DIETETIC INTERNSHIP (DI) PROGRAM

Accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)*

IN THE DEPARTMENT OF

NUTRITION, HOSPITALITY & HUMAN SERVICES

OF THE

COLLEGE OF

EDUCATION AND HUMAN DEVELOPMENT

LAMAR UNIVERSITY

BEAUMONT, TEXAS 77710

409/880-8663

FAX 409/880-8666

APPLICATION MATERIALS**

Postmark Date February 15, 2021

Application packet is only valid for the 2021-2022 Internship Program Year.

*Accreditation Council for Education in Nutrition and Dietetics
Academy of Nutrition and Dietetics
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606-6995
Phone: 312/899-0040 ext. 5400
www.eatright.org/acend

**Revised October 2020
Lamar University is an equal opportunity/affirmative action educational institution and employer. Students, faculty, and staff members are selected without regard to their race, color, creed, sex, age, handicap, or national origin.

A member of the Texas State University System
Introduction
The Dietetic Internship (DI) Program at Lamar University (LU) is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition & Dietetics (the Academy). The next program review is planned for the spring of 2023.

The Lamar University (LU) Dietetic Internship (DI) offers an 11-month (August to July) accredited program for up to 10 students and helps prepare students to become an RDN. The program does not offer a distance option. Therefore, students are required to move to the Beaumont, Texas to complete the program.

The program has a Nutrition Education & Counseling emphasis and requires the successful completion of a minimum of 1200 hours and 21 hours of graduate course work specific to the dietetic internship. All 21 hours can be applied toward the M.S. in Nutrition degree in the department. The program meets the Accreditation Standards for an DI established by ACEND.

Education Pathway and Credentialing Process to Become a Registered Dietitian Nutritionist
Successful completion of a Didactic Program in Nutrition & Dietetics with a Bachelor’s or Graduate Degree, a dietetic internship program, and the Registration Examination for Dietitians qualifies one to become a Registered Dietitian Nutritionist (RDN).

The LU DI prepares entry-level RDNs for careers in a variety of settings such as hospitals, health care agencies, food industries, schools, and private practice. Upon satisfactory completion of the internship program requirements, graduates are then eligible to take the Registration Exam for Dietitians and become active members of the Academy of Nutrition & Dietetics. Additionally, those who meet the qualifications of a RDN are then eligible to take the Texas Jurisprudence Exam and apply to become a Texas Licensed Dietitian. Other states may have different rules. Check each state for specific requirements. More information is available at: https://www.cdrnet.org/state-licensure

Program Mission Statement
The mission of the Lamar University Dietetic Internship is to prepare graduates for evidence-based practice as an entry-level registered dietitian nutritionist who will effectively serve clients at the personal, family, community and global level.

The DI prepares graduates for evidence-based practice and a desire for life-long learning. Interns receive training in four major areas of dietetics: clinical nutrition, community nutrition, food service management and nutrition education & counseling. Training in the DI builds upon the foundation knowledge and skills previously acquired in an ACEND-accredited Didactic Program in Dietetics (DPD). Interns receive advanced academic training and supervised practice experience through the completion of seven graduate level courses. Graduates are qualified to take the Registration Examination for Dietitians, apply for licensure if applicable, and become active members of the Academy of Nutrition & Dietetics.

Goals & Objectives of the Lamar University DI are:
Program Goal #1
Graduates will be competent as entry-level registered dietitian nutritionist in evidence-based practice upon program completion.
Objective 1-
At least 80% of program interns complete program/degree requirements within 16.5 months (150% of the program
Objective 2 -
100 percent of program graduates take the CDR credentialing exam for dietitian nutritionists within 12 months of program completion

Objective 3 -
The program’s one-year pass rate (graduates who pass the registration exam within one year of first attempt) on the CDR credentialing exam for dietitian nutritionists is at least 80%

Objective 4 -
Of graduates who seek employment, 90% are employed in nutrition and dietetics or related fields within 12 months of graduation (program completion)

Objective 5 -
90% of graduates will feel “prepared” to “well-prepared” as an entry-level registered dietitian nutritionist

Objective 6 -
90% of program graduates will rate their level of competency in clinical nutrition, nutrition education & counseling, community nutrition, and foodservice management as “prepared” to “well-prepared”

Objective 7 -
90% of employers will rate program graduates as “prepared” to “well-prepared” in professional knowledge and skills

Program Goal #2
Graduates will implement evidence-based practice guidelines and effectively serve clients at the personal, family, community and global level.

