The running head is an abbreviated version of your title, written in all caps. Only on the first page should it be prefaced with "Running head:"

Begin the title a few spaces from the top of the page.

Full Title of the Paper

Author's Name

Author's Institutional Affiliation

Institutional affiliation=your university

Skip a few spaces before beginning the Author Note.

Author Note

The author notes begins here and is double-spaced. The start of each paragraph is indented half an inch. Author notes are often not required for school work unless specified by your professor.

See the APA manual for more information about what to include in the author note.

1" margins all around

Note that "Running head:" no longer appears

Abstract

The abstract begins on the second page of the document. It should be a concise and complete summary of your work, probably at least three sentences. It should be a single paragraph, and the first line should *not* be indented.

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> Don't underline your title, put in in quotation marks, bold it or italicize it.

  The actual essay or article will begin here on the third page of the document. Like the rest of the document, it should be double-spaced in Times New Roman 12 pt. font with 1" margins. Note that the first lines of the body paragraphs are indented, unlike the abstract.

Be sure to include a reference page at the end of your document.

References

Author's Last Name, First Initial. (Year). Title of the article. *Title of the Journal, Issue #, page #-*

page #. doi: xx.xxxxxxxxx

These are examples of a journal article with a doi, the most common type of document cited in APA.

Hersbst-Damm, K.L., & Kulik, J.A. (2005). Volunteer support, marital status, and the survival

times of terminally ill patients. *Health Psychology, 24*, 225-229. doi: 10.1037/0278-

6133.24.225

Citations should be ordered alphabetically and should have a hanging indent

See our handouts on in-text citations and reference pages for more information about citing your sources in APA. All information is taken from the 6th ed. of the *Publication Manual of the American Psychological Association.*