

Public Health - Nursing B.S. - 4 Year Degree Plan

2026-2027

Lamar University's **Bachelor of Science in Public Health** with a concentration in **nursing** is a standard pathway for careers in public and community health. This degree prepares you to shift focus from one-on-one bedside care to promoting wellness, preventing disease and addressing health disparities across entire populations. This is a specialty practice within the nursing and public health fields. It focuses on improving population health by emphasizing prevention and attending to multiple determinants of health. – Contact UAC at advising@lamar.edu, 409-880-8822, lamar.edu/findadvisor

NOTE: Degree plans may change over a four-year period. This may not be the most current list of course requirements for your program. It is always advised that you check Degree Audit in Banner Self-Serv or your advisor for the most up-to-date degree requirements and to track your progress toward a degree.

FIRST YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	BIOL 2401	Anatomy and Physiology I	4		BIOL 2402	Anatomy and Physiology II	4	
	ENGL 1301	Composition I	3		ENGL 1302	Composition II	3	
	HIST 1301	U.S. History I 1763-1877	3		PSYC 2315	Lifespan Development	3	
	COMM 1315	Public Speaking I	3		NUTR 1322	Introductory Nutrition	3	
	MATH 1313	Mathematics for Allied Health	3		HIST 1302	U.S. History II Since 1877	3	
		Hours	16			Hours	16	

SECOND YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	BIOL 2421	Microbiology for Science Majors	4		CHEM 1306 and CHEM 1106	Chemistry for Allied Health Sciences and Chemistry for Allied Health Sciences Lab	4	
	Creative Arts		3		NURS 2373	Basic Pathophysiology	3	
	PSYC 2301	General Psychology	3		MATH 1342 or PSYC 2317	Elementary Statistical Methods or Introduction to Statistical Methods	3	
	Language, Philosophy and Culture		3		POLS 2302	Intro/American Government II	3	
	POLS 2301	Intro to American Government I	3					
		Hours	16			Hours	13	

THIRD YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	HLTH 1370	Health and Wellness	3		HLTH 2380	Health Behavior Theory	3	
	HLTH 1373	Foundations of Public Health	3		HLTH 3360	Epidemiology	3	
	HLTH 3320	Health Communications	3		HLTH 3363	Healthcare Systems	3	
	HLTH 3370	Contemporary Public Health Issues	3		HLTH 3380	Healthcare Administration	3	
	HLTH 3372	Drug Use and Abuse	3		HLTH 2374	Public and Consumer Health	3	
		Hours	15			Hours	15	

FOURTH YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	HLTH 3337	U.S./International Health Disparities	3		HLTH 4660	Internship	6	
	HLTH 4340	Public Health Program Planning	3		HLTH 4330	Research Methods	3	
	HLTH 4342	Workplace and Occupational Health	3		HLTH 4350	Leadership in Public Health	3	
	HLTH 4370	Community Health	3		HLTH 4372	Public Health Intervention Strategies	3	
	HLTH 3378 or HLTH 4310 or HLTH 4320 or HLTH 4376 or HLTH 3316	Human Sexuality or Grant Writing or Intro to Women's Health or Emergency Prep or Nutrition and Fitness	3					
		Hours	15			Hours	15	