Objective 1 -
90% of program graduates will agree they implement evidence-based practice to effectively serve clients at the personal, family, community and global level

Objective 2 -
90% of employers will indicate program graduates are effective in evidence-based practice

Program outcome data are available to the public and prospective students upon request. Please contact Dr. Jill Killough, Internship Program Director.

General Program Information
Number of applications received in 2020: 46
Number of intern positions: 10
Class Average GPA: 3.6
2017-2019 One-Year Pass Rate: 96.4%
### Important Application Calendar- Spring 2021 Computer Match Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Applicants Action</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>December 1, 2020</strong></td>
<td>D&amp;D Digital opens to allow applicants to register on their website at <a href="http://www.dnddigital.com">www.dnddigital.com</a>. D&amp;D registration fee is $55.</td>
</tr>
<tr>
<td><strong>December 4, 2020</strong></td>
<td>DICAS Application opens to allow applicants to begin their application on <a href="https://portal.dicas.org/">https://portal.dicas.org/</a>. DICAS application fee for the first designation is $50 and $25 for each additional designation.</td>
</tr>
<tr>
<td><strong>February 15, 2021</strong></td>
<td>Applicants must register online at <a href="http://www.dnddigital.com">www.dnddigital.com</a>, pay the computer match fee by credit card and enter their contact information and Dietetic Internship preferences by 11:59 pm Central Time February 15, 2021.</td>
</tr>
<tr>
<td><strong>February 15, 2021</strong></td>
<td>DICAS Application Portal will close. Applications must be submitted by 11:59 pm Central Time on February 15, 2021.</td>
</tr>
<tr>
<td><strong>March 22-March 29, 2021</strong></td>
<td>Applicants who have registered for the match by February 15, 2021 can reorder Dietetic Internship priority rankings; however, no additional internships can be added to the list. No changes in DI rankings may be made after 11:59 pm Central Time on March 29, 2021. If you make other arrangements and will not be able to accept a match that may occur, you must notify D&amp;D Digital in writing of your decision to withdraw from Dietetic Internship matching by March 29, 2021 11:59 pm Central Time. The matching fee is not refundable.</td>
</tr>
<tr>
<td><strong>Monday, April 5, 2021– Notification Day- beginning 11:00am Central Time</strong></td>
<td>Applicant matching results will be posted on <a href="http://www.dnddigital.com">www.dnddigital.com</a> from 11:00 AM Central Time, April 5, 2021, through April 6, 2021 (Appointment Day). This is the ONLY source of notification for applicants. Each applicant will receive either ONE MATCH or NO MATCH after Log In. All applicants who receive ONE MATCH will find the matched DI program name and contact information to accept the matched appointment. The MATCHED DI program is planning that the MATCH will be accepted. Matched applicants must contact the DI Program by 11:00 AM (time zone of the program), Tuesday, April 6, 2021 to confirm acceptance of the match. No arrangements should be made with any other DI programs. Applicants who receive NO MATCH will be given other instructions.</td>
</tr>
</tbody>
</table>
Matched applicants must contact the Dietetic Internship program by telephone, FAX or e-mail on or before 11:00 AM (time zone of the program), April 6, 2021, to confirm acceptance of the MATCH. After this time, the program is under no obligation to hold the opening for the matched applicant.

Please see the Accreditation Council for Education in Nutrition & Dietetics Computer Matching website for a detailed timeline regarding the application and matching process. Please visit https://www.eatrightpro.org/-/media/eatrightpro-files/acend/program-directors/dietetic-internship-match-for-directors/april2021-computer-matching-calendar.pdf?la=en&hash=787CB617C9CE4CB5BE1AE1E286B66A34B76C182B

**Dietetic Internship Program Format**

Learning experiences are provided through a variety of delivery methods which include rotation experiences, academic coursework, conferences, seminars, projects, and individual instruction with emphasis on developing responsibility as a professional staff member. Interns are evaluated on the basis of professional growth, effectiveness in each rotation, and performance on class projects. Counseling sessions are held on a formal and informal basis throughout the program. During the program, students are challenged by learning experiences in clinical dietetics, foodservice systems management, community nutrition, and nutrition education and counseling.

