



COLLEGE OF EDUCATION & HUMAN DEVELOPMENT

**LAMAR UNIVERSITY**

Department of Nutrition, Hospitality & Human Services

**DIETETIC INTERNSHIP (DI) PROGRAM**

**Accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)\***

**IN THE DEPARTMENT OF**

**NUTRITION, HOSPITALITY & HUMAN SERVICES**

**OF THE**

**COLLEGE OF  
EDUCATION AND HUMAN DEVELOPMENT**

**LAMAR UNIVERSITY  
BEAUMONT, TEXAS 77710**

**409/880-8663**

**FAX 409/880-8666**

**APPLICATION MATERIALS\*\***

**Application packet is only valid for the 2022-2023 Internship Program Year.**

\*Accreditation Council for Education in Nutrition and Dietetics

Academy of Nutrition and Dietetics

120 South Riverside Plaza, Suite 2000

Chicago, IL 60606-6995

Phone: 312/899-0040 ext. 5400

[www.eatright.org/acend](http://www.eatright.org/acend)

\*\*Updated April 2022 for DICAS Phase II

Lamar University is an equal opportunity/affirmative action educational institution and employer. Students, faculty, and staff members are selected without regard to their race, color, creed, sex, age, handicap, or national origin.

A member of the Texas State University System



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## Introduction

The Dietetic Internship (DI) Program at Lamar University (LU) is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition & Dietetics (the Academy). The next program review is planned for 2023.

The Lamar University (LU) Dietetic Internship (DI) offers an 11-month (August to July) accredited program for up to 10 students and helps prepare students to become an RDN. The program does not offer a distance option. Therefore, students are required to move to the Beaumont, Texas to complete the program.

The program has a Nutrition Education & Counseling emphasis and requires the successful completion of a minimum of 1000 hours and the required completion of graduate coursework specific to the dietetic internship. The hours can be applied toward the M.S. in Nutrition degree in the department. The program is in the process of completing accreditation paperwork which will require the completion of the MS in Nutrition along with the dietetic internship simultaneously. The program meets the Accreditation Standards for an DI established by ACEND.

## Education Pathway and Credentialing Process to Become a Registered Dietitian Nutritionist

Successful completion of a Didactic Program in Nutrition & Dietetics with a Bachelor or Graduate Degree, a dietetic internship program, and the Registration Examination for Dietitians qualifies one to become a Registered Dietitian Nutritionist (RDN).

The LU DI prepares entry-level RDNs for careers in a variety of settings such as hospitals, health care agencies, food industries, schools, and private practice. Upon satisfactory completion of the internship program requirements, graduates are then eligible to take the Registration Exam for Dietitians and become active members of the Academy of Nutrition & Dietetics. Additionally, those who meet the qualifications of a RDN are then eligible to take the Texas Jurisprudence Exam and apply to become a Texas Licensed Dietitian. Other states may have different rules. Check each state for specific requirements. More information is available at: <https://www.cdnet.org/state-licensure>

## Program Mission Statement

The mission of the Lamar University Dietetic Internship is to prepare graduates for evidence-based practice as an entry-level registered dietitian nutritionist who will effectively serve clients at the personal, family, community and global level.

The DI prepares graduates for evidence-based practice and a desire for life-long learning. Interns receive training in four major areas of dietetics: clinical nutrition, community nutrition, food service management and nutrition education & counseling. Training in the DI builds upon the foundation knowledge and skills previously acquired in an ACEND-accredited Didactic Program in Dietetics (DPD). Interns receive advanced academic training and supervised practice experience through the completion of graduate level courses. Graduates are qualified to take the Registration Examination for Dietitians, apply for licensure if applicable, and become active members of the Academy of Nutrition & Dietetics.

## Goals & Objectives of the Lamar University DI are:

### Program Goal #1

Graduates will be competent as entry-level registered dietitian nutritionist in evidence-based practice upon program completion.



