

University Studies Health Sciences Concentration B.S. - 4 Year Degree Plan

2025-2026

Lamar University's **Bachelor of Science in University Studies** with a concentration in **health sciences** allows students to explore select health sciences including biology, psychology, sociology and social work. Depending on the student's interest, this degree can be tailored to include courses required for entry into Lamar University's Nursing program. Students interested in using this degree as a foundation for graduate/professional school should consult their advisor(s) for methods to align coursework options for specific programs of advanced study.

NOTE: Degree plans may change over a four-year period. This may not be the most current list of course requirements for your program. It is always advised that you check Degree Audit in Banner Self-Serv or your advisor for the most up-to-date degree requirements and to track your progress toward a degree.

FIRST YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	ENGL 1301	Composition I	3		Life and Physical Science		3	
	American History		3		ENGL 1302	Composition II	3	
	Social and Behavioral Sciences		3		MATH 1342	Elementary Statistical Methods	3	
	Life and Physical Science		3		American History		3	
	Electives		3		Electives		3	
			15				15	
	Hours				Hours			
SECOND YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	MATH 1342	Elementary Statistical Methods	3		Political Science		3	
	Political Science		3		Communications		3	
	Language, Philosophy and Culture		3		Electives		9	
	Creative Arts		3					
	Electives		3					
			15				15	
	Hours				Hours			
THIRD YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	AASC 3301	Lifelong Learning and Portfolio Development	3		ENGL 3311	Professional Writing	3	
	Primary Concentration Course		3		Primary Concentration Course		3	
	Secondary Concentration Course		3		Secondary Concentration Course		3	
	Tertiary Concentration Course		3		Tertiary Concentration Course		3	
	Electives		3		Electives		3	
			15				15	
	Hours				Hours			
FOURTH YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	Primary Concentration Course		3		AASC 4301	Senior Seminar	3	
	Secondary Concentration Course		3		Primary Concentration Course		3	
	Tertiary Concentration Course		3		Secondary Concentration Course		3	
	Electives		3		Electives		3	
	Electives		3		Electives		3	
			15				15	
	Hours				Hours			