Days for supervised practice are generally Monday through Thursday from 8:00am to 5:00pm, although hours may vary with each facility. However, due to COVID-19 hours have changed to Monday through Friday 8:00am to 5:00pm. This may continue for the 2021-2022 program year.

Some weekend, early morning, and late evening work will also be required. During the 11-months of the program, the interns will be scheduled for supervised practice approximately 32-40 hours per week (M-Th or F) with possible additional hours on the weekends. Didactic instruction begins in August with supervised practice rotations beginning in late August and ending in July the following year. The program provides a minimum of at least 1200 hours of supervised practice. However, the total hours may vary depending on supervised practice site availability. Total weeks may be up to 40 weeks to ensure coverage for absences and bad weathers. The rotations vary in length from 1 to 4 weeks. Learning experiences may require some evening or weekends for fulfillment of program objectives.

Interns typically follow the university calendar of the university with holidays listed on the Lamar University Academic Calendar being observed. Please be aware that due to official university closings from mandatory evacuations or bad weather the program length may be extended beyond July of the following year and/or require make-up hours during regularly scheduled breaks/holidays.
During the DI program, the interns will typically have the following days off: one week for Thanksgiving, two weeks for Winter break, and one week for Spring Break. The university calendar is available at [http://events.lamar.edu/academic-calendar-listing.html](http://events.lamar.edu/academic-calendar-listing.html).

A sample rotation summary is provided at the end of the packet and demonstrates rotation possibilities for the upcoming program year. The purpose is to provide prospective interns an idea of the types of rotation experiences that may be provided; however, there is no guarantee that the provided summary will be the actual rotation summary for the upcoming program year.

**Important LU DI Dates**
- **Fall 2021**: Begin graduate studies and dietetic internship experience.
- **Spring 2022**: Continue graduate studies and dietetic internship experience.
- **Summer 2022**: Complete dietetic internship experience (minimum of 1200 hours) along with other program requirements to become eligible to take the Registration Examination for Dietetics.
- **Summer to Fall 2022**: Projected date for completion of the Master of Science in Nutrition degree (optional).

**Program Completion Requirements**
Students must be successfully admitted into Lamar University as a graduate student in the LU online MS in Nutrition program. Matching to the Lamar University DI program does not guarantee admittance into Lamar University.

**Course Requirements**
Students must register, pay the required tuition and fees, and complete the following courses:
- **Fall Semester**: Advanced Dietetics 1, Dietetic Practicum 1, and Field Experience
- **Spring Semester**: Advanced Dietetics 1, Dietetic Practicum 2, and Field Experience
- **Summer 1 Semester**: Capstone in Dietetics

**Graduate Credit**
The DI requires the completion of a total of 21 graduate hours (7 courses) required regardless of previous degree status such as those entering into the program with a Master’s degree. All 21 hours may be applied toward the optional online M.S. in Nutrition degree in the Department. Students are strongly encouraged to continue graduate study beyond the DI.

**Graduate courses required in the DI include:**
- **Advanced Dietetics I & 2 (6 hours)** - Study of the delivery of nutritional services and consultation for individuals, families, and institutions. Students complete projects in client education, clinical nutrition, public health, foodservice management and related activities. 
  Prerequisite: Acceptance into Lamar University DI.
- **Dietetic Practicum I & 2 (6 hours)** - Supervised practice which includes an average of 32-40 hours per week field experience in the areas of clinical nutrition, community nutrition, foodservice systems management, and business. Rotations include hospitals and other health care facilities, community nutrition sites, and foodservice facilities. The rotation hours achieve the competencies established by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). 
  Prerequisite: Acceptance into Lamar University DI.
Field Experience 1, & 2 (6 hours)- Enhances the supervised practice by offering experiences for the intern to prioritize assignments, augment time management skills, expand thoroughness and accuracy in completing activities, and achieve competencies established by the Accreditation Council for Education in Nutrition and Dietetics (ACEND).
Prerequisite: Acceptance into Lamar University DI.

