

Public Health B.S. - 4 Year Degree Plan

2026-2027

Lamar University's **Bachelor of Science in Public Health** offers you an opportunity to impact humanity as you become highly marketable in a world that is increasingly aware of the importance of health and wellness. This degree prepares you to impact people's knowledge about their own health and the health of their communities, whether you educate students in schools or impart knowledge to members of public and corporate communities through their shared spaces and entities. – Contact UAC at advising@lamar.edu, 409-880-8822, lamar.edu/findadvisor

NOTE: Degree plans may change over a four-year period. This may not be the most current list of course requirements for your program. It is always advised that you check Degree Audit in Banner Self-Serv or your advisor for the most up-to-date degree requirements and to track your progress toward a degree.

FIRST YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	ENGL 1301	Composition I	3		ENGL 1302	Composition II	3	
	HIST 1301	U.S. History I 1763-1877	3		BIOL 2402	Anatomy and Physiology II	4	
	Creative Art Core		3		HIST 1302	U.S. History II since 1877	3	
	BIOL 2401	Anatomy and Physiology I	4		MATH 1332 or MATH 1313	Contemporary Mathematics I or Mathematics for Allied Health	3	
	HLTH 1370	Health and Wellness	3		HLTH 1373	Foundations of Public Health	3	
	Hours		16		Hours		16	
SECOND YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	POLS 2301	Intro to American Government I	3		POLS 2302	Intro/American Government II	3	
	COMM 1315	Public Speaking I	3		MATH 1342 or PSYC 2317	Elementary Statistical Methods or Introduction to Statistical Methods	3	
	BIOL 1102	Medical Terminology	1		HLTH 2374	Public and Consumer Health	3	
	PSYC 2301	General Psychology	3		PSYC 2315	Lifespan Development	3	
	HLTH 2380	Health Behavior Theory	3		NUTR 1322	Introductory Nutrition	3	
	Language, Philosophy and Culture Core		3					
	Hours		16		Hours		15	
THIRD YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	HLTH 3320	Health Communications	3		HLTH 3363	Healthcare Systems	3	
	HLTH 3370	Contemporary Public Health Issues	3		HLTH 3337	U.S. and International Health Disparities	3	
	HLTH 3380	Healthcare Administration	3		HLTH 4380	Human Diseases	3	
	HLTH 3360	Epidemiology	3		HLTH 4370	Community Health	3	
	HLTH 3372	Drug Use and Abuse	3		Electives		3	
	Hours		15		Hours		15	
FOURTH YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	HLTH 4340	Public Health Program Planning	3		HLTH 4660	Internship	6	
	HLTH 4342	Workplace and Occupational Health	3		HLTH 4330	Research Methods	3	
	HLTH 4350	Leadership in Public Health	3		HLTH 4372	Public Health Intervention Strategies	3	
	Electives		6					
	Hours		15		Hours		12	