



COLLEGE OF FINE ARTS & COMMUNICATION
LAMAR UNIVERSITY
Department of Speech & Hearing Sciences

Lamar College Connect

Who are we?

Are you worried about socially interacting with professors and peers in the classroom?

Are you worried about communicating with your professor?

Are you worried about how to set and meet college goals?

Are you worried about finding your place at Lamar University?

If so, this program may be for you!

What is our purpose? College Connect is a new group dedicated to providing support and building relationships that help LU students overcome obstacles in college life.

When and where do we meet? The group will meet from 2:30 p.m.-3:30 p.m. on Wednesday and Thursday for a 10-week period. Students can choose to attend on either day depending on their schedule. Meetings begin Sept. 12th and 13th in Room 171 of the Speech and Hearing Building.

What happens during the group meetings? Each week, students will meet to discuss topics such as advocacy and seeking support, time and stress management, hidden rules in the classroom, navigating campus environments, taking care of your health, job interview skills, taking advantage of campus resources, understanding your role in group projects, and setting goals. The students will also have an opportunity to select additional topics that they want to discuss as a group.

Are you interested? Interested students should contact Beth Byers, at 880-7601, or beth.byers@lamar.edu

Join us!