

Insert Academic Degree Name Here

### Annual Program Report Template

<b>Year:</b>	2022-2023
<b>Program:</b>	Clinical Mental Health Counseling
<b>Contact Person (include email &amp; phone#)</b>	Shannon McFarlin, (409)880-7723, Shannon.mcfarlin@lamar.edu

#### Summary of Continuous Improvement Efforts since Last Report

*Provide a brief description of how assessment results have been used for program improvement. Point to a specific example of how an assessment provided the program with data it could use for improvement and what that improvement was, if possible, also show evidence of the improvement. You may look at data from the two previous academic years to support this case.*

Respond here:

Enrollment records indicate that the CMHC program has fallen short of its goal for program completion during the past two years, which could be partly due to the CMHC program's loss of CACREP accreditation at the end of the Fall 2020 semester. Therefore, the department has focused on improvements that will help to retain students in the CMHC program. Changes that have been made include the following: (a) orienting new students to the program via an advising meeting with the CMHC Program Coordinator and students enrolled in CNDV 5304 (i.e., the first course in the program); (c) updating information in the CMHC Resources Blackboard organization to ensure that students have access to current program information; (d) outlining the LPC licensure process for students in the CMHC Resources organization; and (e) implementing an electronic system for students' Practicum applications to streamline and modernize application processes for students/instructors/field supervisors, to collect field experience data, and to disseminate field experience information to site supervisors prior to each semester, among others.

#### Program Highlights Since Last Report

*Identify and briefly discuss any programmatic curriculum changes made since the last report (e.g. new courses, course changes, SLO changes, course deletions).*

Respond here:

- (a) Each 5-week term, the CMHC Program Coordinator (Shannon McFarlin) held a meeting with CMHC students enrolled in their first course in the program (i.e., CNDV 5304: Foundations of Professional Counseling) to provide an overview of program requirements, coursework, and preparatory tasks for field experience.
- (b) A Blackboard course for CNDV 5380B (Residency 2) was created to differentiate the Residency 2 experience from the Residency 1 experience for CMHC students.
- (c) A textbook was adopted for CNDV 5392 (CMHC Practicum), a course for which a textbook has not been used historically.
- (d) A specs-based grading system was developed and implemented into the Multicultural Counseling course (i.e., CNDV 5320).
- (e) The LPC licensure process was outlined for students in the CMHC Resources organization.
- (e) An electronic system for students' Practicum applications was first implemented during the Fall 2022 semester to streamline application processes for students, instructors, and field supervisors; to collect field experience data; and to disseminate field experience information to site supervisors prior to each semester.

