes
  *Some international flights arrive a day later than when you leave and some arrive on the same day. It depends on which direction you are going and how far you are traveling.*
• Enough Time for Connections
• Submit your Flight Schedule to OSA
• Provide in writing of travel plans if different from group plans.
Air Travel Arrangements

- Advise Program Directors in any student with travel plans other than those forming part of the study abroad program shall inform the program director in writing of those plans prior to departure.
Prepare for Departure

• Travel Documents: Passport, Visa
• Academic class approval (exchange students)
• Flight arrangements
• Get any needed immunization
• Notify your financial institutions
• Leave copies at home: Itinerary, passport/visa, emergency contacts, credit card, etc.
• Pre-Departure Orientation: Program, OSA
Safety

• Sign up for the Smart Traveler Enrollment Program with US Embassies Abroad
  https://step.state.gov/step/

• Download InternationalSOS Application

• OSA will be in contact with Lead Faculty in the event of Political, Social, and Natural Emergency
LGBTQ Students

• Living in another culture tends to be a time of self-exploration.

• Keep in mind that many of the ideas regarding sexuality and orientation in the U.S. may not translate easily into the culture you are entering.

• Educate yourself about the social culture and laws of your host country before you go.

• U.S. Department of State’s LGBTI Travel Information for more information.
Code of Conduct

While you are abroad:

• Local law and judicial systems will apply to your actions
• University’s Code of Student Conduct is enforced during the Study Abroad Programs
• Misconduct can result in the student’s dismissal from the program: No Refund, Discipline Record
Health

• Download International SOS Application
• Take your Prescription Medication
• Extra Pairs of Contact Lenses and Glasses
• First-Aid Medication
  Faculty Members will NOT provide any Medication
• Contact with the Disability Resource Center for special accommodations
Emergency Contact

• Submit emergency contact form to OSA
• Medical “Emergency” means “Unconscious and/or hospitalization.”
• If you would like the OSA to inform the family of your injury/illness, ask faculty/OSA to do so.
• OSA will only inform emergency to your contact, upon request, for all non-Emergency conditions
Immunization

• OSA and faculty are NOT allowed to give advise on immunization.
• Students are encourage to consult with their doctors and/or Health Clinic, especially if s/he:
  
  a) Is visiting a country with significant health risks (e.g. malaria, dengue, tuberculosis, yellow fever).
  b) Is not up-to-date on routine immunizations.
  c) Is taking prescription medication abroad.
  d) Has a pre-existing or chronic medical condition that must be managed abroad.
Money Matters

• Factors to Consider:
  What is Included in the Program Fee?
  ex) Meals, Activities, Transportation, etc.

Financial Forms
• Take Emergency Money in US Dollars
• ATM: Most convenient way to access fund in local currency. Check your Bank Card for Overseas Use
• Credit Card: Inform Your CC about Your Trip
Communication Abroad

- Free Apps ex) Skype, WhatsApp, Facetime
- US-Based Cell phone: Check with your Carrier
- US Phone with local SIM card, Router
- Facebook, Instagram
Prepare for Culture Shock/Adjustment

Resources

• Travel/Books, articles, and blogs, movies, TV shows, podcasts
• Consult travel books, blogs, or podcasts
• International students from your host country on campus
• Returning study abroad students
Prepare for Culture Shock/Adjustment

Some Points to Consider

• Time Management
• Roles of family and gender in society
• Roles of age and social status
• Privacy and personal space
• Individual vs Group relationships
• Alcohol, Smoking, Drugs
Pre-Departure Orientation

- Webinar
- Faculty – Led Orientation
- OSA – Led Orientation
What to Pack

• Keep your Passport and Ticket always with you
• Copy of: Passport/Visa and Credit Card (also leave copies with family members and submit copies of Passport/Visa to OSA)
• Program Itinerary/ syllabus
• Emergency Contact Cards
• Health Insurance
What to Pack

• Check Baggage Allowance
  ✓ It is ideal to travel with ONE luggage with the weight you can handle
  ✓ Remember you would need to carry your luggage often through public transportation, stairs, etc.

• Carry-On and/or Backpack:
  • Medication, Essentials (Contact Lenses, Glasses), Valuables (Jewelry, Money, Camera, Laptop), Charger/Adapter, One-day extra clothes
Checklist (Faculty-Led)

Have You Submitted?
• *Course Equivalency Form*
• *Flight Itinerary* and Copy of *Visa* (if applicable)
• Do You Have ? Place to Stay at Host University

Are You Registered in?
• *Smart Traveler Enrollment Program*, and
  [https://step.state.gov/step/](https://step.state.gov/step/)
• International SOS
Checklist (Faculty-Led)

Have You Received?
• Vaccination/ Immunization (if applicable)

Have You Received from the OSA?
• Pre-Departure Orientation (on line and in-person)
• Insurance Card
• Study Abroad T-Shirt