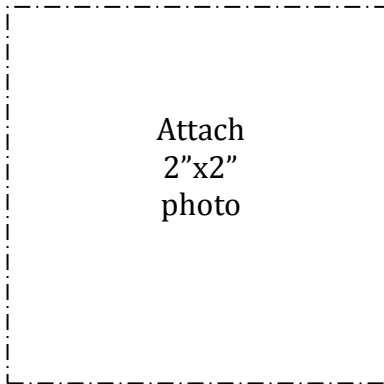


# Biographical Information Worksheet

Step 2 of 2 – Return completed form and required documents by Friday, February 26, 2016

*Complete this form and return to the Advising Center Office in Parker 106. Please include the final drafts of your personal statement and résumé.*



Interview Date: \_\_\_\_\_

Academic Year: **2015-2016/ EY2017**

Primary Advisor: \_\_\_\_\_

- Course of Study:
- Pre-Dental
  - Pre-Medical
  - Pre-Optometry
  - Pre-Veterinarian

Name: \_\_\_\_\_ Student ID#: \_\_\_\_\_  
Last First Middle Initial

Major(s): \_\_\_\_\_ Expected Graduation Date: \_\_\_\_\_

Best Contact Phone Number: \_\_\_\_\_

Best Contact Email Address: \_\_\_\_\_

Best Contact Mail Address: \_\_\_\_\_

Highest SAT Score: \_\_\_\_\_ Highest ACT Score: \_\_\_\_\_  
Total Math Verbal Composite

Please provide test score(s) and date(s). If pending, indicate anticipated date of exam.

- MCAT     DAT     OAT     GRE

Individual Subject Scores	Combined Score	Examination Date	Individual Subject Scores	Combined Score	Examination Date

**Submit the completed forms to Parker 106 by Friday, February 26, 2016.**

OFFICIAL USE ONLY			
Lamar GPA: _____ Lamar Quality Hours: _____	Transfer GPA: _____ Transfer Quality Hours: _____	Math/Science GPA: _____ Math/Science Quality Hours: _____	Graduate GPA: _____ Graduate Quality Hours: _____
Other Universities Attended: _____			

# Authorization for Committee Letter

Step 1 of 2 – Return completed form by Friday, February 12, 2016

*In order to select an interview time, students must submit this signed form to Parker 106.*

**Student Name:** \_\_\_\_\_ **Student ID#:** \_\_\_\_\_  
Last First Middle Initial

**STUDENTS:** Be prepared to submit a draft of your personal statement and resume to your Pre-Professional faculty advisor. Please review the items detailed below or the pre-professional application packet for more information.

Your personal statement should be limited to a length of 1 ½ pages. Topics may include (but are not limited to) your motivation for a career in medicine, any significant hardship or adversity you have overcome, and/or experiences of other cultures.

Your résumé should be no more than 2 pages. Include work experience, academic awards, volunteer/internship/shadowing experiences, and foreign language competency.

<b>FACULTY:</b> Please review the pre-requisites outlined by TMDSAS. Courses should be completed prior to or during the semester a student meets with the Pre-Professional Committee.	
_____ <b>BIOLOGY:</b> 14 semester hours required. <input type="checkbox"/> BIOL 1406 <input type="checkbox"/> BIOL 3470 <input type="checkbox"/> BIOL 1407 <input type="checkbox"/> BIOL 4405 <input type="checkbox"/> BIOL 3440 <input type="checkbox"/> BIOL 4410 <input type="checkbox"/> BIOL 2420 <input type="checkbox"/> BIOL 4450 <input type="checkbox"/> BIOL 3450 <input type="checkbox"/> BIOL 4460 <input type="checkbox"/> BIOL 3460 <input type="checkbox"/> BIOL 4470 or CHEM 4411	_____ <b>MATH:</b> 3 semester hours required. <i>For pre-med: Statistics preferred. Calculus only accepted at 3 Texas medical schools.</i> <i>For pre-dental: Calculus is not accepted. Must have statistics.</i>  <input type="checkbox"/> MATH 1342 <input type="checkbox"/> MATH 2376
_____ <b>ENGLISH:</b> 6 semester hours required. <input type="checkbox"/> ENGL 1301 <input type="checkbox"/> ENGL 1302 <input type="checkbox"/> ENGL 1360-H <input type="checkbox"/> ENGL 1361-H	_____ <b>GENERAL CHEMISTRY:</b> 8 semester hours required. <input type="checkbox"/> CHEM 1411 <input type="checkbox"/> CHEM 1412
_____ <b>PHYSICS:</b> 8 semester hours required. <input type="checkbox"/> PHYS 1401 <input type="checkbox"/> PHYS 1402 <input type="checkbox"/> PHYS 2425 <input type="checkbox"/> PHYS 2426	_____ <b>ORGANIC CHEMISTRY:</b> 8 semester hours required. <input type="checkbox"/> CHEM 3411 <input type="checkbox"/> CHEM 3412  _____ <b>BIOCHEMISTRY:</b> 3 semester hours <i>Biochemistry is required by UTSA, TT, A &amp; M, but strongly recommended by all other TMDSAS schools.</i> <input type="checkbox"/> CHEM 4411 <input type="checkbox"/> BIOL 3415

