

University Studies Health Sciences Concentration B.S. - 4 Year Degree Plan

2025-2026

Lamar University's **Bachelor of Science in University Studies** with a concentration in **health sciences** allows students to explore select health sciences including biology, psychology, sociology and social work. Depending on the student's interest, this degree can be tailored to include courses required for entry into Lamar University's Nursing program. Students interested in using this degree as a foundation for graduate/professional school should consult their advisor(s) for methods to align coursework options for specific programs of advanced study.

NOTE: Degree plans may change over a four-year period. This may not be the most current list of course requirements for your program. It is always advised that you check Degree Audit in Banner Self-Serv or your advisor for the most up-to-date degree requirements and to track your progress toward a degree.

| FIRST YEAR | Fall | | Hours | Grade | Spring | | Hours | Grade |
|------------|--------------------------------|---------------|-------|-------|---------------------------|------------------|--------------------------------|-------|
| | ENGL 1301 | Composition I | | | Life and Physical Science | ENGL 1302 | | |
| | American History | | 3 | | | ENGL 1302 | Composition II | 3 |
| | Social and Behavioral Sciences | | 3 | | | MATH 1342 | Elementary Statistical Methods | 3 |
| | Life and Physical Science | | 3 | | | American History | | 3 |
| | Electives | | 3 | | | Electives | | 3 |
| | Hours | | 15 | | | Hours | | 15 |

| SECOND YEAR | Fall | | Hours | Grade | Spring | | Hours | Grade |
|-------------|----------------------------------|--------------------------------|-------|-------|-------------------|-----------|-------|-------|
| | MATH 1342 | Elementary Statistical Methods | | | Political Science | ENGL 1311 | | |
| | Political Science | | 3 | | Communications | | 3 | |
| | Language, Philosophy and Culture | | 3 | | Electives | | 9 | |
| | Creative Arts | | 3 | | | | | |
| | Electives | | 3 | | | | | |
| | Hours | | 15 | | Hours | | 15 | |

| THIRD YEAR | Fall | | Hours | Grade | Spring | | Hours | Grade |
|------------|--------------------------------|---|-------|-------|--------------------------------|----------------------|-------|-------|
| | AASC 3301 | Lifelong Learning and Portfolio Development | | | ENGL 3311 | Professional Writing | | |
| | Primary Concentration Course | | 3 | | Primary Concentration Course | | 3 | |
| | Secondary Concentration Course | | 3 | | Secondary Concentration Course | | 3 | |
| | Tertiary Concentration Course | | 3 | | Tertiary Concentration Course | | 3 | |
| | Electives | | 3 | | Electives | | 3 | |
| | Hours | | 15 | | Hours | | 15 | |

| FOURTH YEAR | Fall | | Hours | Grade | Spring | | Hours | Grade |
|-------------|-------------------------------|--------------------------------|-------|-------|--------------------------------|----------------|-------|-------|
| | Primary Concentration Course | Secondary Concentration Course | | | AASC 4301 | Senior Seminar | | |
| | Tertiary Concentration Course | | 3 | | Primary Concentration Course | | 3 | |
| | Electives | | 3 | | Secondary Concentration Course | | 3 | |
| | Electives | | 3 | | Electives | | 3 | |
| | Hours | | 15 | | Hours | | 15 | |