Health and Kinesiology

Annual Program Report Template

| Year: 2022 - 23 | 2022 - 23 |
|---|---|
| Program: MPH | Master Public Health |
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Summary of Continuous Improvement Efforts since Last Report

Provide a brief description of how assessment results have been used for program improvement. Point to a specific example of how an assessment provided the program with data it could use for improvement and what that improvement was, if possible, also show evidence of the improvement. You may look at data from the two previous academic years to support this case.

Respond here:

At this point the program is being taught mostly be adjuncts and the current program status is being maintained. The department is currently in the hiring process to replace two faculty members. Until the faculty are hired program changes will be at a minimal.

Program Highlights Since Last Report

Identify and briefly discuss any programmatic curriculum changes made since the last report (e.g. new courses, course changes, SLO changes, course deletions).

Respond here:

The updates in the Capstone series have shown to be very helpful for the MPH students and lead to much improved projects.

Table 1. Assessment Results and Analyses for Current Cycle.

| STAGE 1: PLAN | STAGE 1: PLAN | | | STAGE 2: DO | | STAGE 3: STUDY |
|------------------------------------|---------------------------|---------------------------------|-----------------------------------|---------------------------------|-------------------------------|--|
| Departmental | Program Student | Assessment | Assessment | Benchmark | Data Results | Actions/Goals Based on Data |
| Student Learning | Learning Outcome | | Method/Locati | Expectations | | Results* What do the data tell |
| Goal | | | on | | | you? How will you use this |
| | | | | | | data? How were data from the |
| | | | | | | last cycle used to make changes |
| | | | | | | during this cycle, and What |
| | | | | | | were the results of those |
| | | | | | | changes? |
| Instructional Goal To | Applied Practical | Completion of | Developing the | At least a 90% | Over 90% of | Outlining the entire process |
| provide a graduate | Experience All MPH | course | reference list 30 | completion rate | MPH students in | Capstone 1-4 has greatly |
| level public health | students will complete | assignments in | points | of Capstone 2 | Capstone 2 | helped student understand |
| education built on | a supervised professional | Capstones 2. Rationale: MPH | This is a | students on | successfully (80% or greater) | what is required in each |
| public health competencies for | experience capstone | students work | refining | assignments with a grade of 80% | completed their | Capstone and where the assignment will leads them in |
| students and health | project. | with Lamar | process. | or greater. | assignments. | the end to a final project. |
| professionals within | | supervisors to | Find relative | g. canon | a so significant | |
| a framework of | | use critical | literature (if a | | | |
| social justice, health | | thinking skills to | search yields | | | |
| equity and | | develop a | hundreds of | | | |
| determinants of health. Rationale: | | project that will impact on the | items use MESH terms of | | | |
| The capstone series | | population they | other | | | |
| in the MPH program | | wish to serve. | mechanism to | | | |
| is designed for | | Study topic, | reduce the | | | |
| students to interact | | population and | topic). | | | |
| and create | | research | Once you find | | | |
| professional | | question should | several articles | | | |
| programs in their | | be defined. | that address | | | |
| workplace. | | | the topic in a way you want, | | | |
| | | | use their | | | |
| | | | reference list to | | | |
| | | | find similar | | | |
| | | | research. | | | |
| | | | Read relevant | | | |
| | | | articles and | | | |

| <u> </u> | Ţ | |
|----------|-------------------|---|
| | write down | 7 |
| | items like | |
| | | |
| | research | |
| | questions | |
| | ,method info | |
| | (subjects, | |
| | instruments, | |
| | | |
| | etc) to help | |
| | refine your | |
| | question and | |
| | population. | |
| | • Build your | |
| | reference list | |
| | | |
| | and literature | |
| | review to your | |
| | more specific | |
| | parameters. | |
| | paramotoro. | |
| | | |
| | | |
| | | |
| | Refining the | |
| | Research | |
| | Question (20 | |
| | | |
| | points) | |
| | | |
| | In Capstone | |
| | one you should | |
| | have gotten a | |
| | topic for your | |
| | topic for your | |
| | research and | |
| | begun | |
| | searching for | |
| | articles. | |
| | | |
| | In Constant | |
| | In Capstone | |
| | two we need to | |
| | refine the topic. | |
| | | |
| | How do your | |
| | rofino vour | |
| | refine your | |
| | topic: | |
| | Examine the | |
| | literature you | |
| | have found | |
| | | |
| | most closely | |
| | related to your | |