Capstone in Dietetics (3 hours) – This course is designed to provide a culminating experience for dietetic interns which combines supervised practice experience in staff rotations, preparation for dietetics practice, and completion of the program exit exam.

Successful Program Completion
To meet DI completion requirements, the student must:
1. Successfully complete all admission procedures for the University and the DI including but not limited to: criminal background check, immunization requirements, CPR certification, orientation training, initial drug screening, and random drug screening.
2. Become a member of the Graduate Association of Interns and Nutrition Students (GAINS) and the Academy of Nutrition & Dietetics.
3. Pass each of the seven required DI courses as outlined by each of the course requirements and syllabi.
4. Complete the required number of total supervised practice hours as determined by the Program Director and ACEND.
5. Demonstrate ability to meet Core Competencies for the RDN (CRDNs) by satisfactorily completing rotation requirements (80% or better) and all assignments of the DI. The Program Director will determine on an individual basis when substitutions or modifications in rotations and assignments can be made and will determine when entry level competency is achieved.
6. Comply with acceptable professional standards of ethics during the DI (Code of Ethics).
7. Display appropriate personal conduct during the DI (Code of Ethics).
8. Comply with all preceptor facility professional standards including but not limited to: human resource screening, orientation test, immunization requirements, and random drug screening.
9. Demonstrate adequate verbal and written skills during the DI.
10. Complete the program practice exam (up to 3 times) during Summer 1.
11. Successfully complete all program requirements within 150% (15 months) from the start date.

Additional information regarding the program policies and procedures can be found in the program handbook located on the internship homepage at https://www.lamar.edu/education/nutrition-hospitality-human-services/internship-program-in-dietetics/index.html

Concentration Area
The Nutrition Education and Counseling concentration will include possible rotations in the areas of: diabetes education, renal education, weight management, and pediatrics. All of these rotations will take place in an outpatient clinic setting. The goal of the rotations will be to provide interns with the knowledge and skills necessary to provide individual as well as group counseling. Each rotation will be designed to provide an introductory practice level based on observation then progress to an advanced practice level based on managing patient care.

Competencies for the concentration area are:
1. Manage nutrition care of diverse populations across the lifespan.
2. Manage development and implementation of the nutrition care plan for patients/clients with complicated medical
diagnoses to include referrals to interdisciplinary care team.
3. Conduct individual and group counseling sessions for patients/clients with complicated medical diagnoses.

**Internship Program Applicant Requirements**

1. Applicants must hold or show plans to complete an ACEND-approved/accredited Didactic Program in Nutrition & Dietetics and a baccalaureate degree from an accredited college or university prior to beginning the program in August of 2021.
2. A minimum DPND GPA of 3.0 (not overall GPA) is required for application to the LU DI; however, the average GPA of those matched to the program is a 3.5. Applicants not meeting the GPA requirement will not be reviewed by the selection committee. Inadequate performance as an undergraduate may be compensated through evidence of an above-average graduate GPA in nutrition course work.
3. A complete application. The “DI Application Checklist” provided for you on the next page enumerates materials which must be in the application.

Note: No GRE is required for DI application.

**Application Review**

The application will be considered for selection review once an applicant submits a “complete application packet” submitted to DICAS along with the required supporting documents to Lamar University postmarked by the national due date. Lamar University will not discriminate against any person because of race, color, religion, sex, sexual orientation, national origin, age, marital status/children, or disability. A selection committee, appointed by the DI director, reviews all complete and qualified applications received by the deadline date. Applications materials are evaluated by objective criteria in the areas of GPA, personal statement, references, work experience (paid and/or volunteer), extracurricular activities/honors, and recommendations. The Program Director will submit a prioritized list of acceptable applicants to D&D Digital. Applicants must also submit their prioritized list to D&D Digital by the appropriate deadline.