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**Objective 1-**

At least 80% of program interns complete program/degree requirements within 16.5 months (150% of the program length)

**Objective 2-**

100 percent of program graduates take the CDR credentialing exam for dietitian nutritionists within 12 months of program completion

**Objective 3-**

The program's one-year pass rate (graduates who pass the registration exam within one year of first attempt) on the CDR credentialing exam for dietitian nutritionists is at least 80%

**Objective 4-**

Of graduates who seek employment, 90% are employed in nutrition and dietetics or related fields within 12 months of graduation (program completion)

**Objective 5-**

90% of graduates will feel "prepared" to "well-prepared" as an entry-level registered dietitian nutritionist

**Objective 6-**

90% of program graduates will rate their level of competency in clinical nutrition, nutrition education & counseling, community nutrition, and foodservice management as "prepared" to "well-prepared"

**Objective 7-**

90% of employers will rate program graduates as "prepared" to "well-prepared" in professional knowledge and skills

**Program Goal #2**

Graduates will implement evidence-based practice guidelines and effectively serve clients at the personal, family, community and global level.

**Objective 1-**

90% of program graduates will agree they implement evidence-based practice to effectively serve clients at the personal, family, community and global level

**Objective 2-**

90% of employers will indicate program graduates are effective in evidence-based practice

Program outcome data are available to the public and prospective students upon request. Please contact Dr. Jill Killough, Internship Program Director.

**General Program Information**

Number of applications received in 2021: 44

Number of intern positions: 10

Class Average GPA: 3.5

2018-2020 One-Year Pass Rate: 89.66%



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## Important Application Calendar- Spring 2022 Computer Match Calendar

Date	Applicants Action
<u>November 29, 2021</u>	DICAS Application opens to allow applicants to begin their application on <a href="https://portal.dicas.org/">https://portal.dicas.org/</a> . DICAS application fee for the first designation is \$50 and \$25 for each additional designation.
<u>December 1, 2021</u>	D&D Digital opens to allow applicants to register on their website at <a href="http://www.dnndigital.com">www.dnndigital.com</a> , D&D registration fee is \$55.
February 15, 2022 Deadline for Registering for Computer Match and Entering Internship Preferences	Applicants <u>must</u> register online at <a href="http://www.dnndigital.com">www.dnndigital.com</a> , pay the computer match fee by credit card and enter their contact information and Dietetic Internship preferences by 11:59 pm Central Time February 15, 2022.
February 15, 2022 Deadline for Completing DICAS Application	DICAS Application Portal will close. Applications must be submitted by 11:59 pm Central Time on February 15, 2022.
<u>March 21-March 28, 2022</u>	Applicants who have registered for the match by February 15, 2022 can reorder Dietetic Internship priority rankings; however, no additional internships can be added to the list. No changes in DI rankings may be made after 11:59 pm Central Time on March 28, 2022. If you make other arrangements and will not be able to accept a match that may occur, you must notify D&D Digital in writing of your decision to withdraw from Dietetic Internship matching by <u>March 28, 2022 11:59 pm Central Time</u> . The matching fee is not refundable.
<u>Sunday, April 3, 2022</u> – Notification Day- beginning 6:00pm Central Time	<p>Applicant matching results will be posted on <a href="http://www.dnndigital.com">www.dnndigital.com</a> from 11:00 AM Central Time, <u>April 3, 2022</u>, through <u>April 4, 2022</u> (Appointment Day). This is the <b>ONLY</b> source of notification for applicants. Each applicant will receive either ONE MATCH or NO MATCH after Log In.</p> <p>All applicants who receive ONE MATCH will find the matched DI program name and contact information to accept the matched appointment. The MATCHED DI program is planning that the MATCH will be accepted. Matched applicants must contact the DI Program by 6:00 pm (time zone of the program), Monday, April 4, 2022 to confirm acceptance of the match. No arrangements should be made with any other DI programs.</p> <p>Applicants who receive NO MATCH will be given other instructions.</p>