**Do not fill out TABLE 1 or 2. The information you entered in Smartsheet will be copied by someone on our team.**

**Table 1. Assessment Results and Analyses for Current Cycle.**

STAGE 1: PLAN				STAGE 2: DO		STAGE 3: STUDY
Departmental Student Learning Goal	Program Student Learning Outcome	Assessment	Assessment Method/Location	Benchmark Expectations	Data Results	Actions/Goals Based on Data Results* What do the data tell you? How will you use this data? How were data from the last cycle used to make changes during this cycle, and What were the results of those changes?
To have a nationally recognized counseling program where students demonstrate knowledge and competence in core counseling areas as evidenced by success rates on national examinations. Students who are preparing to specialize as clinical mental health counselors will demonstrate the knowledge, skills and professional dispositions necessary to address a wide variety of circumstances within the context of clinical mental health counseling.	Students will demonstrate knowledge of, and ability to apply, a variety of models and theories related to clinical mental health counseling, including methods and principles of clinical supervision.	MEASURE: Students' scores for the Counselor Preparation Comprehensive Examination (CPCE), a national standardized exam that constitutes the comprehensive exam for students in the CMHC program. The CPCE comprises 160 items that cover the 8 content areas assessed with the National Counselor Examination (NCE), which students and graduates in many states	CMHC students sit for the CPCE during the semester in which they are enrolled in Practicum (CNDV 5392). Those who do not earn a score of 70 or higher sit for the CPCE a second during the semester of enrollment in Internship 1 (CNDV 5394).	At least 70% of CMHC students enrolled in CNDV 5392/5394 (Practicum/Internship) will meet or surpass the national mean for the CPCE.	Fall 2022 through Spring 2023, a total of 176 students took the CPCE. Among those, 52 (29.55%) met or exceeded the national mean. The preponderance (n = 124; 70.45%) scored below the mean. The national mean in Fall 2022 was 80.56, and 23 (25.56%) Lamar students who took the CPCE in that semester met or exceeded the national mean. The national mean in Spring 2023 was 85.10, and 29 (33.72%)	Course leads of core courses are implementing multiple choices assessments (i.e., "Exam Prep Quizzes") into Blackboard courses to provide students opportunities to practice for CPCE administrations. Content of each Exam Prep Quiz includes items specific to one of the eight core content areas that the CPCE assesses (e.g., The quizzes included for the Multicultural Counseling course address multicultural issues in counseling.). HonorLock is being used to proctor students' exams to simulate real testing experiences for students, and faculty have added CPCE test prep materials to the CMHC Resources organization in Blackboard.

		must pass to obtain professional licensure as a counselor.			Lamar students who took the CPCE in that semester met or exceeded the national mean, which demonstrated an improvement from the previous semester. Data were available for all months but May 2023.	
		MEASURE: Students' scores for the National Counselor Examination (NCE), a 200-item multiple-choice examination designed to assess knowledge, skills, and abilities determined to be important for providing effective counseling services. The NCE is a requirement for counselor licensure in many states. It is also one of two examination options for the National Certified Counselor	Eligible graduate students who opt to sit for the NCE prior to graduation complete the exam during a semester in which they are enrolled in a field experience course (i.e., Practicum or Internship).	At least 90% of CMHC students who opt to sit for the NCE pre-graduation will achieve a passing score, which varies by semester due to norming data.	In 2022, 11 CMHC students took the NCE pre-graduation with a passing rate of 100%. The national mean was 108.65, and the mean for students in Lamar's CMHC program was 109.64, which was above the national mean. Data for 2023 test-takers is not yet available.	Fall 2023 is the final semester during which Lamar students can take the NCE pre-graduation due to loss of the CMHC program's CACREP accreditation. Names of current students who are potentially eligible to sit for the NCE in the Fall 2023 semester have been submitted to NBCC, who will review students for eligibility. Students who do not/cannot take the NCE in Fall 2023 will never be eligible for the National Certified Counselor credential, so we anticipate that many of our students will sit for the exam in the Fall 2023 semester.

		(NCC) certification.				
		MEASURE: CMHC program completion rates	The percentage of students who successfully complete the CMHC program provides the measure for student retention.	At least 80% of CMHC students will successfully complete the program.	Degree Audit records indicate that were a total of 37 new students in the CMHC program in the 2020- 2021 academic year. During the 2022-2023 academic year, 20 CMHC students graduated from the program, indicating a program completion rate of 54.05%. The CMHC program's loss of CACREP accreditation status at the end of the Fall 2020 semester could explain the low completion rate. However, data for this measure might be incomplete due to reliance on Degree Audit records.	(a) An exit survey was added to the CNDV 5394 (Internship 2) Blackboard course; (b) the CMHC Program Coordinator instated the practice of meeting with CMHC students enrolled in their first course in the program (i.e., CNDV 5304: Foundations of Professional Counseling) to orient students to the program; (c) the CMHC Resources organization in Blackboard was updated to provide students with current program information; (d) the LPC licensure process was outlined for students in the CMHC Resources organization; and (e) an electronic system for students' Practicum applications was first implemented in the Fall 2022 semester to streamline application processes for students/instructors/field supervisors, to collect field experience data, and to disseminate field experience information to site supervisors prior to each semester.
Students will demonstrate competence in counseling skills and techniques. Students will demonstrate mastery of basic and advanced	Students will demonstrate competence and skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history and a	MEASURE: Counselor Competency Scale (CCS) Part 1, which pertains to counseling skills	Site Supervisors of CMHC students enrolled in Practicum and Internship complete midterm and final	At least 95% of CMHC students enrolled in CNDV 5392 (Practicum) and CNDV 5394 (Internship) will meet or exceed expectations for counseling skills,	A total of 75 CMHC students were enrolled in CNDV 5392 (Practicum) and CNDV 5394 (Internship) in the Fall 2022 and Spring 2023	None

