

# University Studies Health Sciences Concentration B.S. - 4 Year Degree Plan

2026-2027

Lamar University's **Bachelor of Science in University Studies** with a concentration in **health sciences** allows students to explore select health sciences including biology, psychology, sociology and social work. Depending on the student's interest, this degree can be tailored to include courses required for entry into Lamar University's Nursing program. Students interested in using this degree as a foundation for graduate/professional school should consult their advisor(s) for methods to align coursework options for specific programs of advanced study. - Contact UAC at [advising@lamar.edu](mailto:advising@lamar.edu), 409-880-8822, [lamar.edu/findadvisor](http://lamar.edu/findadvisor)

NOTE: Degree plans may change over a four-year period. This may not be the most current list of course requirements for your program. It is always advised that you check Degree Audit in Banner Self-Serv or your advisor for the most up-to-date degree requirements and to track your progress toward a degree.

FIRST YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	ENGL 1301	Composition I	3	___	Life and Physical Science		3	___
	American History		3	___	ENGL 1302	Composition II	3	___
	Social and Behavioral Sciences		3	___	MATH 1342	Elementary Statistical Methods	3	___
	Life and Physical Science		3	___	American History		3	___
	Electives		3	___	Electives		3	___
	Hours		15	___	Hours		15	___

SECOND YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	MATH 1342	Elementary Statistical Methods	3	___	Political Science		3	___
	Political Science		3	___	Communications		3	___
	Language, Philosophy and Culture		3	___	Electives		9	___
	Creative Arts		3	___				
	Electives		3	___				
Hours		15	___	Hours		15	___	

THIRD YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	AASC 3301	Lifelong Learning and Portfolio Development	3	___	ENGL 3311	Professional Writing	3	___
	Primary Concentration Course		3	___	Primary Concentration Course		3	___
	Secondary Concentration Course		3	___	Secondary Concentration Course		3	___
	Tertiary Concentration Course		3	___	Tertiary Concentration Course		3	___
	Electives		3	___	Electives		3	___
Hours		15	___	Hours		15	___	

FOURTH YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	Primary Concentration Course		3	___	AASC 4301	Senior Seminar	3	___
	Secondary Concentration Course		3	___	Primary Concentration Course		3	___
	Tertiary Concentration Course		3	___	Secondary Concentration Course		3	___
	Electives		3	___	Electives		3	___
	Electives		3	___	Electives		3	___
Hours		15	___	Hours		15	___	