



UPDATE

October 2025



NEWS

PODCAST: Get to Know the Reaud Honors College
Honors Advising Appointments
Fall Graduating Seniors
First Year Honors Orientation in HLC
FREE TICKETS — The Importance of Being Earnest-Theatre

RHC EVENTS

Oct 25 — RHC at Cardinal View
Oct 29 — Honors Scholars Day

STUDENT RECOGNITION

LEADERS
SERVICE
RESEARCH
CAMPUS LIFE
Got News to Share?

GROWTH OPPORTUNITIES

Oct 1 - KVLU Open House
Oct 3 - Grant Proposal Lit Review
Oct 8 or 10 - Mental Measurements Yearbook
Oct 15 - HireACardinal Career Expo
DUE Oct 15 - HIEP - URG Grant Proposals
Oct 21 — Honors Conversation
DUE Oct 24 - Cardinal Pitch Ideas
DUE Oct 25 - HIEP - OUR Fall Conference Abstract
Due Nov 1 - HIEP - McNair Research Internships
DUE Dec 1 - HIEP - McMaster Grant Study Abroad
OPEN - Resiliency Think Tank

HONORS STUDENT ASSOCIATION

Join HSA!
Member Shout-Out
Oct 7 - HSA General Meeting
Oct 18 - Tailgate
Oct 30 - Movie Night with S'mores
Oct 31 - HSA Costume Fun - Social Media



UPDATE

October 2025

News for Honors Cardinals



LU MOMENT

Get to Know the Reaud Honors College



Learn more about Dr. Tilisa Thibodeaux's journey to becoming our Reaud Honors College Dean and how transferring into the Honors College changed Mohamed Irhabi's life!

"Yes, it may require a few extra hours of studying to keep your GPA up," Mohamed says of being a Reaud Honors College student, "but it is absolutely worth it in the end because of the doors it opens—for your academics, and for your long-term career."

[LISTEN HERE: LU Moment](#)

Honors Advising Appointments

Honors Advising appointments are in session! You should have received a reminder email from [Ms. Imelda](#).

Everyone's pathway is different, and we want you all to succeed. Please make sure you schedule and attend your appointment.

Reminder: Honors is a separate appointment from your UAC advising. At appointment time, please wait in RHC Lounge to be called.



Fall Graduating Seniors

REMINDER:
Fall Graduate Questionnaire
Due: Sunday, October 19

Thank you for sharing your graduation date with us! You do not need to make an advising appointment. Instead, please email [Ms. Imelda](#) to ensure all your requirements are complete.

Please also complete the graduate questionnaire emailed to you by **Sunday, October 19**. If you *DID NOT* receive an email from us, please contact Ms. Imelda so she can add you to our Fall 2025 RHC Graduate list and send you the link.

All steps must be fulfilled in a timely manner so we can inform the commencement office of your Reaud Honors Graduate status.

First Year Honors Orientation in HLC

Did class get in the way of you attending orientation this year? No worries! A copy of our presentation is available in the HLC (HNRS-101-47F) on BlackBoard so you can review it at any time. If you have any questions, schedule an appointment with [Ms. Imelda](#) so she can provide you one-on-one guidance.

Plus, you will have plenty of opportunities to meet other honors students! To help you plan your social calendar, read these monthly newsletters and watch our social feeds.

[VIEW: Highlights from Orientation](#)



FREE TICKETS The Importance of Being Earnest

The Importance of Being Earnest - Theatre

Thurs, Oct 30 - Sat. Nov 1- 7:30 pm

Sunday, Nov 2 - 2:00 pm

Studio Theatre

Request By: 5:00 pm Wed, Oct 22

[Request Tickets Form](#)

Go with a friend to watch Oscar Wilde's timeless comedy of manners and mistaken identity. When two friends create alter egos to escape social obligations, their tangled web of lies quickly unravels into hilariously chaotic consequences. Packed with razor-sharp dialogue and satirical wit, Wilde's classic play skewers Victorian conventions with timeless charm and biting humor.