counseling skills by passing CNDV 5310 with a B or better. Students will also perform satisfactorily during Residency, Practicum and Internship.	psychological assessment for treatment planning and caseload management. Students' mid-term and final evaluations during Practicum and Internship will evince students' competence and skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history, and a psychological assessment for treatment planning and caseload management.		evaluations of students' counseling skills using the CCS - Part 1.	as indicated by students' final evaluation scores for Part 1 of the CCS.	semesters. Of them, 75 (100%) met or exceeded expectations for counseling skills, as indicated by students' scores for Part 1 of the CCS.	
		MEASURE: Passing rate for CNDV 5310 (Counseling Skills)	CMHC students demonstrate mastery of basic counseling skills by passing CNDV 5310 (Counseling Skills) with a grade of B or better.	At least 90% of CMHC students will earn a grade of B or better for CNDV 5310 (Counseling Skills).	In Fall 2022 and Spring 2023, 205 (92.34%) of the 222 total CMHC students who were enrolled in CNDV 5310 (Counseling Skills) passed the course with a grade of B or better.	None
		MEASURE: Passing rates for CNDV 5380A and CNDV 5380B (Residency 1 and Residency 2)	CMHC students demonstrate mastery of basic counseling skills by passing CNDV 5380A (Residency 1) and CNDV 5380B (Residency 2)	At least 90% of CMHC students will pass CNDV 5380A and CNDV 5380B (Residency 1 and Residency 2) with a grade of B or better.	Of the 57 CMHC students who were enrolled in CNDV 5380B (Residency 2) during the Fall 2022 and Spring 2023 semesters, 54 (94.74%) passed the course with a grade of B or better. Of the 63	A Blackboard course for CNDV 5380B (Residency 2) was created to differentiate the Residency 2 experience from the Residency 1 experience for CMHC students.

			with a grade of B or better.		students who enrolled in CNDV 5380A (Residency 1) during the same time period, 63 (100%) passed the course with a grade of B or better.	
Students will demonstrate professional dispositions throughout the program. Students will demonstrate professional characteristics and dispositions (such as professional responsibility, self-awareness, personal comportment, cultural competency and integrity and flexibility and adaptability) throughout the counseling program.	Students will develop and demonstrate intrapersonal awareness and an accurate understanding of the basic motivations of self. This includes the relationship between personal beliefs, thoughts, feelings, actions and professional functioning.	MEASURE: Counselor Competency Scale (CCS) Part 2 - Item 2.C, which addresses interpersonal awareness	Residency instructors evaluate CMHC students' professional dispositions related to interpersonal awareness using the CCS - Part 2, Item 2.C - during the face-to-face component of each Residency course.	At least 90% of CMHC students enrolled in CNDV 5380 (Residency) will meet or exceed expectations for professional dispositions related to interpersonal awareness, as indicated by students' final evaluation scores for Part 2 - Item 2.C - of the CCS.	Of the 120 CMHC students who were enrolled in CNDV 5380 during the Fall 2022 and Spring 2023 semesters, 117 (98%) met or exceeded expectations for professional dispositions related to interpersonal awareness, as indicated by students' final evaluation scores for Part 2 - Item 2.C - of the CCS.	None
	Students will develop and demonstrate emotional sensitivity, interpersonal respect, and professional decorum in all professional interactions. Proficiency in understanding and relating to clients in an emotionally sensitive and respectful manner.	MEASURE: Counselor Competency Scale (CCS) Part 2 - Item 2.B, which addresses professionalism	Site Supervisors of CMHC students enrolled in CNDV 5392 (Practicum) and CNDV 5394 (Internship) complete midterm and final evaluations of students and assess their	At least 95% of CMHC students enrolled in CNDV 5392 (Practicum) and CNDV 5394 (Internship) will meet or exceed expectations for professional dispositions related to professionalism, as indicated by students' final	Of the 75 CMHC students who were enrolled in CNDV 5392 (Practicum) and CNDV 5394 (Internship) during the Fall 2022 and Spring 2023 semesters, 75 (100%) met or exceeded professional dispositions	None