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Monday, April 4, 2022– Appointment Day	Matched applicants must contact the Dietetic Internship program by telephone, FAX or e-mail on or before 6:00 pm (time zone of the program), April 4, 2022, to confirm acceptance of the MATCH. After this time, the program is under no obligation to hold the opening for the matched applicant.
Tuesday April 5th at 6:00 am CT	Interim Match Period Occurs: Dietetic Internship program directors with available openings can review the list of unmatched applicants to see if any qualified applicants they originally entered on the D&D Digital website are listed. Dietetic Internship program directors may contact and invite any of those applicants on their original list who did not match to attend their program.
Tuesday, April 5 <sup>th</sup> at 8:00 pm CT Interim Match Period Ends:	All appointments of the Dietetic Internship's own unmatched applicants must be confirmed by applicants to dietetic internship program directors.
Wednesday, April 6 <sup>th</sup> at 11:00 am CT DICAS Phase II	All Dietetic Internship Directors and Didactic Program Directors may access the current Match/No Match list of applicants who authorized their names to be released.

Please see the Accreditation Council for Education in Nutrition & Dietetics Computer Matching website for a detailed timeline regarding the application and matching process. Please visit

<https://www.eatrightpro.org/-/media/eatrightpro-files/acend/program-directors/april-2022-computer-matching-calendar.pdf?la=en&hash=077BC181B6090D4F355C9F0FEAF0E478827D5963>

## Dietetic Internship Program Format

Learning experiences are provided through a variety of delivery methods which include rotation experiences, academic coursework, conferences, seminars, projects, and individual instruction with emphasis on developing responsibility as a professional staff member. Interns are evaluated based on professional growth, effectiveness in each rotation, and performance on class projects. Counseling sessions are held on a formal and informal basis throughout the program. During the program, students are challenged by learning experiences in clinical dietetics, foodservice systems management, community nutrition, and nutrition education and counseling.

Days for supervised practice are generally Monday through Thursday from 8:00am to 5:00pm, although hours may vary with each facility. Some Fridays, weekends, early morning, and late evening work can also be required. During the 11-months of the program, the interns will be scheduled for supervised practice approximately 32-40 hours per week (M-Th or F) with possible additional hours on the weekends. Didactic instruction begins in August with supervised practice rotations beginning in late August and ending in July the following year. The program provides a minimum of at least 1000 hours of supervised practice. However, the total hours may vary depending on supervised practice site availability. Total weeks may be up to 40 weeks to ensure coverage for absences and bad weathers. The rotations vary in length from 1 to 4 weeks. Learning experiences may require some evening or weekends for fulfillment of program objectives.



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Interns typically follow the university calendar of the university with holidays listed on the Lamar University Academic Calendar being observed. Please be aware that due to official university closings from mandatory evacuations or bad weather the program length may be extended beyond July of the following year and/or require make-up hours during regularly scheduled breaks/holidays.

During the DI program, the interns will typically have the following days off: one week for Thanksgiving, two weeks for Winter break, and one week for Spring Break.

The university calendar is available at <http://events.lamar.edu/academic-calendar-listing.html>

A sample rotation summary is provided at the end of the packet and demonstrates rotation possibilities for the upcoming program year. The purpose is to provide prospective interns an idea of the types of rotation experiences that may be provided; however, there is no guarantee that the provided summary will be the actual rotation summary for the upcoming program year.

## Important LU DI Dates

<b>Fall 2022</b>	Begin graduate studies and dietetic internship experience.
<b>Spring 2023</b>	Continue graduate studies and dietetic internship experience.
<b>Summer 2023</b>	Complete dietetic internship experience (minimum of 1000 hours) along with other DI program requirements and MS in Nutrition program requirements to become eligible to take the Registration Examination for Dietetics.

