

## Kinesiology Content Knowledge and Application

PETE undergraduates will demonstrate proper knowledge and application of kinesiology content in two different measures. One measure students will develop a physical education unit plan for six weeks of instruction to evaluate proper skill progress (and more). The second measure will be from a Motor Development where students participate, record, and apply data and their kinesiology content knowledge to current norms.

| MEASURES   | RESULTS   | ACTIONS   |
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| <p><b>Unit Plan Project</b></p> <p>During the KINT 4310 Curriculum and Programming course, PETE students will complete a six-week unit plan and will receive a score of out of 64 possible points on the unit plan. The unit plan will assess students' ability to plan a six-week unit for physical education. The unit plan consists of Content knowledge (goals/objectives, sequenced progression of lessons, and lesson task analysis), Pedagogical Strategies/Methods, and Key Assessment for the lessons.</p> <p>Direct - Assignment</p> <p><i>Curriculum and Programming: KINT 4310</i></p> <p><b>Target</b></p> <p>By the end of the semester, the majority of the students must make a minimum of 44.8 out of 64 points (or 70%) on the six-week unit plan project.</p> <p><a href="#">6 Wk Unit Plan Rubric updated 2024.doc</a></p> | <p><b>MET</b></p> <p><b>Summary</b></p> <p><b>Attached are 3 Documents:</b><br/> <b>Table 1: Statistics-</b> This document includes overall general statistics about the Unit Plan Project. <i>Example data includes: Number of students, Minimum/Maximum Values, Ranges, Average, and Median Scores.</i><br/> <b>Table 2: Grade Distribution-</b> This document includes how grades for the Unit Plan Project distributed over a 100 % scale. For example, <i>how many students met the minimum criteria of 44.8 points or 70%.</i><br/> <b>Table 3: Student Scores and %-</b> This document includes all students scores and the average score. <i>Both students exact score and percent out of 100 are listed as well as the class average for the assignment.</i></p> <p><a href="#">Unit Plan ProjectTable 1 Statistics.xlsx</a></p> <p><a href="#">Unit Plan ProjectTable 2 Grade Distribution.xlsx</a></p> <p><a href="#">Unit Plan ProjectTable 3 Student Scores and Percentages.xlsx</a></p> <p><b>Analysis</b></p> <p>17 out of 18 (or 94.4%) of students in the KINT 4310 Curriculum and Programming course met the minimum criteria of scoring 70% or greater on the six-week unit plan. This course was only taught during the Spring 2025 semester. The average score was 59.72 out of 64 points (or 93.3%). The median score was 62.5 out of 64 points (or 97.7%).</p> | <p><b>Revise Measurement / Assessment</b></p> <p><b>IN PROGRESS</b></p> <p>In the upcoming semesters a new rubric will be developed and focus areas and/or point values might be adjusted reflecting the adaptations.</p> <p>Recommended Due Date: 05/31/2026</p>               |
| <p><b>Motor Development Lab</b></p> <p>During the KINT 3370 Motor Development course, PETE students will complete a lab over kinesiology content information where they will be required to participate in, record lab data, and apply information learned from the lab to current research norms. The lab is worth a total of 100 possible points.</p> <p>Direct - Assignment</p> <p><i>Motor Development: KINT 3370</i></p>  | <p><b>MET</b></p> <p><b>Summary</b></p> <p><b>Attached are 2 Documents:</b><br/> <b>Table 1: Student Scores and %-</b> This document includes all students scores and the average score. <i>The students exact score is listed as well as the class average for the exam. Other data included: Number of students, Minimum/Maximum Values, Range, Average, and Median Scores.</i><br/> <b>Table 2: Grade Distribution-</b> This document includes how grades for the</p>  | <p><b>Revise Measurement / Assessment</b></p> <p><b>IN PROGRESS</b></p> <p>Throughout the year, review and revise the Lab accordingly to make sure that the website link that goes along with the lab is still current and working.</p> <p>Recommended Due Date: 05/31/2026</p> |

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| <p><b>Target</b></p> <p>The proficiency level for all lab assignment submissions by students enrolled in KINT 3370 Motor Development must meet a minimum average grade of 70% pass rate.</p> <p><a href="#">LAB1ch7 updated.docx</a></p> | <p>Lab distributed over a 100 % scale.</p> <p><a href="#">MotorDevelopmentLabTable 1 Statistics.xlsx</a></p> <p><a href="#">MotorDevelopmentLabTable 2 Grade Distribution.xlsx</a></p> <p><b>Analysis</b></p> <p>Overall, 83 of 83 (or 100%) of students who submitted the KINT 3370 Motor Development Lab assignment met the 70% minimum pass rate. The average score was 98.94 and the median score was 100. The course was taught in Summer 2024, Fall 2024, and Spring 2025. There were 4 students that did not submit the lab assignment and those grades were not calculated with the other data.</p> |  |
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Pedagogical Instructional Knowledge