			professional dispositions related to professionalism using the CCS - Part 2, Item 2.B.	evaluation scores for Part 2 - Item 2.B - of the CCS.	related to professionalism, as indicated by students' final evaluation scores for Part 2 - Item 2.B - of the CCS.	
Students will practice ethically in all courses and field experiences. Students will demonstrate ethical practice with their coursework and performance at their field experience sites.	Students demonstrate the ability to apply and adhere to ethical and legal standards in professional counseling settings. Performance in CNDV 5322 will be evaluated for ethical practice.	MEASURE: Passing rate for CNDV 5322 (Professionalism , Ethics, & Law)	CMHC students demonstrate the ability to apply ethical and legal standards pertinent to the counseling profession by passing CNDV 5322 (Professionalism, Ethics, & Law) with a grade of B or better.	At least 90% of CMHC students will earn a grade of B or better for CNDV 5322 (Professionalism, Ethics, & Law).	A total of 203 CMHC students were enrolled in CNDV 5322 (Professionalism , Ethics, & Law) in the Fall 2022 and Spring 2023 semesters. Of them, 192 (94.58%) successfully passed the course with a grade of B or better.	None
		MEASURE: Counselor Competency Scale (CCS) Part 2 - Item 2.A, which addresses professional ethics	Site Supervisors of CMHC students enrolled in CNDV 5392 (Practicum) and CNDV 5394 (Internship) complete midterm and final evaluations of students and assess their professional dispositions related to ethical behavior using the CCS - Part 2, Item 2.A.	At least 90% of CMHC students enrolled in CNDV 5392 (Practicum) and CNDV 5394 (Internship) will meet or exceed expectations for ethical behavior at their field experience sites, as indicated by students' final evaluation scores for Part 2 - Item 2.A - of the CCS.	Of the 75 CMHC students who were enrolled in CNDV 5392 (Practicum) and CNDV 5394 (Internship) during the Fall 2022 and Spring 2023 semesters, 75 (100%) met or exceeded professional dispositions related to ethical behavior, as indicated by students' final evaluation scores for Part 2 - Item 2.A - of the CCS.	None

		<p>MEASURE:            Passing rates for CNDV 5392 (Practicum) and CNDV 5394 (Internship)</p>	<p>CMHC students enrolled in CNDV 5392 (Practicum) and CNDV 5394 (Internship) demonstrate the ability to adhere to ethical and legal standards in their work at their field experience sites.</p>	<p>At least 95% of CMHC students enrolled in CNDV 5392 (Practicum) and CNDV 5394 (Internship) will successfully complete Practicum and Internship.</p>	<p>A total of 75 CMHC students were enrolled in CNDV 5392 (Practicum) and CNDV 5394 (Internship) in the Fall 2022 and Spring 2023 semesters. Of them, 75 (100%) successfully passed their course.</p>	<p>A textbook was adopted for CNDV 5392 (CMHC Practicum), a course for which a textbook historically has not been used. We also implemented an electronic system for students' Practicum applications (first implemented during the Fall 2022 semester) to streamline application processes for students, instructors, and field supervisors; to collect field experience data; and to disseminate field experience information to site supervisors prior to each semester.</p>
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**Table 2. Continuous Improvement Results Since Last Report**