## Program Completion Requirements

Students must be successfully admitted into Lamar University as a graduate student in the LU online MS in Nutrition program. Matching to the Lamar University DI program does not guarantee admittance into Lamar University.

## Course Requirements

Students must register, pay the required tuition and fees, and complete the following courses:

Fall Semester: Advanced Dietetics 1, Dietetic Practicum 1, and two electives (12 hours)

Spring Semester: Advanced Dietetics 1, Dietetic Practicum 2, one elective, and Nutrition Research (12 hours)

Summer 1 Semester: Capstone in Dietetics and Statistics (6 hours)

## Graduate Credit

The DI requires the completion of a total of 15 graduate hours (5 courses) required regardless of previous degree status such as those entering into the program with a Masters degree as a post-masters status. All 15 hours may be applied toward the online M.S. in Nutrition degree in the Department. For those entering the program with only a Bachelor degree, students will be required to complete both the DI required courses and the required MS in Nutrition courses.

## Graduate courses required in the DI include:

**Advanced Dietetics I & 2 (6 hours)** - Study of the delivery of nutritional services and consultation for individuals, families, and institutions. Student will complete projects in client education, clinical nutrition, public health, foodservice management and related activities.

Prerequisite: Acceptance into Lamar University DI.



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**Dietetic Practicum I & 2 (6 hours)** - Supervised practice which includes an average of 32-40 hours per week field experience in the areas of clinical nutrition, community nutrition, foodservice systems management, and business. Rotations include hospitals and other health care facilities, community nutrition sites, and foodservice facilities. The rotation hours achieve the competencies established by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). Prerequisite: Acceptance into Lamar University DI.

**Capstone in Dietetics (3 hours)** – This course is designed to provide a culminating experience for dietetic interns which combines supervised practice experience in staff rotations, preparation for dietetics practice, and completion of the program exit exam.

**For the MS in Nutrition program, Nutrition Research, Statistics, and three elective courses (15 hours) must all be completed.**

### ***Successful Program Completion***

To meet DI completion requirements, the student must:

1. Successfully complete all admission procedures for the University and the DI including but not limited to: criminal background check, immunization requirements, CPR certification, orientation training, initial drug screening, and random drug screening.
2. Pass each of the required DI and MS in Nutrition courses as outlined by each of the course requirements and syllabi.
3. Complete the required number of total supervised practice hours as determined by the Program Director and ACEND.
4. Demonstrate ability to meet Core Competencies for the RDN (CRDNs) by satisfactorily completing rotation requirements (80% or better) and all assignments of the DI. The Program Director will determine on an individual basis when substitutions or modifications in rotations and assignments can be made and will determine when entry level competency is achieved.
5. Comply with acceptable professional standards of ethics during the DI (Code of Ethics).
6. Display appropriate personal conduct during the DI (Code of Ethics).
7. Comply with all preceptor facility professional standards including but not limited to: human resource screening, orientation test, immunization requirements, and random drug screening.
8. Demonstrate adequate verbal and written skills during the DI.
9. Complete the program practice exam (up to 3 times) during Summer 1.
10. Successfully complete all program requirements within 150% (15 months) from the start date.

Additional information regarding the program policies and procedures can be found in the program handbook located on the internship homepage at <https://www.lamar.edu/education/nutrition-hospitality-human-services/internship-program-in-dietetics/index.html>

### ***Concentration Area***

The Nutrition Education and Counseling concentration will include possible rotations in the areas of diabetes education, oncology education, weight management, and pediatrics. These rotations typically will take place in an outpatient clinic setting. The goal of the rotations will be to provide interns with the knowledge and skills necessary to provide individual as well as group counseling. Each rotation will be designed to provide an introductory practice level based on observation then progress to an advanced practice level based on managing patient care.



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### **Competencies for the concentration area are:**

1. Manage nutrition care of diverse populations across the lifespan.
2. Manage development and implementation of the nutrition care plan for patients/clients with complicated medical diagnoses to include referrals to interdisciplinary care team.
3. Conduct individual and group counseling sessions for patients/clients with complicated medical diagnoses.