UPDATE

October 2025

Events for Honors Cardinals

Oct 25 - RHC at Cardinal View

RHC at Cardinal View
Saturday, Oct 25
Rec Sports Center
9:00 am - 1:00 pm

We are looking forward to educating prospective students about the benefits that come with being an Honors Cardinal. Be sure to encourage friends, family, and neighbors to stop by our table and chat with us at this FREE open house!

**IMPT! If you are representing a booth or volunteering at Cardinal View, please let us know by sending a note to: mrapp@lamar.edu*

Oct 29 - Honors Scholars Day

Honors Scholars Day
Wednesday October 29
1:00 pm - 3:30 pm
Setzer Ballroom

Check out the biggest Honors event of the semester!!! The Reaud Honors College will come alive with booths, posters, and presentations showcasing everything Honors—from HSA highlights to exciting student travels and research projects to student organizations that encourage collaboration and camaraderie.

Here's your chance to explore, learn, and cheer on your fellow Honors Cardinals as they share their passions. Whether you're a participant or a guest, you will leave inspired—hopefully with some new ideas for your own projects.

Don't miss this celebration of scholarship and community!

TOO GOOD
to MISS!
Showcase of
everything
Honors!





UPDATE

October 2025

Student Recognition

Leaders

Kicking Off Fall with Honors Summer Read Book Clubs

Kicking off Fall with our Honors book clubs—25 Reauid Honors students shared their summer reading experiences:

Bilal Alani, Emily Baker, Carsen Barrett, Mikaela Bartlett, Brianna Brottem, Richard Campbell, Elizabeth Carrillo, Rayna Christy, Daniela Contreras, Nicolai Andrea Dela Cruz, Mackenzie Howell, Afifa Islam, Blaine Isom, Zoey Ludwig, Saad Mohammed, Samantha Mullan, Alyvia Ott, Victor Paredez, Shakarral Singleton, Shamauria Singleton, Colton Taylor, Kinsey Tran, Jenny Tu, Michael Vu, and Kaylee Wales

We are glad you got to engage with our amazing faculty mentors: Dr. Sanaz Alasti, Dr. Daniel Bartlett, Mr. Andre Favors, Dr. Nicki Michalski, Dr. Sheila Springer, and Dean Tilisa Thibodeaux.



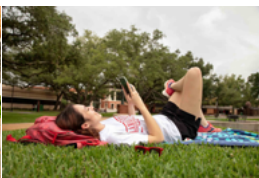
Colton Taylor and Daniela Contreras chatted about Alejandra Campoverdi's *First Gen* memoir with Mr. Andre Favors.

COEHD Amb Inspires Youth to Read

COEHD Ambassador and Exercise Science senior **Elizabeth Diaz Arreola** helped LU launch its literacy partnership with United Way and Beaumont ISD. To celebrate National Read a Book Day, Elizabeth chatted with Fletcher Elementary scholars about the books they chose and helped them inscribe their names inside.

To inspire a love for reading at a young age, LU is sponsoring free books for seven local elementary schools through the Growing Readers book vending machines.

#LUProud of Elizabeth for championing young readers!



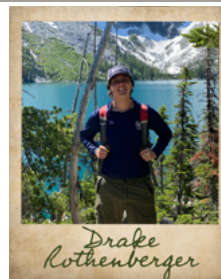
Fit Check—Red Blazers Ceremony for Newest LU Ambassadors

Fit check! Congratulations to our Honors Cardinals who were given red blazers to mark their official induction as LU Ambassadors. We know you will do an outstanding job representing how we live our legacy everyday. Excited for our new ambassador family!

Newest Honors LU Ambassadors: **Brianna Brottem, Taylor Bui, Faith Cheng, Elizabeth Diaz Arreola** (bottom row, from left). **Jasmine Guillory, Mohamed Irhabi, Madison McGuire, Alyvia Ott, and Maddy Wernig** (top row).

Environmental Science Senior Named First Gen Student of September

Shout-out to Environmental Science senior **Drake Rothenberger**, who is LU's First-Generation Student of September! Drake credits his college success thus far to LU professors and mentors who "gave me grace and understanding when I didn't know how something worked," he says. He also receives resources and support as part of LU's First Generations Connections community.





