

Social Work BSW - 4 Year Degree Plan

2026-2027

Lamar University's **Bachelor of Social Work** is an action-oriented degree and profession that helps individuals, families, groups, organizations and communities identify and develop strengths and resources to address personal and societal problems. Social work focuses on the "person-in-the-environment," a unique perspective that allows you, the social worker, to not only address the negative effects of social problems on individuals, but to also work to change those social conditions and systems that contribute to human suffering. – Contact UAC at advising@lamar.edu, 409-880-8822, lamar.edu/findadvisor

NOTE: Degree plans may change over a four-year period. This may not be the most current list of course requirements for your program. It is always advised that you check Degree Audit in Banner Self-Serv or your advisor for the most up-to-date degree requirements and to track your progress toward a degree.

FIRST YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	ENGL 1301	Composition I	3	___	ENGL 1302	Composition I	3	___
	HIST 1301	U.S. History I 1763-1877	3	___	HIST 1302	U.S. History II Since 1877	3	___
	Creative Arts		3	___	PSYC 2301	General Psychology	3	___
	BIOL 1308 or BIOL 2306	General Biology (Non-Science Maj) or Environmental Science	3	___	BIOL 1308 or BIOL 2306	General Biology (Non-Science Maj) or Environmental Science	3	___
	COMM 1315	Public Speaking I	3	___	MATH 1332	Contemporary Mathematics I	3	___
	Hours		15	___	Hours		15	___

SECOND YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	POLS 2301	Intro to American Government I	3	___	POLS 2302	Intro/American Government II	3	___
	Language, Philosophy and Culture		3	___	PSYC 2317	Introduction to Statistical Methods	3	___
	Elective		3	___	Elective		3	___
	CRIJ 1301	Intro to Criminal Justice	3	___	SOCI 1301	Introduction to Sociology	3	___
	SOWK 2361	Intro to Social Work	3	___	SOWK 2371	Survey Soc Welfare	3	___
	Hours		15	___	Hours		15	___

THIRD YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	SOWK 3300	Human Behavior in the Social Environment I	3	___	SOWK 3320	Human Behavior in the Social Environment II	3	___
	SOWK 3340	Soc Welfare Policy and Services	3	___	SOWK 3350	Social Work Practice III	3	___
	SOWK 3360	Promoting Social Justice	3	___	SOWK 3310	Social Work Practice I	3	___
	SOWK 4320	Seminar	3	___	SOWK 4320	Seminar	3	___
	Dept Elective	3000-level	3	___	Dept Elective	3000-level	3	___
	Hours		15	___	Hours		15	___

FOURTH YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	SOWK 3330	Social Work Practice II	3	___	SOWK 4321	Field Practicum I	3	___
	SOWK 4380	Social Work Research Method	3	___	SOWK 4324	Field Practicum II	3	___
	SOWK 4320	Seminar	6	___	Elective		3	___
	SOWK 4300	Special Topics	3	___	Elective		3	___
	ANTH 2346	Intro to Anthropology	3	___				
	Hours		18	___	Hours		12	___