

Social Work BSW - 4 Year Degree Plan

2025-2026

Lamar University's **Bachelor of Social Work** is an action-oriented degree and profession that helps individuals, families, groups, organizations and communities identify and develop strengths and resources to address personal and societal problems. Social work focuses on the "person-in-the-environment," a unique perspective that allows you, the social worker, to not only address the negative effects of social problems on individuals, but to also work to change those social conditions and systems that contribute to human suffering.

NOTE: Degree plans may change over a four-year period. This may not be the most current list of course requirements for your program. It is always advised that you check Degree Audit in Banner Self-Serv or your advisor for the most up-to-date degree requirements and to track your progress toward a degree.

FIRST YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	ENGL 1301	Composition I	3		ENGL 1302	Composition I	3	
	HIST 1301	U.S. History I 1763-1877	3		HIST 1302	U.S. History II Since 1877	3	
	Creative Arts		3		PSYC 2301	General Psychology	3	
	BIOL 1308 or BIOL 2306	General Biology (Non-Science Maj) or Environmental Science	3		BIOL 1308 or BIOL 2306	General Biology (Non-Science Maj) or Environmental Science	3	
	COMM 1315	Public Speaking I	3		MATH 1332	Contemporary Mathematics I	3	
		Hours	15			Hours	15	
SECOND YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	POLS 2301	Intro to American Government I	3		POLS 2302	Intro/American Government II	3	
	Language, Philosophy and Culture		3		PSYC 2317	Introduction to Statistical Methods	3	
	Elective		3		Elective		3	
	CRIJ 1301	Intro to Criminal Justice	3		SOCI 1301	Introduction to Sociology	3	
	SOWK 2361	Intro to Social Work	3		SOWK 2371	Survey Soc Welfare	3	
		Hours	15			Hours	15	
THIRD YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	SOWK 3300	Human Behavior in the Social Environment I	3		SOWK 3320	Human Behavior in the Social Environment II	3	
	SOWK 3340	Soc Welfare Policy and Services	3		SOWK 3350	Social Work Practice III	3	
	SOWK 3360	Promoting Social Justice	3		SOWK 3310	Social Work Practice I	3	
	SOWK 4320	Seminar	3		SOWK 4320	Seminar	3	
	Dept Elective	3000-level	3		Dept Elective	3000-level	3	
		Hours	15			Hours	15	
FOURTH YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	SOWK 3330	Social Work Practice II	3		SOWK 4321	Field Practicum I	3	
	SOWK 4380	Social Work Research Method	3		SOWK 4324	Field Practicum II	3	
	SOWK 4320	Seminar	6		Elective		3	
	SOWK 4300	Special Topics	3		Elective		3	
	ANTH 2346	Intro to Anthropology	3					
		Hours	18			Hours	12	