**Appointment**

Applicant matching results will be posted on [www.dnddigital.com](http://www.dnddigital.com) from 11:00 AM Central Time, Monday April 5th, 2021, through April 6th, 2021 (Appointment Day) 11:00 AM Central Time. This is the only source of notification for applicants. Each applicant will receive either ONE MATCH or NO MATCH after Log In.

Applicants who receive a match a computer match to the Lamar University Internship Program are responsible for accepting or rejecting the match by telephone by 11:00 AM Central Time on Appointment Day, Tuesday, April 6th, 2021. Matched applicants should contact: Jill Killough, DI Program Director at (409) 880-8665 or at jill.killough@lamar.edu. Applicants are responsible for notifying D&D Digital, in writing, of a decision to withdraw from the matching process if circumstances will prevent them from accepting a match that may occur.

**Admission to Lamar University**

An applicant matched to the Lamar University Dietetic Internship Program does not warrant admission to the university. Applicants must apply to Lamar University and be fully admitted to the online MS in Nutrition program prior to the first-class day of Fall. An applicant matched to the DI must apply to the university as a MS graduate student in the Nutrition- Dietetics Track. The application process for admission to the University is outlined on the Lamar University website at: [http://www.lamar.edu/graduate-student](http://www.lamar.edu/graduate-student)
Additional Information for After Admittance to the Program:

Official Transcripts/Verification Statements
Those interns who apply and match to the LU program prior to completing a B.S. degree and all DPD courses must provide a final, official transcript and verification statement to the DI Director no later than the first day of their initial course indicating completion of DPD and a graduation date of no later than the August start date of the program.

Financial Assistance
The Academy of Nutrition and Dietetics Foundation provides a limited number of scholarships to qualified students. Applications should be requested from the Academy Foundation in the student's senior year. Lamar University dietetic interns are also eligible to apply for department scholarships if fully admitted to graduate school and are pursuing the MS degree.

Dietetic Interns are eligible to apply for student loans as a graduate student. Students who are fully admitted into the online MS in Nutrition program are eligible for e-tuition which is the same low price for in-state and out-of-state students. Students who are not degree seeking such as post-master or post-baccalaureate are not eligible for student loans and may not be eligible for the e-tuition rate. Students need to review the university financial aid policies to determine complete eligibility requirements. Students who are applying as a degree-seeking student and who are seeking financial aid via student loans are only allowed to complete the hours required toward the MS degree. For more information, please see https://financialaid.lamar.edu/index.html.

Withdrawal/Dismissal and Refund of Tuition/Fees
Dietetic Interns may withdrawal or be dismissed from the Lamar University dietetic internship program at any time. The Program Director will request the intern place the withdrawal from the program in writing. If an intern is dismissed from the program, the Program Director will notify the student in writing. If an intern withdraws or is dismissed from the program, LU tuition and fees may not be refunded based on the LU tuition refund policy. No refunds will be given for application fees, computer-matching fees, or other costs incurred to prepare for supervised practice, such as required immunizations, insurance, TB skin test, background checking, drug test, etc.

For the LU Registrar’s Academic Calendar for all Registration and Withdrawal deadlines, see: http://events.lamar.edu/academic-calendar-listing.html

For the LU Graduate Student Withdrawal Policies, see: http://catalog.lamar.edu/graduate-academic-policies/index.html
LU DI APPLICATION CHECKLIST February 15, 2021 Deadline

☐ Complete the dietetics internship centralized application, system DICAS, which can be accessed at http://portal.dicas.org.

- DICAS will be available in December 2020 for the Spring 2021 Match. The application must be completed by 11:59 p.m. Central Time on February 15, 2021. The fee to use DICAS is $50 for the first application submitted and $25 for each additional application.

- Applicants who apply to internships using DICAS will be asked to complete a personal statement in 1,000 words or less. Questions to be addressed in the personal statement include:
  - Why do you want to enter the dietetics profession?
  - What are some experiences that have helped to prepare you for your career?
  - What are your short-term and long-term goals?
  - Describe your experience in nutrition education & counseling.
  - Discuss your goals as they relate to nutrition education & counseling.
  - What are your strengths and weaknesses or areas needing improvement?
  - Are you interested in pursuing an advanced degree?