PETE undergraduates will demonstrate knowledge of pedagogical skills in two different measures. The first measure the students show mastery in planning procedures by creating a classroom management plan to develop a holistic approach to management planning. For the second measure, students demonstrate their pedagogical skills by group elementary teaching physical education lessons to their peers.

| MEASURES  | RESULTS   | ACTIONS  |
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| <p><b>Classroom Management Plan</b></p> <p>During the KINT 3320 Management Skills course, PETE students will create a classroom management plan and will receive a score (out of 90 possible points) on the rubric. The rubric consists of six areas: 1-Creating a positive environment, 2-Managing/Procedures, 3-Managing Student Behavior, 4-Organizing physical space, and 5-Communicating with Families/Caregivers, 6-Following Directions, Grammar, Mechanics.</p> <p>Direct - Assignment</p> <p><i>Management Skills: KINT 3320</i></p> <p><b>Target</b></p> <p>70% of the students enrolled in KINT 3320 Management Skills will score a passing grade (70% or higher) on the Classroom Management Plan.</p> <p><a href="#">PE management plan rubric.png</a></p> | <p><b>MET</b></p> <p><b>Summary</b></p> <p><b>Attached are 3 Documents:</b><br/><b>Table 1: Management Rubric Scores-</b> This document includes all students scores and the average and median scores for the assignment.<br/><b>Table 2: Grade Distribution-</b> This document includes how grades for the Classroom Management Plan distributed over a 100 % scale.<br/><b>Table 3: Rubric Scores Breakdown-</b> This document shows a breakdown of each section of the Classroom Management Plan and what the highest and lowest scoring sections were.</p> <p><a href="#">ClassroomManagementPlanTable 1ManagementRubricScores.xlsx</a></p> <p><a href="#">ClassroomManagementPlanTable2Grade Distribution.xlsx</a></p> <p><a href="#">ClassroomManagementPlanTable3RubricScoresBreakdownBySection.xlsx</a></p> <p><b>Analysis</b></p> <p>Overall, for the 2024-2025 academic year, 17 out of 18 students (or 94%) met the minimum score of 70% on the Classroom Management Plan. There were 18 student's total – one did not submit. The average of everyone that submitted</p> | <p><b>Revise Measurement / Assessment</b></p> <p><b>IN PROGRESS</b></p> <p>In the upcoming semesters a pre-assessment is being developed to help prepare students and see what they have improved on by the end of the semester.</p> <p>Recommended Due Date: 05/31/2026</p> |

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|  | the assignment was 89.50%. This is similar to last years' results.  |  |
| <p><b>PE Pedagogical Skills</b></p> <p>During the KINT 3390 Elementary Methods and Activities course, PETE students will group teach two lessons to their peers. Student groups will be assessed on their use of pedagogical skills each lesson. The two lesson scores will be reviewed to determine the PE pedagogical skills progression from lesson one to lesson two.</p> <p><i>Elementary Methods &amp; Activities: KINT 3390</i></p> <p><b>Target</b></p> <p>As a class, group scores in the pedagogical areas will increase between the two peer teaching lessons.</p> <p><a href="#">PE pedagogical skills rubric.docx</a></p> | <p><b>MET</b></p> <p><b>Summary</b></p> <p><b>Attached 1 Document:</b><br/> <b>Table 1: Comparing Lesson 1 Data to Lesson 2 Data-</b> This document includes lesson plan 1 and lesson plan 2 scores and compares them.</p> <p><a href="#">PE Pedagogical SkillsTable 1Comparing Lesson 1 Data to Lesson 2 Data.xlsx</a></p> <p><b>Analysis</b></p> <p>Overall, the KINT 3390 Elementary Methods and Activities class average improved in all categories/sections from Lesson 1 to Lesson 2. This is impressive Lesson 2 is graded harder.</p> | <p><b>Revise Measurement / Assessment</b></p> <p><b>IN PROGRESS</b></p> <p>The PE Pedagogical Rubric that lists and explains the categories will need to be reviewed and revised to reflect any future adaptations to our program, the content exam, and/or best practices in the field.</p> <p>Recommended Due Date: 05/31/2026</p> |

## Program Overview &amp; Effectiveness

The PETE students will be responsible for completing a philosophy of physical education and coaching as well as an exit exam before graduating Lamar. These measures will help with program evaluation and effectiveness, improvements, and allow students to demonstrate their content knowledge.