UPDATE

October 2025

Student Recognition

Construction Management Senior Shapes Success as an Intern

Construction Management senior **Kadence Garlington** spent this summer on various construction sites at CenterPoint Energy, gaining insight into crew coordination, field safety, and project pacing. On campus, Kadence has contributed to her engineering community as Vice President of Women to Women, Vice President of Women in Construction, and Secretary of Associated General Contractors Southeast Texas chapter. She is also a member of Society of Women Engineers and National Society of Black Engineers.

Be sure to turn in your summer **HIEPs**, Honors Cardinals!



Engineering Peers Gain Leadership Skills

Shout-out to our inspiring Honors Cardinal Engineering peers who gained leadership skills through the College of Engineering's camps—LITE Camp, Project Engineering, and ChemE Camp: **Tristin Bell**, **Madison Bundick**, **Alyssa Harper**, **Clarabelle Tran**. **Bryce Feldhausen** and **Reese Rodgers** from Robotic Cardinals also stopped by to help youth build their robots!



Service

IN LU NEWS—How Green Squad Makes Impact in SETX Community

In an *LU News* article, **George Godsi** shares why he jumped at the opportunity to revitalize Green Squad, saying: "It's not just about the environment; it's about creating systems that benefit everyone."

"People are always so grateful that there's recycling in Beaumont," says honors peer **Erica Callahan**, the Green Squad's social media coordinator. "We've had folks drive 30 minutes to an hour just to bring their items here. That shows there's real demand for it."

READ: [Green Squad article](#)



Raising the Red Honors Volunteers at LU's Annual Giving Day

Shout-out to our Honors Cardinals who helped RAISE THE RED by volunteering in the Command Center: **Brianna Brottem**, **Alyvia Ott**, **Carsen Barrett**, and **Maddy Wernig**.

Bilal Alani, **Lizzie Drago**, **Shakarral Singleton**, **Campbell Spell**, and **Mary Wernig** also spread awareness about Red Day and engaged with donors.

The collective generosity of Cardinal Nation will provide new opportunities for areas of LU we all love.



UPDATE

October 2025

Student Recognition

Research

Honors Researchers Share Summer Projects at SURF Symposium

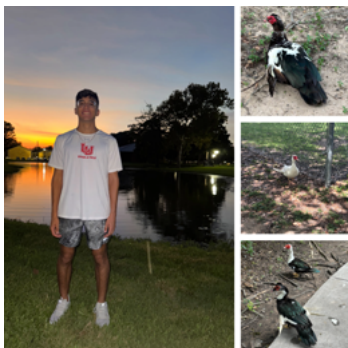
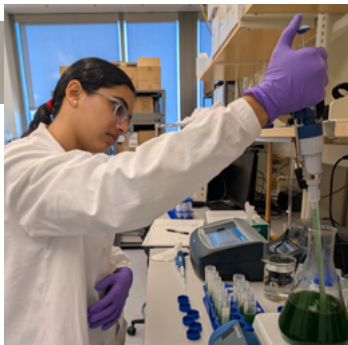
We enjoyed learning from our Reaud Honors student researchers who shared their SURF Fellow research projects:

- **Nirbhik Neupane** worked with mentor Dr. Rakibul Islam to develop a smart, automated tool using LLMs and RAG to make it easier for app developers to understand and fix problems reported by users in app store reviews.

- **Priya Rathore** researched “Bioremediation of Industrial Mine Wastewaters using *Galdieria Sulphuraria*” under mentor Dr. Thinesh Selvaratnam.

- **Ryan Servantes** teamed up with mentor Dr. Jim Armacost to study diseased ducks this summer to try to determine a “Correlation Between Humans and Angel Wing Syndrome in Ducks.”

- Guided by mentor Dr. Yan Yan, **Mackenzie Howell** explored the effects of elementary children’s screen time on the sociometric status of students.



URG GRANT CONVO

HONORS CARDINALS JENNY TU & NATALIE BEAN



Honors Researchers Offer Advice to Future URG Grantees

Jenny Tu and **Natalie Bean** shared their research journeys while offering advice on how to create a successful Undergraduate Research Grant application.

As URG Grantees, Jenny conducted research on “Landing Mechanics and Muscle Activation in Modern Dancers,” while Natalie explored the knowledge of firearm safety among licensed nurses in her research, “Generating Educational Materials on Firearm Safety: Action to Promote Public Safety.”

