

Birdie Cardinal

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Beaumont, TX, 77710

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Education

Lamar University, Beaumont, TX
Bachelor of Science in Nursing

May 2015
G.P.A: 3.8

Clinical Experience

Pediatrics	St. Mary Hospital, Port Arthur, TX	Fall 2013
Obstetrics	St. Elizabeth Hospital, Beaumont, TX	Fall 2013
Emergency Room	St. Elizabeth Hospital, Beaumont, TX	Spring 2014
Medical-Surgical	St. Elizabeth Hospital, Beaumont, TX	Spring 2014
Intensive Care Unit	Memorial Herman Baptist Hospital, Beaumont, TX	Spring 2014

- Conducted head to toe assessments of patients
- Worked in a Intensive Care Unit with respirators, IVs, and a sterile environment
- Administered medications as ordered by physician
- Evaluated patient knowledge and provided education as needed

Experience

St. Mary Hospital, Port Arthur, TX
Patient Care Assistant (PCA)

March 2014- Present

- Obtain and recorded patient's vital sign, intake and output and blood glucose
- Assist patients with activities of daily living
- Work with diabetic, cardiac, and oncology patients
- Follow isolation and precautions and infections control procedures
- Participate on a health care team to provide quality care for patients
- Interact with patients and families to promote supportive environment
- Establish climate fostering privacy and individuality

Rose House- Assisted Living, Port Arthur, TX
Certified Nursing Aide

October 2012-March 2014

- Provided behavioral and emotional support, companionship, and supervision for residents with dementia and Alzheimer's
- Assisted with the activities of daily living to include bathing, dressing, oral care, and feeding
- Monitored and recorded vital signs, intake and output, blood glucose levels, and exercise regimen
- Ensured residents were cared for in a safe environment

Willowbend Nursing Home, Beaumont, TX
Certified Nursing Aide

January 2012- October 2012

- Provided feeding and mobility assistance
- Experience working with diverse populations
- Established good rapport with all staff and nurses
- Communicated effectively to supervisors and other staff at meetings and during shift change

Professional Associations

Lamar University Texas Student Nursing Association
Treasurer

August 2013- Present

- Responsible for collecting monthly dues and conference fees
- Accurately reviewing budget and ensuring members are aware of funds

Certifications

- Certified Nurse Aide
- CPR certified through American Heart Association
- Communicate effectively both written and orally