

## Social Work BSW - 4 Year Degree Plan

2025-2026

Lamar University's **Bachelor of Social Work** is an action-oriented degree and profession that helps individuals, families, groups, organizations and communities identify and develop strengths and resources to address personal and societal problems. Social work focuses on the "person-in-the-environment," a unique perspective that allows you, the social worker, to not only address the negative effects of social problems on individuals, but to also work to change those social conditions and systems that contribute to human suffering.

NOTE: Degree plans may change over a four-year period. This may not be the most current list of course requirements for your program. It is always advised that you check Degree Audit in Banner Self-Serv or your advisor for the most up-to-date degree requirements and to track your progress toward a degree.

FIRST YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	ENGL 1301	Composition I	3	_____	ENGL 1302	Composition I	3	_____
	HIST 1301	U.S. History I 1763-1877	3	_____	HIST 1302	U.S. History II Since 1877	3	_____
	Creative Arts		3	_____	PSYC 2301	General Psychology	3	_____
	BIOL 1308 or BIOL 2306	General Biology (Non-Science Maj) or Environmental Science	3	_____	BIOL 1308 or BIOL 2306	General Biology (Non-Science Maj) or Environmental Science	3	_____
	COMM 1315	Public Speaking I	3	_____	MATH 1332	Contemporary Mathematics I	3	_____
	Hours		15	_____	Hours		15	_____
SECOND YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	POLS 2301	Intro to American Government I	3	_____	POLS 2302	Intro/American Government II	3	_____
	Language, Philosophy and Culture		3	_____	PSYC 2317	Introduction to Statistical Methods	3	_____
	Elective		3	_____	Elective		3	_____
	CRIJ 1301	Intro to Criminal Justice	3	_____	SOCI 1301	Introduction to Sociology	3	_____
	SOWK 2361	Intro to Social Work	3	_____	SOWK 2371	Survey Soc Welfare	3	_____
	Hours		15	_____	Hours		15	_____
THIRD YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	SOWK 3300	Human Behavior in the Social Environment I	3	_____	SOWK 3320	Human Behavior in the Social Environment II	3	_____
	SOWK 3340	Soc Welfare Policy and Services	3	_____	SOWK 3350	Social Work Practice III	3	_____
	SOWK 3360	Promoting Social Justice	3	_____	SOWK 3310	Social Work Practice I	3	_____
	SOWK 4320	Seminar	3	_____	SOWK 4320	Seminar	3	_____
	Dept Elective	3000-level	3	_____	Dept Elective	3000-level	3	_____
	Hours		15	_____	Hours		15	_____
FOURTH YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	SOWK 3330	Social Work Practice II	3	_____	SOWK 4321	Field Practicum I	3	_____
	SOWK 4380	Social Work Research Method	3	_____	SOWK 4324	Field Practicum II	3	_____
	SOWK 4320	Seminar	6	_____	Elective		3	_____
	SOWK 4300	Special Topics	3	_____	Elective		3	_____
	ANTH 2346	Intro to Anthropology	3	_____				
	Hours		18	_____	Hours		12	_____