### **Internship Program Applicant Requirements**

1. Applicants must hold or show plans to complete an ACEND-approved/accredited Didactic Program in Nutrition & Dietetics and at least a baccalaureate degree from an accredited college or university **prior to beginning the program in August of 2022.**
2. A minimum DPD GPA of 3.0 (not overall GPA) is required for application to the LU DI; however, the average GPA of those matched to the program is a 3.5. Applicants not meeting the GPA requirement will not be reviewed by the selection committee. Inadequate performance as an undergraduate may be compensated through evidence of an above-average graduate GPA in nutrition course work.
3. A complete application. The “DI Application Checklist” provided for you on the next page enumerates materials which must be in the application.
4. Once matched to the DI program, application to the MS in Nutrition program is required.

Note: No GRE is required for DI or MS in Nutrition application.

### **Application Review**

The application will be considered for selection review once an applicant submits a “complete application packet” submitted to DICAS along with the required supporting documents to Lamar University postmarked by the national due date. Lamar University will not discriminate against any person because of race, color, religion, sex, sexual orientation, national origin, age, marital status/children, or disability. A selection committee, appointed by the DI director, reviews all complete and qualified applications received by the deadline date. Applications materials are evaluated by objective criteria in the areas of GPA, personal statement, references, work experience (paid and/or volunteer), extracurricular activities/honors, and recommendations. The Program Director will submit a prioritized list of acceptable applicants to D&D Digital. Applicants must also submit their prioritized list to D&D Digital by the appropriate deadline.

### **Appointment**

Applicant matching results will be posted on [www.dnndigital.com](http://www.dnndigital.com) from 6:00 PM Central Time, Sunday April 3<sup>rd</sup>, 2022, through April 4<sup>th</sup>, 2022 (Appointment Day) 6:00 PM Central Time. This is the only source of notification for applicants. Each applicant will receive either ONE MATCH or NO MATCH after Log In.

Applicants who receive a match a computer match to the Lamar University Internship Program are responsible for accepting or rejecting the match via email by 6:00 PM Central Time on Appointment Day, Monday, April 4<sup>th</sup>, 2022. Matched applicants should contact: Jill Killough, DI Program Director at [jill.killough@lamar.edu](mailto:jill.killough@lamar.edu). Applicants are responsible for notifying D&D Digital, in writing, of a decision to withdraw from the matching process if circumstances will prevent them from accepting a match that may occur.

### **Admission to Lamar University**

An applicant **matched** to the Lamar University Dietetic Internship Program does not warrant admission to the university. Applicants must apply to Lamar University and be fully admitted to the online MS in Nutrition program prior to the first-class





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day of Fall. An applicant matched to the DI must apply to the university as a MS graduate student in the Nutrition program. Once accepted, matched students will be moved to the Dietetic Internship track. The application process for admission to the University is outlined on the Lamar University website at: <http://www.lamar.edu/graduate-student>

## **Additional Information for After Admittance to the Program:**

### ***Official Transcripts/Verification Statements***

Those interns who apply and match to the LU program prior to completing a B.S. degree and all DPD courses must provide a final, official transcript and verification statement to the DI Director no later than the first day of their initial course indicating completion of DPD and a graduation date of no later than the August start date of the program.

### **Financial Assistance**

The Academy of Nutrition and Dietetics Foundation provides a limited number of scholarships to qualified students. Applications should be requested from the Academy Foundation in the student's senior year. Lamar University dietetic interns are also eligible to apply for department scholarships if fully admitted to graduate school and are pursuing the MS degree.

