

Psychology B.A. - 4 Year Degree Plan

2025-2026

Lamar University's **Bachelor of Arts in Psychology** leads to popular psychology careers in fields such as public health, hospitals and health care, assisted living, counseling, chaplaincy, medical consulting, human resources, social work, health and human services, substance abuse treatment and prevention, education, advocacy, leadership and research. Our curriculum covers a broad base of topics within the psychology field including lifespan development, abnormal behavior, positive psychology, stress and well-being, health psychology and forgiveness.

NOTE: Degree plans may change over a four-year period. This may not be the most current list of course requirements for your program. It is always advised that you check Degree Audit in Banner Self-Serv or your advisor for the most up-to-date degree requirements and to track your progress toward a degree.

FIRST YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	PSYC 2301	General Psychology	3	_____	ENGL 1302	Composition II	3	_____
	BIOL 1406	General Biology I (Majors)	4	_____	PSYC 2302	Psychology as a Career	3	_____
	ENGL 1301	Composition I	3	_____	BIOL 1407	General Biology II (Majors)	4	_____
	DSDE 1371 or FREN 1311 or SPAN 1311	ASL I or Beginning French I or Beginning Spanish I	3	_____	DSDE 1372 or FREN 1312 or SPAN 1312	ASL II or Beginning French II or Beginning Spanish II	3	_____
	Creative Arts		3	_____	MATH 1332	Contemporary Mathematics I	3	_____
	Hours		16	_____	Hours		16	_____
SECOND YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	DSDE 2371 or FREN 2311 or SPAN 2311	ASL III or Intermediate French I or Intermediate Spanish I	3	_____	DSDE 2372 or FREN 2312 or SPAN 2312	ASL IV or Intermediate French II or Intermediate Spanish II	3	_____
	ENGL 2322 or ENGL 2326 or ENGL 2376	British Lit, American Lit, African-American Lit	3	_____	COMM 1315 or COMM 1321	Public Speaking I or Business and Prof Speech	3	_____
	HIST 1301	U.S. History I 1763-1877	3	_____	ENGL 3310	Technical Report Writing	3	_____
	PSYC 2317	Introduction to Statistical Methods	3	_____	LIBR 1101	Introduction to Library Research	1	_____
	PHIL 1370 or PHIL 2306	Philosophy of Knowledge or Ethics	3	_____	HIST 1302	U.S. History II Since 1877	3	_____
	Hours		15	_____	Hours		13	_____
THIRD YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	PSYC 3302	Methods in Psychology	3	_____	POLS 2302	Intro/American Government II	3	_____
	POLS 2301	Intro to American Government I	3	_____	PSYC Elective	3000-4000 Course	3	_____
	PSYC Elective	3000-4000 Course	6	_____	PSYC Elective	3000-4000 Course	3	_____
	Minor		3	_____	Minor		3	_____
				_____	Minor		3	_____
	Hours		15	_____	Hours		15	_____
FOURTH YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	PSYC 3301	Advanced Statistics	3	_____	PSYC 4330	Experimental Psychology	3	_____
	PSYC Elective	3000-4000 Course	6	_____	PSYC Elective	3000-4000 Course	9	_____
	Minor		6	_____	Minor		3	_____
	Hours		15	_____	Hours		15	_____