SUBMIT Your URG Proposal
by October 15

Honors Beck Fellow Shares Research Journey in Qatar

Mohamed Irhabi shared his David J. Beck Fellow research journey in Qatar this summer at an O.U.R. workshop. Mohamed explored the potential of Optical Coherence Tomography Angiography, a non-invasive imaging technique, as a novel biomarker for Small Vessel Disease in ischemic stroke patients. During the workshop, he offered success tips to help peers create their own successful Beck fellowship application.

Beck Fellows earn up to \$10,000 in funds for a summer project.

APPLY to be a Beck Fellow



UPDATE

October 2025

Student Recognition

Campus Life

DM Us Your Tailgate Pics!

Let's go Cards! We love seeing you enjoying football games and tailgate parties while cheering on LU.

Here's a great one University Press took of Will Matlock with Maisyn Pagan, Simone Shaw, William Foster, Caylin Arnold, and Brenya Tyson.

DM us your tailgate and game pics:
[@lamarhonors](#)

+

PARTY WITH HSA at
Homecoming tailgate on Oct 18



WOW Memories -
Exploring Campus Life

Love having you back on campus, Honors Cardinals. Super fun start to your year. Glad to see you making the most of campus life!

[VIEW - Week of Welcome Highlights](#)



GOT NEWS TO SHARE?

Help us showcase *YOU!*

If your contributions—academic, leadership, research, publication, service, etc.—have not been featured by us, please let us know!

Sharing your story inspires others!!!

Email Honors Marketing
Coordinator:
Meghan Rapp



UPDATE

October 2025

OCTOBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

Growth Opportunities

Imagine • Innovate • Impact • Inspire

Oct 1 - KVLU Open House

Oct 3 - Grant Proposal Lit Review

Oct 8 or 10 -
Mental Measurements Yearbook

KVLU Open House
Wednesday, October 1
10:00 am - 4:00 pm
KVLU Studio,
2nd Floor LU Theatre Annex

Honors students are invited to the KVLU studios for free cookies and a tour of the KVLU station, an NPR affiliate broadcasting throughout SETX. This is a great opportunity to find out about student producer openings and other ways you could gain work experience.

Grant Proposal Lit Review
Friday, October 3
2:30 pm - 4:30 pm
Galloway Room 243

Researchers, join us to learn effective strategies for finding, evaluating, and organizing sources that will strengthen your literature review and support your research goals. This workshop is particularly helpful for students who aim to produce a successful proposal for the URG program.

Mental Measurements Yearbook
Wed, October 8, 1 pm - 2 pm
SciTech Room 103
Fri, October 10, 1 pm - 2 pm
VIRTUAL Teams
[Register](#)

This Cardinal Crash Course gives you an overview in navigating and reading the results from Mental Measurements Yearbook. This database can help you locate testing instruments for your research needs.



Be a Researcher!

Oct 15 - HireACardinal Career Expo

HireACardinal Career Expo
Wednesday, October 15
11:00 am - 3:00 pm
Montagne Center, Neches FCU Arena

Connect with diverse employers while you also explore career paths, gain insights, and network across industries. Professional dress required—showcase your best self and take the next step in your career journey.

**DUE Oct 15 - HIEP -
URG Grant Proposals**

URG Grant Proposals
DUE Wednesday, October 15
[Apply here](#)

Interested in conducting undergraduate research in your discipline? Submit your proposal for your STEM or non-STEM research or creative activities. Grant recipients will be announced November 3.

Chat with your honors community for guidance! Last year's Reauid Honors research recipients were: URG—Natalie Bean, Alexa Heng, Jenny Tu; McNair—Natalie Dickens, Sergio Mendez, Jenny Tu.

Honors students who successfully complete their research projects can earn [HIEP](#) or, if eligible, [Non-Course Credit](#).

**DUE Nov 1 - HIEP -
McNair Research Internships**

McNair Research Internships
DUE Saturday, November 1
[Apply here](#)

Research opportunities for first-generation and low-income students! Students must complete at least 45 credit hours by Summer 2026. View application site for eligibility requirements.