Faculty Advisor: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**Please bring this signed form back to the College of Arts and Sciences Advising Center located at Parker 106 by Friday, February 12 to sign up for an interview time.**

## INTERVIEW STEPS

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Step 1	<p>Begin writing your personal statement and résumé. A draft copy must be submitted to your faculty advisor as part of your <i>Authorization for Committee Letter</i>.</p> <ul style="list-style-type: none"><li>The <u>personal statement</u> should be no more than a 1 ½ pages long (for more information, review the application guidelines set by TMDAS at 62 lines at 80 characters per line). Issues to address in the personal statement may include, but are not limited to, the following:<ol style="list-style-type: none"><li>1. Motivation for medicine as a career;</li><li>2. Significant research experience;</li><li>3. Circumstances indicative of some hardship or adversity;</li><li>4. Socioeconomic background;</li><li>5. First generation to attend or graduate from a university; and/or</li><li>6. Experience of other cultures and the human condition.</li></ol></li><li>The <u>résumé</u> should be no more than a 2 page maximum. Information should include: Work experience; academic awards; community service; internships/shadowing experience; foreign language competency.</li></ul>
Step 2	<p>Make an appointment to meet with your pre-professional faculty member. He/She will review your academic progress and determine if you are at the point to meet with the Committee. If you're ready, your advisor will sign the <i>Authorization</i> (Step 1 of 2).</p>
Step 3	<p>Return the <b>signed</b> <i>Authorization</i> to Parker 106 no later than February 12, 2016 to sign up for an interview time. Delay in returning the signed <i>Authorization</i> form may jeopardize a convenient interview time. Committee interviews are scheduled for Friday, March 4, April 1, April 8, and April 22.</p>
Step 4	<p>Keep in contact with your faculty advisor as often as necessary to improve your personal statement and résumé.</p>
Step 5	<p>Submit the final draft of your personal statement, résumé, and <i>Biographical Information Worksheet</i> (Step 2 of 2) to Parker 106 for distribution to Committee members. These documents <b>must be submitted to the Advising Center Office by Friday, February 26, 2016</b>. Please note the <i>Information Worksheet</i> requires a 2" x 2" passport-type photograph.</p>
Step 6	<p>Begin to review the websites listed on the <i>Recommended Pre-Professional Websites</i> document. The list provides a starting point for your familiarity with professional exams and application services.</p>
Step 7	<p>At this point, spend some time preparing for the Committee interview. Consider reading reputable newspapers to find out about current national and international events. You may also want to check out some of the <u>Opposing Viewpoints</u> series at the library and read about issues of concern to healthcare professionals. Also, review the handout of <i>Pre-Professional Interview Do's and Don'ts</i> attached to this packet. Finally, dress professionally and come in about 15 minutes early to your interview.</p>
Step 8	<p>After the interview, send a thank you note to your primary advisor. Remember, he/she will be writing your recommendation on behalf of the Committee.</p>
Step 9	<p>Keep up with your advisor and let him/her know of any change in your circumstances that may affect your application. You may also want to check if with your faculty advisor has finished your letter and sent it off through the Committee for review. Once your letter has been approved, the Advising Center staff can send the letter to the schools or application service of your choosing.</p>
Step 10	<p>Apply early. Your best chances of acceptance lie in submitting your application as early as possible. If you're planning to apply to Texas public medical, dental or veterinary schools, TMDAS accepts applications beginning May 1 through October 1. If you're planning to apply to schools outside the state of Texas, then please review the attached handout on <i>Recommended Pre-Professional Websites</i> for more information.</p>

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## RECOMMENDED PRE-PROFESSIONAL WEBSITES

### Medical School

Entry examination: MCAT- Medical College Admission Test

- <http://www.aamc.org/students/mcat/>
- The MCAT is offered several times during the year. Consider taking as many practice exams as practical until you feel comfortable with the question type and the length of the exam. There are several places that offer test preparation courses including, Kaplan, Princeton Review and ExamCrackers. If you decide to study on your own, use retired MCAT exams issued by the AAMC (Association of American Medical Colleges).

TMDSAS – Texas Medical and Dental School Application Service

- <http://www.utsystem.edu/tmdsas/>
- Centralized application service for those applying to Texas medical schools.

