



Gain an enhanced capacity to serve others!

Your Future

The Bachelor of Science in Nutrition – Dietetics program is accredited through the Accreditation Council for Education in Nutrition and Dietetics (ACEND). Courses for this degree cover general and advanced nutrition, community nutrition, nutrition through the life cycle, food science, medical nutrition therapy, and foodservice management. Science courses are a major part of the curriculum providing the graduate with a strong foundation. These include nutritional biochemistry, anatomy and physiology, microbiology, pathophysiology and chemistry.

This four-year program prepares and qualifies the graduate to apply for, and complete, an ACEND-accredited dietetic internship program which is one requirement toward becoming a Registered Dietitian Nutritionist (RDN). The RDN can work in a variety of clinical settings including hospitals, long-term care facilities, home-health care, and out-patient clinics. RDNs also work as food service directors for school districts and hospitals.

Career Opportunities:

- Community Nutrition
- Clinical Registered Dietitian Nutritionist
- Education and Research
- Sports Nutrition and Wellness

Curriculum Highlights:

- Nutrition & Fitness
- Nutrition Through the Life Cycle
- Community Nutrition
- Medical Nutrition Therapy

DEPARTMENT SCHOLARSHIPS

The Department of Nutrition, Hospitality & Human Services offers eleven scholarships for majors.

AVAILABLE SCHOLARSHIPS

- **A.J. Leger Memorial Scholarship**
- **Chartwells - Hospitality Scholarship**
- **Chartwells - Dietetics Scholarship**
- **Chef Charles Duit Scholarship**
- **Dorothy Pierce Geers Memorial Scholarship**
- **Dr. Jane O. Hinchey Endowed Scholarship**
- **Dr. Jane S. Davidson Endowed Scholarship**
- **Rosa Jean Tannahill Robertson Scholarship**
- **Stuart Paul Hinchey Memorial Scholarship**
- **Virginia Anderson Presidential Scholarship**
- **William Currie Mills Scholarship**

*To apply for scholarships, please visit
lamar.edu/myscholarships*

FRESHMAN YEAR

FALL SEMESTER 17 hrs.

ENGL 1301 - Composition I
BIOL 2401 - Anatomy and Physiology I
HIST 1301 - US History I
MATH 1314 - Algebra or Higher
NUTR 1322 - Basic Nutrition
One-Hour Course

SPRING SEMESTER 16 hrs.

LANG/PHIL/CULTURE - 3 hrs.
BIOL 2402 - Anatomy and Physiology II
HIST 1302 - US History II
CREATIVE ARTS - 3 hrs.
HOSP 1315 - Basic Foods

SOPHOMORE YEAR

FALL SEMESTER 17 hrs.

CHEM 1306/1106 or 1311/1111
POLS 2301 - American Gov I
STATISTICS - 3 hrs.
COMMUNICATION - 3 hrs.
BIOL 2421 - Microbiology for Science Majors

SPRING SEMESTER 13 hrs.

CHEM 1308/1108 or 1312/1112*
*plus CHEM 3311
POLS 2302 - American Gov II
SOCIAL/BEHAVIORAL SCIENCE - 3 hrs.
NURS 2373 - Basic Pathophysiology

JUNIOR YEAR

FALL SEMESTER 15 hrs.

NUTR 3316 - Nutrition and Fitness
NUTR 3320 - Advanced Nutrition
HOSP 3360 - Quantity Foods Management
ELECTIVE - 3 hrs.
NUTR 4331 - Nutrition Assessment & Counseling

SPRING SEMESTER 15 hrs.

NUTR 3328 - Community Nutrition
NUTR 3330 - Nutritional Biochemistry
ENGL 3310 or BCOM 3350 - 3 hrs.
ELECTIVE - 3 hrs.
HOSP 3314 - Food & Beverage Controls

SENIOR YEAR

FALL SEMESTER 15 hrs.

NUTR 4307 - Nutrition Thru the Life Cycle
NUTR 4300 - Medical Nutrition Therapy I
NUTR 4347 - Food Science
MGMT 3310 - Principles of Organizational Behavior Management
Upper Level Elective - 3 hrs.

SPRING SEMESTER 12 hrs.

NUTR 4315 - Medical Nutrition Therapy II
FCSC 4301 - Senior Seminar
Upper Level Elective - 3 hrs.
Upper Level HLTH or KINT - 3 hrs.



**I'm ready to apply.
What's next?**

**You've made a great choice!
Follow the steps for you to become a Cardinal.**

HOW TO APPLY

VISIT [LAMAR.EDU/ADMISSIONS](https://www.lamar.edu/admissions)

Contact Us

**Department of
Nutrition, Hospitality & Human Services**

**409-880-8663
nhhs@lamar.edu
[Lamar.edu/nhhs](https://www.lamar.edu/nhhs)**



COLLEGE OF EDUCATION & HUMAN DEVELOPMENT
LAMAR UNIVERSITY
Department of Nutrition, Hospitality & Human Services