UPDATE

September 2025

OCTOBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

Growth Opportunities

Imagine • Innovate • Impact • Inspire

Oct 21 - Honors Conversation

Honors Conversation – Economics
Tuesday, October 21
12:45 pm - 1:45 pm
RHC Lounge

Our conversation will explore the transitioning of the American economy from the “dot-com bubble” days of the late 1990s until recent. Major events during this transition time will include the “dot-com bust,” 9/11, the great recession of 2008, the COVID pandemic, the inflation years of 2022 to 2024, and the imposition of tariffs in 2025. Each event has impacts on the national unemployment rate and inflation rates. These impact all our lives either directly or indirectly.

– MENTOR: Dr. John McCollough

Earn **1 HIEP: Honors Experience** or, if eligible, **Non-Course Credit**

Honors Conversations Oct 21
12:45 pm
RHC Lounge
Earn non-course credit*



*Upon completion of the reflection assignment, students will receive one hour of Non-Course Credit for each Honors Conversation attended, up to a maximum of three total. Review our NCC guidelines for more info.

DUE Oct 24 -

Cardinal Pitch Ideas

Cardinal Pitch Ideas

DUE Friday, Oct 24 by 5:00 pm

Apply here

Calling all budding entrepreneurs: pitch your ideas for new business startups to a panel of judges and compete for cash prizes. A maximum of three people can compete on a team, and at least one presenter must be an LU student.

The pitch competition will be held on Thursday, November 13, at the Wayne A. Reaud Executive Event Space.



DUE Oct 25 - HIEP
OUR Fall Conference Abstract

OUR Fall Conference Abstract
DUE Sat, October 25 by 6 pm
Submit here

Did you conduct research or creative activities this past summer? Submit your abstract for consideration to present at the OUR Fall Conference. Both STEM and HASBSEB participation will be supported. The conference will take place Friday, November 14.

DUE Dec 1 - HIEP
McMaster Grant Study Abroad

McMaster Grant Study Abroad
DUE Monday, December 1
Apply here

Do you want to see the world? Discover new cultures? Earn academic credit while having a once-in-a-lifetime experience? Do all this and more when you participate in one of Lamar University's faculty-led study abroad programs that span from exploring international perspectives on justice in Croatia to the wonders of speech and hearing science in India.

Honors students who successfully complete their Study Abroad can earn **HIEP** or, if eligible, **Non-Course Credit**.

OPEN
Resiliency Think Tank

Resiliency Think Tank
Apply here

Seeking team members to engage in community outreach activities where you will assess the needs of vulnerable individuals and families and, based on those needs, develop and implement service-learning projects.

Students must be work-study eligible and able to commit to 15 hours per week. All majors are encouraged to apply, yet the team is especially interested in students majoring in *political science, business, engineering, nursing, game design, and visual or performing arts*.

Summer 2026 Trip Details

studyabroad@lamar.edu for questions or to schedule advising appointment



UPDATE

October 2025

Honors Student Association



Join HSA!

New and returning honors students: HSA is the #1 student organization all Honors Cardinals should join!

We'd love to get to know you better and have fun with you this year. To help support our activities, please pay annual **\$20 dues** for the 2025-26 year [via credit card online](#) or pay cash by visiting Ms. Kim Vizena at RHC Office 113 during office hours, M-F 8:00 am - 5:00 pm. New members also get our HSA t-shirt!

The Reauid Honors College does not charge tuition to students. These \$20 dues are collected by HSA to help us pay for friendship-building gatherings and campus experiences.

Learn more about our student org:
[HSA website](#)



MAKING
UNFORGETTABLE
MEMORIES

See if you were spotted at
HSA's Peer Mentor Mixer:
[FB](#) / [Insta](#)



Get your HSA
member t-shirt!