AACOMAS – American Association of Colleges of Osteopathic Medicine Application Service

- <http://www.aacom.org>
- Centralized application service for those interested in pursuing osteopathic medicine (DO).

AMCAS – American Medical College Application Service

- <http://www.aamc.org/students/amcas/>
- For those interested in pursuing allopathic medicine (MD). Baylor College of Medicine uses this centralized application service.

Aspiring Docs

- <http://www.aspiringdocs.org>
- Good information about applying and financing medical school and the MCAT.

Post-baccalaureate students or Non-traditional pre-med students

- <http://oldpremeds.org/>
- Provides advice and support for non-traditional students who are applying to medical school. You can also read the online diaries of students that successfully navigated the admissions process and are in various stages of completing their MD/DO.

## RECOMMENDED PRE-PROFESSIONAL WEBSITES

### Veterinary School

Entry examination: GRE – General Record Examination

- [www.ets.org/gre/](http://www.ets.org/gre/)
- The test is scheduled on a first-come, first serve basis. You can schedule a time for the exam at your convenience. The test covers verbal reasoning, quantitative reasoning, critical thinking, and analytical writing skills. Unlike the DAT, OAT, and the MCAT, you are not tested on biology, chemistry or physics.

TMDSAS – Texas Medical and Dental School Application Service

- <http://www.utsystem.edu/tmdsas/>
- Application service for Texas A&M College of Veterinary Medicine.

VMCAS – Veterinary Medical College Application Service

- <https://www.vmcas.org/>
- Centralized application service for those applying to schools outside the state of Texas.

### Optometry School

Entry examination: OAT – Optometry Admission Test

- <http://www.opted.org>
- Before you schedule a time to take the OAT, you must first submit an electronic application with the Optometry Admission Test Program. The OAT Program will then send an eligibility letter with an assigned eligibility identification number that will serve as an authorization to schedule the exam at a Prometric Testing Center.

Prometric Testing Center

- <http://www.prometric.com/OAT/default.htm>
- Follow the links to locate a testing center and/or schedule an exam.

There is no centralized application service. Applicants must obtain an application for admission through individual schools.

- University of Houston College of Optometry
  - <http://www.opt.uh.edu/academics/od/>
- University of the Incarnate Word School of Optometry
  - New school – first entering class for UIW may be for Fall 2009.
  - <http://www.uiw.edu/optometry/index.htm>

## RECOMMENDED PRE-PROFESSIONAL WEBSITES

### Dental School

Entry examination: DAT – Dental Admission Test

- <http://www.ada.org/prof/ed/testing/dat/>
- Before you schedule a time to take the DAT, you must first submit an electronic application with the American Dental Association (ADA). The ADA will send an eligibility letter with an assigned eligibility number that will serve as an authorization to schedule the exam at a Prometric Testing Center.

Prometric Testing Center

- <http://www.prometric.com/ADA/default.htm>
- Follow the links to locate a testing center and/or schedule an exam.

TMDSAS – Texas Medical and Dental School Application Service

- <http://www.utsystem.edu/tmdsas/>
- Centralized application service for those applying to Texas dental schools.

AADSAS –Associated American Dental Schools Application Service

- <https://portal.aadsasweb.org/>
- Centralized application service for those applying to schools out-of-state.

### Podiatry School

Entry examination: MCAT, but some schools will accept scores from the GRE and/or DAT

- <http://www.aamc.org/students/mcat/>
  - Please read the review listed previously about the MCAT
- <http://www.ada.org/prof/ed/testing/dat/>
  - Please read the review listed previously about the DAT.
- [www.ets.org/gre/](http://www.ets.org/gre/)
  - Please read the review listed previously about the GRE.

AACPMAS - American Association of Colleges of Podiatric Medicine Application Service

- <http://www.aacpm.org/default.asp>
- This is the centralized application service used by all 8 podiatric schools. Schools are located in Arizona, California, Florida, Illinois, Iowa, New York, Ohio, and Pennsylvania.

## RECOMMENDED PRE-PROFESSIONAL WEBSITES

### Exam Review

#### Kaplan

- <http://www.kaplan.com/>
- Exam reviews for the MCAT, PCAT, GRE, and DAT.
- Reviews also for the GMAT, LSAT, and MAT.
- Classes offered at Lamar, online and through private tutoring sessions.

#### Princeton Review

- <http://www.princetonreview.com/>
- Exam reviews for the MCAT and GRE.
- Reviews also for the GMAT and LSAT.
- Classes offered online and through private tutoring sessions..

#### ExamCrackers

- <http://www.examcrackers.com/>
- The newest exam review company on the market.
- Exam reviews for the MCAT.
- Reviews also for the LSAT.
- Classes offered online and at sites throughout Texas
- ExamCrackers also provides schedules for individual Home Study sessions.