

2020-2021

Lamar University's **Bachelor of Science in Athletic Education** will empower you to be a dynamic, active individual in your community, one who is focused on the overall health and well-being of those around you. Our program blends human anatomy with pedagogy and practical field experience. Upon graduation, you'll be prepared to teach K-12. This program is flexible so you can do what interests you the most, and while you're here, you'll learn about care and prevention, nutrition and diet, biomechanics, applied fitness concepts and strength and conditioning, among others. - Contact UAC at advising@lamar.edu, 409-880-8822, lamar.edu/findadvisor

NOTE: Degree plans may change over a four-year period. This may not be the most current list of course requirements for your program. It is always advised that you check Degree Audit in Banner Self-Serv or your advisor for the most up-to-date degree requirements and to track your progress toward a degree.

FIRST YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	BIOL 2401	Anatomy and Physiology I	4	_____	BIOL 2402	Anatomy and Physiology II	4	_____
	ENGL 1301	Composition I	3	_____	ENGL 1302	Composition II	3	_____
	Any UG DISC Course		3	_____	MATH 1313 or MATH 1332	Mathematics for Allied Health or Contemporary Mathematics I	3	_____
	History		3	_____	History		3	_____
	Creative Arts		3	_____	Education Core		3	_____
	_____ Hours		16	_____	_____ Hours		16	_____
SECOND YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	KINT 2371	Functional Anatomy/Physiology	3	_____	KINT 3330 and KINT 3130	Exercise Physiology and Exercise Physiology Lab	4	_____
	KINT 3310	Wellness Strategies	3	_____	Political Science		3	_____
	Political Science		3	_____	Component Area Option		3	_____
	Social and Behavioral Sciences		3	_____	Education Core		3	_____
	Language, Philosophy and Culture		3	_____	Pathway Elective		3	_____
	_____ Hours		15	_____	_____ Hours		16	_____
THIRD YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	KINT 3315	Biomechanics	3	_____	Education Core		3	_____
	KINT 4350	Exercise Prescription	3	_____	Free Elective		3	_____
	Education Core		3	_____	Free Elective		3	_____
	Free Elective		3	_____	Pathway Elective		3	_____
	Pathway Elective		3	_____	Pathway Elective		3	_____
	_____ Hours		15	_____	_____ Hours		15	_____
FOURTH YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	Component Area Option		3	_____	Education Core		3	_____
	Education Core		3	_____	Free Elective		3	_____
	Free Elective		3	_____	Free Elective		3	_____
	Free Elective		3	_____	Pathway Elective		3	_____
	Pathway Elective		3	_____	_____		_____	_____
	_____ Hours		15	_____	_____ Hours		12	_____