- 3 Professional References- Submit names along with an email. This will trigger an e-mail message requesting completion of the reference form. Reference examples include professor, DPD program director, volunteer supervisor and/or current/former work supervisor.

- DPD Directors to submit Declaration of Intent or DPD Verification Statement online- (Speak with your DPD director regarding this procedure)

- Submit Official transcripts from all colleges and universities attended to:
  DICAS- Transcript Dept., PO Box 9118, Watertown, MA 02472 **It is not necessary to submit transcripts to the LU DI director.

☐ Register and complete computer matching with D & D Digital at www.dnddigital.com. D&D charges a $55.00 fee for computer matching. Select internship program choices by 11:59 pm no later than February 15th, 2021. The computer matching code for the Lamar University Internship Program is 214. Contact Information for D&D Digital Systems is (515) 292-0490 and dnd@sigler.com

☐ Pay the $35 LU DI application fee. The payment portal is on the LU DI application process webpage. Look for the Application Fee button in Red with white letters.

☐ Application to the LU MS in Nutrition Graduate Program is NOT required for application to the Dietetic Internship Program. Application to the graduate program should be submitted after you are matched to the LU DI.

For additional information or questions, please contact: Jill E. Killough, PhD, RDN, LD, DI Program Director
(409) 880-8665
jill.killough@lamar.edu
Additional Information

Transportation
Interns are responsible for their own transportation to Lamar University and to all rotation sites. Public transportation is NOT available to the majority of rotation sites.

Duty Hours/Sick Leave/Vacation
Interns are generally scheduled for a 32 to 40-hour work week. The program honors all holidays, breaks, and bad weather days observed by Lamar University. Interns are not allowed any absences during the program year. A student who is absent must make-up the time lost during supervised practice.

Personal Appearance
Interns are required to wear white lab coats (with LU patch) over professional street clothing during some rotations. Other rotations require a designated uniform. Students also wear a name badge during rotations. Further dress code policies (body piercing, etc.) are discussed with new interns in May.

Background Check and Drug Testing
Students matched to the Lamar University DI are required to submit to a criminal record and drug testing. An outside company is utilized by the program and is a cost to the student. Additionally, individual facilities may require further background reviews and/or drug testing.

Immunizations & Immunity Titers
Once matched to the program, students are given a health statement form which requires documentation of immunization status, etc. Forms must be completed prior to the program start-up date in the summer. Students must complete all immunization requirements for the program.

Insurance
Interns are required to have professional liability insurance as well as health insurance. A group professional liability insurance policy is obtained and is a cost to the student.

Time Commitment
The DI at Lamar University is a rigorous educational experience. The course work combined with 11-months of rotations result in an intensive program that requires study and class time beyond the actual 32 to 40-hour work week.

Prior Learning Experiences
A dietetic intern who enters the program as a dietitian licensed by the State of Texas (LD) may petition to receive credit for those DI rotations in which he/she has extensive experiences and competence. Experiences to be applied toward DI credit are determined on an individual basis at the discretion of the program director/instructor.
Estimated Program Expenses:
The expenses listed below are approximations. Actual cost may be more or less than these estimates.

**ESTIMATE OF BASIC EXPENSES AS OF Fall, 2020: *SUBJECT TO CHANGE FOR 2021-2022***

A. Monthly living expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Housing (Minimum)</td>
<td>800.00</td>
</tr>
<tr>
<td>2. Other essentials</td>
<td>300.00</td>
</tr>
<tr>
<td>3. Transportation</td>
<td>450.00</td>
</tr>
<tr>
<td>4. Miscellaneous supplies, parking, copying fees.</td>
<td>100.00</td>
</tr>
</tbody>
</table>

**Estimated Expense** $1650.00

B. Minimum Program Expenses - Based on two long semesters (taking 9 credit hours each semester) and one summer sessions (3 credit hours) and = 21 credits required for the DI.

