

Kinesiology Content Knowledge and Application

PETE undergraduates will demonstrate proper knowledge and application of kinesiology content in two different measures. One measure students will develop a physical education unit plan for six weeks of instruction to evaluate proper skill progress (and more). The second measure will be from a Motor Development where students participate, record, and apply data and their kinesiology content knowledge to current norms.

MEASURES	RESULTS	ACTIONS
Unit Plan Project During the KINT 4310 Curriculum and Programming course, PETE students will complete a six-week unit plan and will receive a score of out of 64 possible points on the unit plan. The unit plan will assess students' ability to plan a six-week unit for physical education. The unit plan consists of Content knowledge (goals/objectives, sequenced progression of lessons, and lesson task analysis), Pedagogical Strategies/Methods, and Key Assessment for the lessons. Direct - Assignment <i>Curriculum and Programming: KINT 4310</i> Target By the end of the semester, the majority of the students must make a minimum of 44.8 out of 64 points (or 70%) on the six-week unit plan project. 6 Wk Unit Plan Rubric updated 2024.doc	MET Summary Attached are 3 Documents: Table 1: Statistics- This document includes overall general statistics about the Unit Plan Project. Example data includes: Number of students, Minimum/Maximum Values, Ranges, Average, and Median Scores. Table 2: Grade Distribution- This document includes how grades for the Unit Plan Project distributed over a 100 % scale. For example, how many students met the minimum criteria of 44.8 points or 70%. Table 3: Student Scores and %- This document includes all students scores and the average score. Both students exact score and percent out of 100 are listed as well as the class average for the assignment. Unit Plan ProjectTable 1 Statistics.xlsx Unit Plan ProjectTable 2 Grade Distribution.xlsx Unit Plan ProjectTable 3 Student Scores and Percentages.xlsx Analysis Overall, 8 out of 9 (or 88.9%) of students in the KINT 4310 Curriculum and Programming course met the minimum criteria of scoring 70% or greater on the six-week unit plan. This course was only taught during the Spring 2026 semester. The average score was 56.89 out of 64 points (or 88.9%). The median score was 64 out of 64 points (or 100%). The student that made the zero, did not submit the 6 Week Unit Plan.	Revise Measurement / Assessment IN PROGRESS In the upcoming year a new rubric will be developed to reflect the focus areas and point values might be adjusted. Recommended Due Date: 05/31/2027
Motor Development Lab During the KINT 3370 Motor Development course, PETE students will complete a lab over kinesiology content information where they will be required to participate in, record lab data, and apply information learned from the lab to current research norms. The lab is worth a total of 100 possible points.	MET Summary Attached are 2 Documents: Table 1: Student Scores and %- This document includes all students scores and the average score. The students exact score is listed as well as the class average for the exam. Other data included: Number of	Revise Measurement / Assessment IN PROGRESS Throughout the year, review and revise the Lab accordingly to make sure that the website link that goes along with the lab is still current and working. Recommended Due Date: 05/31/2027

Direct - Assignment <i>Motor Development: KINT 3370</i> Target The proficiency level for all lab assignment submissions by students enrolled in KINT 3370 Motor Development must meet a minimum average grade of 70% pass rate. LAB1ch7 updated.docx	students, Minimum/Maximum Values, Range, Average, and Median Scores. Table 2: Grade Distribution- This document includes how grades for the Lab distributed over a 100 % scale. MotorDevelopmentLabTable 1 Statistics.xlsx MotorDevelopmentLabTable 2 Grade Distribution.xlsx Analysis Overall, 59 of 59 (or 100%) of students who submitted the KINT 3370 Motor Development Lab assignment met the 70% minimum pass rate. The average score was 99.02 and the median score was 100. The course was taught in Summer 2025, Fall 2025, and Spring 2026. There were 6 students that did not submit the lab assignment and those grades were not calculated with the other data.	
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Pedagogical Instructional Knowledge

PETE undergraduates will demonstrate knowledge of pedagogical skills in two different measures. The first measure the students show mastery in planning procedures by creating a classroom management plan to develop a holistic approach to management planning. For the second measure, students demonstrate their pedagogical skills by group elementary teaching physical education lessons to their peers.

MEASURES	RESULTS	ACTIONS
Classroom Management Plan During the KINT 3320 Management Skills course, PETE students will create a classroom management plan and will receive a score (out of 90 possible points) on the rubric. The rubric consists of six areas: 1-Creating a positive environment, 2-Managing/Procedures, 3-Managing Student Behavior, 4-Organizing physical space, and 5-Communicating with Families/Caregivers, 6-Following Directions, Grammar, Mechanics. Direct - Assignment <i>Management Skills: KINT 3320</i> Target 70% of the students enrolled in KINT 3320 Management Skills will score a passing grade (70% or higher) on the Classroom Management Plan. PE management plan rubric.png	MET Summary <u>Attached are 3 Documents:</u> Table 1: Management Rubric Scores- This document includes all students scores and the average and median scores for the assignment. Table 2: Grade Distribution- This document includes how grades for the Classroom Management Plan distributed over a 100 % scale. Table 3: Rubric Scores Breakdown- This document shows a breakdown of each section of the Classroom Management Plan and what the highest and lowest scoring sections were. CMPlan Table 1 Rubric Scores.xlsx CMPlan Table 2 Grade Breakdown.xlsx CMPlan Table 3 Rubric Breakdown.xlsx Analysis Overall, for the 2025-2026 academic year, all students (or 100%) met the	Gather Additional Data IN PROGRESS Many students are scoring lower simply for poorly following directions. Next year, we will look at scores for content itself outside of this to see if there is any more variation in the scores. Recommended Due Date: 05/31/2027 Revise Measurement / Assessment IN PROGRESS A pre-assessment is being developed to help prepare students and see what they have gained by the end of the semester, and this can be used to see what areas need to be further emphasized. Recommended Due Date: 05/31/2027