Dietetic Interns are eligible to apply for student loans as a graduate student. Students in the dietetic internship are also a student within the online MS in Nutrition program making students eligible for e-tuition which is the same low price for in-state and out-of-state students. Students who are not degree seeking such as post-master are not eligible for student loans and may not be eligible for the e-tuition rate. Students need to review the university financial aid policies to determine complete eligibility requirements. For more information, please see <https://financialaid.lamar.edu/index.html> .

### **Withdrawal/Dismissal and Refund of Tuition/Fees**

Dietetic Interns may withdrawal or be dismissed from the Lamar University dietetic internship program at any time. The Program Director will request the intern place the withdrawal from the program in writing. If an intern is dismissed from the program, the Program Director will notify the student in writing. If an intern withdraws or is dismissed from the program, LU tuition and fees may not be refunded based on the LU tuition refund policy. No refunds will be given for application fees, computer-matching fees, or other costs incurred to prepare for supervised practice, such as required immunizations, insurance, TB skin test, background checking, drug test, etc.

For the LU Registrar's Academic Calendar for all Registration and Withdrawal deadlines, see:

<http://events.lamar.edu/academic-calendar-listing.html>

For the LU Graduate Student Withdrawal Policies, see:

<http://catalog.lamar.edu/graduate-academic-policies/index.html>



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## LU DI APPLICATION CHECKLIST for April 6th, 2022

- Complete the dietetics internship centralized application, system DICAS, which can be accessed at <http://portal.dicas.org>.
- DICAS will be available April 6<sup>th</sup> at 11:00am CST for the Spring 2022. Match. The application must be completed by as soon possible. The fee to use DICAS is \$ \$25 for each DI application. Guidelines for DICAS application are provided below.
  - Applicants who apply to internships using DICAS will be asked to complete a personal statement in 1,000 words or less. Questions to be addressed in the personal statement include:
    - Why do you want to enter the dietetics profession?
    - What are some experiences that have helped to prepare you for your career?
    - What are your short-term and long-term goals?
    - Describe your experience in nutrition education & counseling.
    - Discuss your goals as they relate to nutrition education & counseling.
    - What are your strengths and weaknesses or areas needing improvement?
    - Are you interested in pursuing an advanced degree?
  - 3 Professional References- Submit names along with an email. This will trigger an e-mail message requesting completion of the reference form. Reference examples include professor, DPD program director, volunteer supervisor and/or current/former work supervisor.
  - DPD Directors to submit Declaration of Intent or DPD Verification Statement online- (Speak with your DPD director regarding this procedure)
  - Submit Official transcripts from all colleges and universities attended to:  
DICAS- Transcript Dept., PO Box 9118, Watertown, MA 02472 \*\*It is not necessary to submit transcripts to the LU DI director.

Pay the \$35 LU DI application fee. The payment portal is on the LU DI application process webpage. Look for the Application Fee button in Red with white letters.

Application to the LU MS in Nutrition Graduate Program is NOT required for application to the Dietetic Internship Program. Application to the graduate program should be submitted after the matching notification and if you are matched to the LU DI.

For additional information or questions, please contact: **Jill E. Killough, PhD, RDN, LD, DI Program Director**  
(409) 880-8665  
[jill.killough@lamar.edu](mailto:jill.killough@lamar.edu)



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## **Additional Information**

### **Transportation**

Interns are responsible for their own transportation to Lamar University and to all rotation sites. Public transportation is NOT available to the majority of rotation sites.

### **Duty Hours/Sick Leave/Vacation**

Interns are generally scheduled for a 32 to 40-hour work week. The program honors all holidays, breaks, and bad weather days observed by Lamar University. Interns are not allowed any absences during the program year. A student who is absent must make-up the time lost during supervised practice.

### **Personal Appearance**

Interns are required to wear white lab coats (with LU patch) over professional street clothing during some rotations. Other rotations require a designated uniform. Students also wear a name badge during rotations. Further dress code policies (body piercing, etc.) are discussed with new interns in May.