<table>
<thead>
<tr>
<th>Description</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Insurance</td>
<td></td>
</tr>
<tr>
<td>a. Student malpractice insurance</td>
<td>35.00</td>
</tr>
<tr>
<td>b. Health insurance (student policy)</td>
<td>2500.00</td>
</tr>
<tr>
<td>2. Lamar University tuition and fees (Texas resident or Out-of-state e-tuition rate)</td>
<td>6300.00</td>
</tr>
<tr>
<td>3. Textbooks and reference books</td>
<td>500.00</td>
</tr>
<tr>
<td>4. Criminal background check &amp; drug testing</td>
<td>150.00</td>
</tr>
<tr>
<td>5. Immunizations</td>
<td>200.00</td>
</tr>
<tr>
<td>6. Appropriate professional clothing</td>
<td>250.00</td>
</tr>
<tr>
<td>7. Student membership in the Academy of Nutrition &amp; Dietetics</td>
<td>50.00</td>
</tr>
<tr>
<td>8. Hand calculator</td>
<td>10.00</td>
</tr>
<tr>
<td>9. Registration and expenses for Texas ACE</td>
<td>400.00</td>
</tr>
<tr>
<td>10. EatRight Prep</td>
<td>199.99</td>
</tr>
<tr>
<td>11. Application fee for Registration Exam</td>
<td>200.00</td>
</tr>
<tr>
<td>12. Dues for Active membership in the Academy of Nutrition &amp; Dietetics</td>
<td>250.00</td>
</tr>
</tbody>
</table>

**Program Estimated Expense** $11044.99*

*Cost subject to vary based on student need for clothing, insurance, etc.

Additional MS Program Cost:
Tuition cost for 5 additional courses (15 hours) to complete the MS in Nutrition $4500.00
Online Master of Science in Nutrition

Applicants who are matched to the DI program must apply for the online MS in Nutrition program. The DI requires the completion of a total of 21 graduate hours. All 21 hours may be applied toward the optional MS degree. Students are strongly encouraged to continue graduate study beyond the DI and complete their MS degree within the required 6-year time frame. For the past 10 years, the majority (95%) of dietetic interns have opted to complete the M.S. degree simultaneously while completing the DI requirements.

Effective January 1, 2024, the Commission on Dietetic Registration (CDR) will require a minimum of a master’s degree to be eligible to take the credentialing exam to become a registered dietitian nutritionist (RDN). In order to be approved for registration examination eligibility with a bachelor’s degree, an individual must meet all eligibility requirements and be submitted into CDR’s Registration Eligibility Processing System (REPS) before **12:00 midnight Central Time, December 31, 2023**. For more information about this requirement visit CDR’s website. In addition, CDR requires that individuals complete coursework and supervised practice in program(s) accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). Graduates who successfully complete the ACEND-accredited dietetic internship program at Lamar University are eligible to apply to take the CDR credentialing exam to become an RDN.

**Departmental Requirements for Admission:**
1. Have a bachelor’s degree from a nationally accredited undergraduate program
2. Applicants must have an overall GPA of 2.5 or higher on a 4.0 scale or a 2.75 GPA in the last 60 hours of their undergraduate degree program.
3. Applicants must satisfy the necessary prerequisites as prescribed for the Master of Science in Nutrition. All students desiring entrance to the program will receive a review of their prior coursework.

**Total Credit Requirements**
- Non-thesis, Capstone Route: 36 hours of course work

Application to the M.S. in Nutrition Program is completed through Apply Texas. Additional information regarding the application process can be obtained at: [http://www.lamar.edu/admissions/graduate-students.html](http://www.lamar.edu/admissions/graduate-students.html)

**For more information on the M.S. in Nutrition program, contact:**
- Dr. Amy Shows, Program Director
  Family and Consumer Sciences
  (409) 880-7962
  amy.shows@lamar.edu
- P O Box 10035
- Lamar University
- Beaumont, TX  77710
# Example of 20-21 Tentative Rotation Summary

<table>
<thead>
<tr>
<th>Supervised Practice Facility</th>
<th>Supervised Practice Experience</th>
<th>Hours Per Week</th>
<th>Total Hours</th>
<th>Weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CLINICAL NUTRITION</strong></td>
<td></td>
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