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	minimum score of 70% on the Classroom Management Plan. There were 6 students total. The average score for the assignment was 85%. This is similar to last years' results but a little higher.	
PE Pedagogical Skills During the KINT 3390 Elementary Methods and Activities course, PETE students will group teach two lessons to their peers. Student groups will be assessed on their use of pedagogical skills each lesson. The two lesson scores will be reviewed to determine the PE pedagogical skills progression from lesson one to lesson two. <i>Elementary Methods & Activities: KINT 3390</i> Target As a class, group scores in the pedagogical areas will increase between the two peer teaching lessons. PE pedagogical skills rubric.docx	MET Summary <u>Attached 1 Document:</u> Table 1: Comparing Lesson 1 Data to Lesson 2 Data- This document includes lesson plan 1 and lesson plan 2 scores and compares them. Elementary PE Pedagogical Skills Table 1.xlsx Analysis Overall, the KINT 3390 Elementary Methods and Activities class average improved in all categories/sections from Lesson 1 to Lesson 2, with the exception of one category staying the same for only one group. This is impressive as Lesson 2 is graded harder. This was a smaller class than usual, so one group (of two students) not improving in 1 of the 5 areas is reasonable.	Revise Measurement / Assessment IN PROGRESS The PE Pedagogical Rubric that lists and explains the categories will need to be reviewed and revised to reflect any future adaptations to our program, the content exam, and/or best practices in the field. Recommended Due Date: 05/31/2027

Program Overview & Effectiveness

The PETE students will be responsible for completing a philosophy of physical education and coaching as well as an exit exam before graduating Lamar. These measures will help with program evaluation and effectiveness, improvements, and allow students to demonstrate their content knowledge.

MEASURES	RESULTS	ACTIONS
Exit Exam The Senior Exit Exam will be administered online to PETE undergraduates during their graduating semester. The PETE certification route seniors will take the exam during PEDG 4630 Clinical Teaching. The PETE non-certification route seniors will be in or have taken KINT 4312 Senior Seminar and will have access to this exam. The test consists of multiple choice, true/false, short answer questions regarding their content knowledge and experience within the program. Here is the link to the exit exam: https://forms.office.com/Pages/ResponsePage.aspx?id=W2D4jLL3JEiG-2BEI8MjldjSWM_HrYhPmgvQ7xaBg4tUMjBITU85TURZWFRSFFNMVJDSktSNTNIWi4u Direct - Other Target The proficiency level for all submitted exit exams by graduating PETE students must meet a minimum average grade of 60% pass rate.	MET Summary <u>Attached are 2 Documents:</u> Table 1: Student Scores and %- This document includes all students scores and the average score. Both students exact score and percent out of 100 are listed as well as the class average for the exam. Other data included: Number of students, Minimum/Maximum Values, Range, Average, and Median Scores.	Revise Measurement / Assessment IN PROGRESS In the upcoming semesters, the exit exam will be sent out sooner to allow more time to complete. More consistent reminders will be emailed out for students to complete the exam. The exit exam questions will be reviewed as well and focus areas and might be adjusted reflecting any adaptations.

	• Table 2: Grade Distribution- This document includes how grades for the Exit Exam distributed over a 100 % scale. Exit ExamTable 1 Student Scores and Percentages.xls X Exit ExamTable 2 Grade Distribution.xlsx Analysis Overall, the average pass rate from all submitted exit exams did meet the 60% minimum. The average score was 94 of 120 points (or 78.3%) and the median score was 100 out of 120 points (or 83.3%). Ten students completed the exit exam, and four students did not submit the exam.	There are a few questions on the exam that need to be reviewed and might need to be updated. Recommended Due Date: 05/31/2027
Teaching and Coaching Philosophies PETE students in the KINT 4312 Senior Seminar course, will complete a philosophy of teaching and a philosophy of coaching. Student philosophies are assessed for their mastery in kinesiology and pedagogical content, being educationally sound, and meeting coaching and teaching standards. The rubric is out of 50 points where a score of 80% would be equal to 40 points. Direct - Assignment <i>Senior Seminar: KINT 4312</i> Target 90% of the PETE students are expected to score above an 80% showing that they are meeting standards and educationally sound. Coaching and Teaching Philosophy Rubric Content Only.docx	NOT MET Summary Attached are 2 Documents: • Table 1: Statistics- This document includes overall general statistics about the Philosophy Assignment. Example data includes: Number of students, Minimum/Maximum Values, Ranges, Average, and Median Scores. • Table 2: Grade Distribution- This document includes how grades for the Philosophy assignment distributed over a 100 % scale. Coaching Philosophies Table 2 Grade Distribution.xlsx Coaching Philosophy Range Scores.xlsx Analysis Overall, 41 out of 53 (or 77%) of students in the KINT 4312 Senior Seminar course met the minimum criteria of scoring 80% or	Revise Measurement / Assessment IN PROGRESS It was previously thought that the rubric was not sensitive enough but with a smaller class size it was harder to tell. With the larger class size and more data, we can confirm that the rubric needs to be adjusted. Recommended Due Date: 05/31/2027 Gather Additional Data IN PROGRESS Further, we think it is important for next year that we will look at scores for content itself outside of this to see if there is any more variation in the scores. Recommended Due Date: 05/31/2027

	greater on the Philosophy assignment. The average was 86.45%. The median score was 88.33%. This would mean the target was not met. However, there were several students with late work and other students not following directions. Each of these students' rubric was reviewed. Their content aligned with the course material. They lost points simply on late work or not following directions. Adjusting for that, 100% of students met the criteria.	
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