1. Pay Dues



2. Join HSA



Member Shout-Out

Aloha! to Our Newest Cardinals

Had so much fun singing karaoke and laughing and connecting with all of you at our Hawaiian-themed mixer! We super appreciate our peer mentors and are excited for their mentee friendships:

Bilal Alani, Teague Antley, Natalie Bean, Monica Becerra, Dylan Braxton, Brianna Brottem, Taylor Bui, Ashton Burch, Daisy Callero Estrella, Veronika Castanon, Faith Cheng, Spencer Cheng, Rayna Christy, Karlee Clark, Kelly Dougharty, Brianna Edwards, Josh Florence, Jaime Garrett, Gwen Henning, Ayden Hicks, Mohamed Irhabi, Afifa Islam, Blaine Isom, Emily Jones, Abbey Lanier, Maddie McConnell, Kayla McKinley, Sergio Mendez, Saad Mohammed, Addyson Oliver, Alyvia Ott, Karim Shaaban, Shakarral Singleton, Shamauria Singleton, Kinsey Tran, Jenny Tu, Alyson Vu, and Michael Vu

Rainy Day Yard Games

Yard games was a blast! Appreciate everyone for pivoting with us when rain forced us inside. Whether we were playing ping pong or spikeball or chatting by the snacks, we enjoyed catching up with:

Bilal Alani, Carsen Barrett, Natalie Bean, Brianna Brottem, Elizabeth Carrillo, Gideon Chen, Faith Cheng, Bronson Connor, Brianna Edwards, Bryan Guizar, Keaton Hamm, Ayden Hicks, Afifa Islam, Zoey Ludwig, Madison McConnell, Saad Mohammed, Reese Moree, Rylee Moree, Rebecca Norwood, Alyvia Ott, Dylan Pardo, Judson Ripper, Shakarral Singleton, Shamauria Singleton, Melanie Trove, Adam Tsan, Jenny Tu, Taylor Vo, Michael Vu, and Kaylee Wales

Volleyball Team Hits Courts

Kicking off intramural season strong! HSA Intramural Sports Officers Carsen Barrett and Blaine Isom thank you for your dedication and passion on the volleyball courts. Hope to play with you at more games this year:

Matt Ard, Carsen Barrett, Spencer Cheng, Solinna Hong, Blaine Isom, Dylan Pardo, Grace Roy

NEXT UP: HSA intramural soccer. We'll share more details soon with everyone who signed up for HSA intramural sports chat on GM.



UPDATE

October 2025

Honors Student Association Events

Oct 7 - HSA General Meeting

HSA General Meeting
Tuesday, October 7
12:35 pm lunch;
meeting 12:50 pm – 1:30 pm
Reaud Honors College Lounge

You won't want to miss this meeting! We'll kick things off with lunch (because good food = good vibes) and then dive into the meeting. This is your chance to catch up on what's happening in HSA, connect with fellow honors students, and get the inside scoop on upcoming events and opportunities. Come hungry, come curious, and come ready to make the most of your HSA experience!



Oct 18 - Homecoming Tailgate

Homecoming Tailgate
Saturday, October 18
11:00 am - 2:00 pm
Plummer Lawn (Virginia St. & MLK)

It's time to show your Cardinal pride and celebrate Homecoming the HSA way! Join us at our Homecoming Tailgate—a perfect mix of food, friends, and football spirit. We'll have plenty of snacks, games, and a hype atmosphere to get you ready for kickoff. Whether you're there for the food, the laughs, or the school spirit, this is the place to be. Grab your red and white, bring your energy, and let's make this homecoming unforgettable.



Oct 30 - Movie Night + S'mores

Movie Night + S'mores
Thursday, October 30
6:00 pm - 8:00 pm
RHC Courtyard

What's better than a good movie? A good movie with gooey s'mores, of course! Our movie night is all about relaxing, laughing, and snacking. We'll bring the big screen and all the s'mores fixings—you just bring your blanket, your friends, and your sweet tooth. It's the perfect way to wind down before the weekend and soak up some fall vibes. Don't miss this cozy night under the stars!



Oct 31 - HSA Costume Fun

HSA Costume Fun - Social Media
Friday, October 31

Halloween vibes are here, and HSA wants to see your creativity! Show off your costume by sharing a photo on social media and tagging HSA (@lamarhonors). Whether you go spooky, silly, or totally over-the-top, this is a fun way to celebrate Halloween with your fellow honors students—no pressure, just good vibes and lots of festive spirit!

Stay Connected to Reaud Honors College