| research topic, |
|--------------------|
| look at the way |
| they address |
| the topic. |
| • do something |
| similar with a |
| different group. |
| • address a |
| slightly different |
| question |
| (approach the |
| topic in a |
| different way) |
| • find more |
| articles and list |
| the research |
| |
| questions to |
| see if so |
| questions |
| needs to be |
| addressed. |
| Try to take a |
| big topic that |
| might result in |
| hundreds of |
| articles per |
| search and |
| narrow the |
| search by ways |
| the topic can be |
| addressed or |
| has not been |
| addressed as |
| intensely. |
| ' |
| |
| Defining your |
| population (20 |
| points) |
| points) |
| Vour population |
| Your population |
| may already be |
| defined: |
| • you may know |
| whom you wish |
| to study. |

| data is already |
|--------------------|
| gathered that |
| you will be |
| utilizing. |
| • you may see a |
| need for a |
| |
| specific group |
| to be studied. |
| If not, examine |
| whom has been |
| studied in the |
| method section |
| of your articles |
| for possible |
| answers. |
| |
| This was part of |
| your Capstone |
| one and if you |
| |
| have your |
| population |
| simply say who |
| they are and |
| why you have |
| chosen them |
| (subject of |
| interest, there is |
| need to study |
| group, etc). |
| |
| Literature |
| Review (50 |
| |
| points) |
| Literature |
| Literature |
| review should |
| include: |
| Introduction |
| • at least 2 |
| pages to |
| include the |
| research |
| question(s) |
| Review of |
| relevant |
| literature |
| illerature |

| ı | I | 1 | | | 1 |
|---|--|--|--|---|--|
| | | • at least 5 pages in APA format (this may still be broad at this point) | | | |
| Submission of professional proposal in the Capstone 3 course. | Capstone 3 Assignment (proposal) Rationale: A grade of 80% is a rigorous standard for this assignment. 1) Professional Paper (study proposal) (100 Points) | Capstone 3 assignments Literature Review (50 pts) Literature review should contain a. Introduction b. Research Question(s) c. Relevant review of literature (Minimum of 8- 10 pages written in APA format) Methods (30 pts) Methods should contain: a. subjects population you wish to study and how many you might wish to participate. b. Treatment (describe typical session with subjects, might be an education | Successful grade on the proposal is 80% or greater. The program goal is 90% success rate for MPH students. | Over a 90% of Capstone 3 students successfully completed their proposals during the 2022-23 academic cycle. | Assignments in the Capstones 1-3 courses now make more sense to the students as they understand how the series is building their projects. |
| | | seminar, testing | | | |

| survey etc.) | |
|-----------------------|--|
| This could be | |
| data base used | |
| to conduct the | |
| to conduct the | |
| study. | |
| c. Describe any | |
| instrument to | |
| be utilized, | |
| Survey etc. | |
| d. What | |
| | |
| analysis might | |
| be utilized. | |
| | |
| Look at similar | |
| research | |
| reath ada for | |
| methods for | |
| <u>common</u> | |
| instruments and | |
| analysis, this | |
| can not only be | |
| helpful for | |
| <u>neiprarior</u> | |
| writing your | |
| methods but is | |
| important when | |
| conducting | |
| research in an | |
| | |
| <u>area.</u> | |
| | |
| <u>CITI</u> | |
| certification (40 | |
| pts) | |
| <u> </u> | |
| OUTLITUEL | |
| CITI Training | |
| 1. Go to the | |
| <u>Lamar</u> | |
| homepage: | |
| https://www.lam | |
| | |
| ar.edu/ | |
| 2. In the Search | |
| box type "IRB | |
| "and hit search. | |
| 3. 3. Scroll do | |
| the page to | |
| "CITI Livror | |
| "CITI Human | |
| Subjects Training" | |
| <u>Training"</u> | |
| | |