<b>Stage 4: ACT</b>		
<b>Actions/Goals Based on Data Results</b> <i>*Copy last cycle's actions/goals and report on progress toward continuous improvement on those here.</i>	<b>Status</b> <i>C=Complete P=Progressing N=No Action Taken</i>	<b>Discussion of Status</b> <i>If C, describe efforts that led to accomplishment of actions/goals. If P, provide update on progress made toward accomplishing actions/goals and what tasks remain If N, discuss why action toward accomplishing actions/goals has been delayed and what work will be initiated toward accomplishment.</i>
2021-2022 - Objective 1.1: Students will demonstrate knowledge and ability to apply a variety of models and theories related to clinical mental health counseling, including the methods, models, and principles of clinical supervision. (1) Counselor Preparation Comprehensive Examination (CPCE)	P	Most core courses now include exam prep quizzes. Quizzes need to be added to a small number of courses.
2021-2022 - Objective 1.1: Students will demonstrate knowledge and ability to apply a variety of models and theories related to clinical mental health counseling, including the methods, models, and principles of clinical supervision. (2) National Counselor Examination (NCE)	P	Faculty are facilitating students' registration for the Fall 2023 administration of the NCE to ensure they have the opportunity to take it by December 31, 2023, if eligible.
2021-2022 - Objective 1.1: Students will demonstrate knowledge and ability to apply a variety of models and theories related to clinical mental health counseling, including the methods, models, and principles of clinical supervision. (4) Student retention & satisfaction	P	The CMHC Program Coordinator will continue to meet with each new cohort of CMHC students to orient them to the program. Faculty will continue to update the CMHC Resources organization for students. With the addition of the exit survey in the CNDV 5394 Blackboard course, we will be able to provide more data for this measure in future semesters.
2021-2022 - Objective 2.1: Students will demonstrate competence and skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history and a psychological assessment for treatment planning and caseload management. (1) Mid and Final Semester Field Experience Evaluations	C	Goal for this measure was exceeded.
2021-2022 - Objective 2.1: Students will demonstrate competence and skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history and	C	Goal for this measure was exceeded.

a psychological assessment for treatment planning and caseload management. (2) Demonstrate Proficiency in Counseling Skills Course		
2021-2022 - Objective 2.1: Students will demonstrate competence and skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history and a psychological assessment for treatment planning and caseload management. (3) Demonstrate mastery of counseling skills during Residency course	C	Goal for this measure was exceeded.
2021-2022 - Objective 3.1: Students will develop and demonstrate intrapersonal awareness and an accurate understanding of the basic motivations of self. (1) Candidate Professional Characteristics and Disposition Form	C	Goal for this measure was exceeded.
2021-2022 - Objective 3.2: Students will develop and demonstrate emotional sensitivity, interpersonal respect, and professional decorum in all professional interactions. (1) Candidate Professional Characteristics and Disposition Form	C	Goal for this measure was exceeded
2021-2022 - Objective 4.1: Students demonstrate the ability to apply and adhere to ethical and legal standards in clinical mental health counseling. (1) Successful Completion of Ethics course	C	Goal for this measure was exceeded.
2021-2022 - Objective 3.4: Students will develop and demonstrate ethical responsibility, and the attitudes, demeanor and maturity necessary to perform duties of a professional counselor. (1) Candidate Professional Characteristics and Disposition Form	C	Goal for this measure was exceeded.
2021-2022 - Objective 4.1: Students demonstrate the ability to apply and adhere to ethical and legal standards in clinical mental health counseling. (2) Successful Completion of Field Experience	C	Goal for this measure was exceeded.