| MEASURES   | RESULTS   | ACTIONS  |
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| <p><b>Exit Exam</b></p> <p>The Senior Exit Exam will be administered online to PETE undergraduates during their graduating semester. The PETE certification route seniors will take the exam during PEDG 4630 Clinical Teaching. The PETE non-certification route seniors will be in or have taken KINT 4312 Senior Seminar and will have access to this exam. The test consists of multiple choice, true/false, short answer questions regarding their content knowledge and experience within the program. Here is the link to the exit exam: <a href="https://forms.office.com/Pages/ResponsePage.aspx?id=W2D4jLL3JEiG-2BEi8MjldjSWM_HrYhPmgvQ7xaBg4tUMjBITU85TURZWFRSNFFNMVJDSktSNTNIWi4u">https://forms.office.com/Pages/ResponsePage.aspx?id=W2D4jLL3JEiG-2BEi8MjldjSWM_HrYhPmgvQ7xaBg4tUMjBITU85TURZWFRSNFFNMVJDSktSNTNIWi4u</a></p> <p>Direct - Other</p> <p><b>Target</b></p> <p>The proficiency level for all submitted exit exams by graduating PETE students must meet a minimum average grade of 60% pass rate.</p> | <p><b>NOT MET</b></p> <p><b>Summary</b></p> <p><b>Attached are 2 Documents:</b><br/> <b>Table 1: Student Scores and %-</b> This document includes all students scores and the average score. <i>Both students exact score and percent out of 100 are listed as well as the class average for the exam. Other data included: Number of students, Minimum/Maximum Values, Range, Average, and Median Scores.</i><br/> <b>Table 2: Grade Distribution-</b> This document includes how grades for the Exit Exam distributed over a 100 % scale.</p> <p><a href="#">Exit ExamTable 1 Student Scores and Percentages.xlsx</a></p> | <p><b>Revise Measurement / Assessment</b></p> <p><b>IN PROGRESS</b></p> <p>In the upcoming semesters, the exit exam will be sent out sooner to allow more time to complete. More consistent reminders will be emailed out for students to complete the exam. The exit exam questions will be reviewed as well and focus areas and might be adjusted reflecting any adaptations. There are a few questions on the exam that need to be reviewed and might need to be updated.</p> <p>Recommended Due Date: 05/31/2026</p> |

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|   | <p><a href="#">Exit ExamTable 2 Grade Distribution.xlsx</a></p> <p><b>Analysis</b></p> <p>Overall, the average pass rate from all submitted exit exams did not met the 60% minimum. The average and the median scores for the students that completed the exit exam were 70 out of 120 points (or 58.3%). Overall, five students completed the exit exam and two students did not submit the exam.</p>   |   |
| <p><b>Teaching and Coaching Philosophies</b></p> <p>PETE students in the KINT 4312 Senior Seminar course, will complete a philosophy of teaching and a philosophy of coaching. Student philosophies are assessed for their mastery in kinesiology and pedagogical content, being educationally sound, and meeting coaching and teaching standards. The rubric is out of 50 points where a score of 80% would be equal to 40 points.</p> <p>Direct - Assignment</p> <p>Senior Seminar: KINT 4312</p> <p><b>Target</b></p> <p>90% of the PETE students are expected to score above an 80% showing that they are meeting standards and educationally sound.</p> <p><a href="#">Coaching and Teaching Philosophy Rubric Content Only.docx</a></p> | <p><b>MET</b></p> <p><b>Summary</b></p> <p><b>Attached are 2 Documents:</b><br/> <b>Table 1: Statistics-</b> This document includes overall general statistics about the Philosophy Assignment. <i>Example data includes: Number of students, Minimum/Maximum Values, Ranges, Average, and Median Scores.</i><br/> <b>Table 2: Grade Distribution-</b> This document includes how grades for the Philosophy assignment distributed over a 100 % scale.</p> <p><a href="#">TeachingAndCoachingPhilosophiesTable 1 Statistics.xlsx</a></p> <p><a href="#">TeachingAndCoachingPhilosophiesTable 2 Grade Distribution.xlsx</a></p> <p><b>Analysis</b></p> <p>Overall, 20 out of 20 (or 100%) of students in the KINT 4312 Senior Seminar course met the minimum criteria of scoring 80% or greater on the Philosophy assignment. The average score was 98. The median score was 100.</p> | <p><b>Revise Measurement / Assessment</b></p> <p><b>IN PROGRESS</b></p> <p>For the KINT 4312 Senior Seminar's Coaching Philosophy, 100% of the students scored above the 80% minimum. Although this is good, it has been determined that this rubric is not sensitive enough. The data ranges are very close together. The rubric will be updated to better reflect the range of writing and comprehension students showcase in their philosophy.</p> <p>Recommended Due Date: 05/31/2026</p> |