### **Background Check and Drug Testing**

Students matched to the Lamar University DI are required to submit to a criminal record and drug testing. An outside company is utilized by the program and is a cost to the student. Additionally, individual facilities may require further background reviews and/or drug testing.

### **Immunizations & Immunity Titers**

Once matched to the program, students are given a health statement form which requires documentation of immunization status, etc. Forms must be completed prior to the program start-up date in the summer. Students must complete all immunization requirements for the program. These vaccines include proof of Td, MMR, Varicella, and Hepatitis B. Additionally, students must provide proof of flu vaccine in October 2022 for the 22-23 flu season. A TB skin test or other proof of negative TB status is required.

### **COVID Vaccination Information**

The Lamar University Dietetic Internship program does not require the COVID-19 vaccine in accordance with the state guidelines. Supervised practice sites who fall under the regulation of the Centers of Medicare & Medicaid Services require proof of vaccination or approval of exemption for workers and/or contractors. In lieu of proof of vaccination or an approved exemption, students will complete an alternative rotation to meet core competency requirements typically associated with clinical facilities.

### **Insurance**

Interns are required to have professional liability insurance as well as health insurance. A group professional liability insurance policy is obtained and is a cost to the student.

### **Time Commitment**

The DI at Lamar University is a rigorous educational experience. The course work combined with 11-months of rotations result in an intensive program that requires study and class time beyond the actual 32 to 40-hour work week.



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## Prior Learning Experiences

A dietetic intern who enters the program as a dietitian licensed by the State of Texas (LD) may petition to receive credit for those DI rotations in which he/she has extensive experiences and competence. Experiences to be applied toward DI credit are determined on an individual basis at the discretion of the program director/ instructor.

## Estimated Program Expenses:

The expenses listed below are approximations. Actual cost may be more or less than these estimates.

### ESTIMATE OF BASIC EXPENSES AS OF Fall, 2021: \*SUBJECT TO CHANGE FOR 2022-2023

A.	Monthly living expenses	
1.	Housing (Minimum)	800.00
2.	Other essentials	300.00
3.	Transportation	450.00
4.	Miscellaneous supplies, parking, copying fees.	100.00
	<b>Estimated Expense</b>	<b>\$1650.00</b>
B.	Minimum Program Expenses - Based on two long semesters (taking 12 credit hours each semester) and one summer sessions (6 credit hours) and = 30 credits required for the DI.	
1.	Insurance	
a.	Student malpractice insurance	35.00
b.	Health insurance (student policy)	2500.00
2.	Lamar University tuition and fees (Texas resident or Out-of-state e-tuition rate)	10000.00
3.	Textbooks and reference books	500.00
4.	Criminal background check & drug testing	150.00
5.	Immunizations	200.00
6.	Appropriate professional clothing	250.00
7.	Student membership in the Academy of Nutrition & Dietetics	50.00
8.	Hand calculator	10.00
9.	Registration and expenses for Texas ACE	400.00
10.	Inman Review	385.00
11.	Application fee for Registration Exam	200.00
12.	Dues for Active membership in the Academy of Nutrition & Dietetics	234.00
	<b>Program Estimated Expense-</b>	<b>\$14914.00*</b>

\*Cost subject to vary based on student need for clothing, insurance, etc.



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## Online Master of Science in Nutrition

Applicants who are matched to the DI program must apply for the online MS in Nutrition program. The DI/MS program requires the completion of a total of 30 graduate hours starting in Fall 2022 (pending approval from ACEND). Effective January 1, 2024, the Commission on Dietetic Registration (CDR) will require a minimum of a master's degree to be eligible to take the credentialing exam to become a registered dietitian nutritionist (RDN). In order to be approved for registration examination eligibility with a bachelor's degree, an individual must meet all eligibility requirements and be submitted into CDR's Registration Eligibility Processing System (REPS) before **12:00 midnight Central Time, December 31, 2023**. For more information about this requirement visit [CDR's website](#). In addition, CDR requires that individuals complete coursework and supervised practice in program(s) accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). Graduates who successfully complete the ACEND-accredited dietetic internship program at Lamar University are eligible to apply to take the CDR credentialing exam to become an RDN.