| 1 | | | | 1 | |
|-----------------------|-----------------|-------------------|-----------------|---------------|----------------------------|
| | | 4. Click on CITI | | | |
| | | (at end of | | | |
| | | sentence) | | | |
| | | 5. Open "if you | | | |
| | | are a new user" | | | |
| | | tab and Go | | | |
| | | through the | | | |
| | | | | | |
| | | steps to register | | | |
| | | for the course. | | | |
| | | 6. Once you | | | |
| | | <u>have</u> | | | |
| | | registered, you | | | |
| | | are to take: | | | |
| | | | | | |
| | | Lamar | | | |
| | | University | | | |
| | | courses: | | | |
| | | <u> </u> | | | |
| | | Social & | | | |
| | | Behavioral | | | |
| | | | | | |
| | | Research - | | | |
| | | Basic/Refresher | | | |
| | | (15 modules) | | | |
| | | | | | |
| | | <u>or</u> | | | |
| | | | | | |
| | | Biomedical | | | |
| | | Research - | | | |
| | | Basic/Refresher | | | |
| | | (17 modules) | | | |
| | | 7. Open the | | | |
| | | course, you | | | |
| | | must complete | | | |
| | | | | | |
| | | all 15 or 17 | | | |
| | | modules to get | | | |
| | | your certificate. | | | |
| | | 8. Turn in a | | | |
| | | copy of your | | | |
| | | Certificate on | | | |
| | | Blackboard. | | | |
| Public Health | Students will | Each flyer is | 90% completion | Over 90% of | Over 90% of Capstone IV |
| Community Outreach | upload at least | worth 25 points | rate (grade of | Capstone IV | students in 2022-23 |
| Rationale: | two products on | (50 total) | 80% or greater) | students | successfully completed the |
| Communication skills | Blackboard in | (30 (3(4)) | for product | successfully | community outreach |
| will be essential for | Capstone IV | | production in | completed the | assignment. |
| MPH students to be | | The flyers may | | | assigninent. |
| wird students to be | course.1) | The flyers may | Capstone IV. | community | |

| | | 1 | | |
|------------------------|------------------|---------------------------------|-------------|--|
| successful in the work | Educational | be but not | outreach | |
| environment. Students | flyers (2) | limited to: | assignment. | |
| will produce at least | promoting the | | | |
| two "products" | subject chosen | Recruitment | | |
| (outcomes) towards | for the Capstone | flyer for a study. | | |
| community outreach as | project (100 | ., | | |
| a result of capstone | Points). | Educational | | |
| experience | 1 011113). | flyer on your | | |
| | | | | |
| Examples of "products" | | subject area. | | |
| include: brochures | | | | |
| ,flyers, copies of | | Recruitment | | |
| presentations | | flyer for an | | |
| (professional and | | education | | |
| community outreach), | | session on your | | |
| media releases, | | topic. | | |
| evaluation reports, | | o Date, time, | | |
| community reports and | | information on | | |
| others. | | for whom and | | |
| | | why the topic is | | |
| | | to be offered. | | |
| | | to be offered. | | |
| | | | | |
| | | | | |
| | | | | |
| | | The flyers are | | |
| | | typically one | | |
| | | page but may | | |
| | | be presented | | |
| | | as a front back | | |
| | | if addition | | |
| | | space is | | |
| | | needed for | | |
| | | content. | | |
| | | CONTENT. | | |
| | | | | |
| | | | | |

Table 2. Continuous Improvement Results Since Last Report

| Stage 4: ACT | | |
|--|-------------------|---|
| Actions/Goals Based on Data Results | Status | Discussion of Status |
| *Copy last cycle's actions/goals and report on | C=Complete | If C, describe efforts that led to accomplishment of |
| progress toward continuous improvement on those | P=Progressing | actions/goals. |
| here. | N=No Action Taken | If P, provide update on progress made toward accomplishing actions/goals and what tasks remain If N, discuss why action toward accomplishing actions/goals has been delayed and what work will be initiated toward accomplishment. |
| Instructional Goal To provide a graduate level public health education built on public health competencies for students and health professionals within a framework of social justice, health equity and determinants of health. Rationale: The capstone series in the MPH program is designed for students to interact and create professional programs in their workplace. | P | The quality of projects have begun to improve as students now understand more fully the Capstone process. |
| Capstone 3 Assignment (proposal) Rationale: A grade of 80% is a rigorous standard for this assignment. 1) Professional Paper (study proposal) (100 Points) | P | Less confusion has lead to more efficient work and better quality. |
| Confusion on assignments and the Capstone process was the major issue found in success for the outcome. | P | The overall understanding of the Capstone process especially in capstones 1-3, has lead to more time on task and is resulting in better products. |
| | | |