

## Getting Help

Where can I get help? Gift of Life's mission is to help save the lives of underserved Southeast Texas women and men through the provision of free cancer screenings, diagnostics, and navigation through treatment, integrated with preventative education and awareness for all.

### Contact Information:

Mailing Address: 2390 Dowlen  
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Phone: 409-833-3663  
Fax: 409-833-2662  
Email: [info@giftoflifebmt.org](mailto:info@giftoflifebmt.org)

### Hours of Operation

Mondays – Fridays  
8:00 AM – 5:00 PM

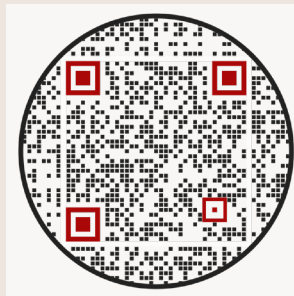
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# Breast Cancer

## Risks, Detection, and Treatment



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## How common is Breast Cancer in women?

In 2022, an estimated 287,850 new cases of invasive breast cancer are expected to be diagnosed in women in the U.S., along with 51,400 new cases of non-invasive (in situ) breast cancer.

## Can men get Breast Cancer?

About 2,710 new cases of invasive breast cancer are expected to be diagnosed in men in 2022.

## Can I die from Breast Cancer?

2022, it is estimated that 43,250 women and 530 men will die of breast cancer.

## Risk Factors

- Many risk factors affect lifetime exposure of breast tissue to hormones.
- Use of Estrogen- Progesterone hormones
- Type II Diabetes
- Obesity
- Family History of Breast OR Ovarian Cancer
- Breast Density
- Although exposures that influence risk accumulate throughout a woman's life, research suggests that the time between menarche and first pregnancy may be particularly critical.
- More research is needed on the relationship between breast cancer risk and the long-term effects of fertility medications.

## Timely Detection

- Women ages 40 to 44 should have the choice to start annual breast cancer screening with mammograms (x-rays of the breast) if they wish to do so.
- Women aged 45 to 54 should get mammograms every year.
- Women 55 and older should switch to mammograms every 2 years or can continue yearly screening.
- Screening should continue if a woman is in good health and is expected to live 10 more years or longer.
- All women should be familiar with the known benefits, limitations, and potential harms linked to breast cancer screening. Women should also know how their breasts normally look and feel and report any breast changes to a health care provider right away.