### Departmental Requirements for Admission to the MS in Nutrition Program:

1. Have a bachelor's degree from a nationally accredited undergraduate program
2. Applicants must have an overall GPA of 2.5 or higher on a 4.0 scale or a 2.75 GPA in the last 60 hours of their undergraduate degree program.
3. Applicants must satisfy the necessary prerequisites as prescribed for the Master of Science in Nutrition. All students desiring entrance to the program will receive a review of their prior coursework.

### Total Credit Requirements

Non-thesis, Capstone Route: 30 hours of course work

Application to the M.S. in Nutrition Program is completed through Apply Texas. Additional information regarding the application process can be obtained at: <http://www.lamar.edu/admissions/graduate-students.html>

### For more information on the M.S. in Nutrition program, contact:

Dr. Amy Shows, Program Director  
(409) 880-7962  
amy.shows@lamar.edu  
P O Box 10035  
Lamar University  
Beaumont, TX 77710



COLLEGE OF EDUCATION & HUMAN DEVELOPMENT

# LAMAR UNIVERSITY

Department of Nutrition, Hospitality & Human Services

Example of 21-22 Tentative Rotation Summary

Supervised Practice Facility	Supervised Practice Experience	Hours Per Week	Total Hours	Weeks
<b>CLINICAL NUTRITION</b>			<b>480</b>	<b>15</b>
<b>--OUTPATIENT EDUCATION</b>			<b>128</b>	<b>4</b>
Baptist Hospital- Education	Oncology & Bariatric Education	32	96	3
Nutrition Solutions	Weight Management	16	16	½
Pathfinder	Pediatrics Clinical	16	16	½
<b>--INPATIENT</b>			<b>352</b>	<b>11</b>
Baptist Hospital	Acute Care	32	64	2
Mid-Jefferson Hospital	Long Term Acute Care	32	96	3
TMC of SETX	General Medicine	32	64	2
TMC of SETX	NICU	32	64	2
Christus St. Elizabeth Hospital	Med Surg/ICU/Cardiac	32	64	2
<b>COMMUNITY NUTRITION</b>			<b>224</b>	<b>7</b>
Health Department- Port Arthur WIC	Lifecycle Nutrition: WIC	32	32	1
Nutrition & Services for Seniors	Lifecycle Nutrition: Elderly	32	32	1



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Lamar University	University Teaching	32	64	2
Lamar University	Athletics/Sports Nutrition	32	96	3
<b>FOODSERVICE MANAGEMENT</b>			<b>288</b>	<b>9</b>
Local ISDs Small District HJISD or NISD (2 weeks)	Child Nutrition Program Foodservice Management	32	64	2
Local ISD Large District BISD	Child Nutrition Program Foodservice Management	32	64	2
Baptist Hospital	Clinical Foodservice Management	32	64	2
Chartwells	University Foodservice Management	32	64	2
Christus St. Elizabeth Hospital	Clinical Foodservice Management	32	32	1
<b>OTHER ROTATONS</b>			<b>224</b>	<b>4</b>
Lamar University	Group Research Project	20	20	0
Lamar University	Professional Development Days	24	24	0
Lamar University	FS Sustainability	20	20	0
	Staff Rotations (June 2022)	40	160	4
<b>Total</b>			<b>1216 hours</b>	<b>35 weeks</b>



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Alternative Rotations as Needed Make-up and Quarantine Time				
Lamar University	Alternative Rotation- Nutrition Assessment			1
Lamar University	Alternative Rotation- Diabetes Education			1
Lamar University	Alternative Rotation- Sick Kids			1
Lamar University	Alternative Rotation- Kidney Disease			1
Lamar University	Alternative Rotation- Pediatrics			1