

Psychology B.A. - 4 Year Degree Plan

2025-2026

Lamar University's **Bachelor of Arts in Psychology** leads to popular psychology careers in fields such as public health, hospitals and health care, assisted living, counseling, chaplaincy, medical consulting, human resources, social work, health and human services, substance abuse treatment and prevention, education, advocacy, leadership and research. Our curriculum covers a broad base of topics within the psychology field including lifespan development, abnormal behavior, positive psychology, stress and well-being, health psychology and forgiveness.

NOTE: Degree plans may change over a four-year period. This may not be the most current list of course requirements for your program. It is always advised that you check Degree Audit in Banner Self-Serv or your advisor for the most up-to-date degree requirements and to track your progress toward a degree.

FIRST YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	PSYC 2301	General Psychology			ENGL 1302	Composition II		
	BIOL 1406	General Biology I (Majors)	4		PSYC 2302	Psychology as a Career	3	
	ENGL 1301	Composition I	3		BIOL 1407	General Biology II (Majors)	4	
	DSDE 1371 or FREN 1311 or SPAN 1311	ASL I or Beginning French I or Beginning Spanish I	3		DSDE 1372 or FREN 1312 or SPAN 1312	ASL II or Beginning French II or Beginning Spanish II	3	
	Creative Arts		3		MATH 1332	Contemporary Mathematics I	3	
		Hours	16			Hours	16	

SECOND YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	DSDE 2371 or FREN 2311 or SPAN 2311	ASL III or Intermediate French I or Intermediate Spanish I			DSDE 2372 or FREN 2312 or SPAN 2312	ASL IV or Intermediate French II or Intermediate Spanish II		
	ENGL 2322 or ENGL 2326 or ENGL 2376	British Lit, American Lit, African-American Lit	3		COMM 1315 or COMM 1321	Public Speaking I or Business and Prof Speech	3	
	HIST 1301	U.S. History I 1763-1877	3		ENGL 3310	Technical Report Writing	3	
	PSYC 2317	Introduction to Statistical Methods	3		LIBR 1101	Introduction to Library Research	1	
	PHIL 1370 or PHIL 2306	Philosophy of Knowledge or Ethics	3		HIST 1302	U.S. History II Since 1877	3	
		Hours	15			Hours	13	

THIRD YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	PSYC 3302	Methods in Psychology			POLS 2302	Intro/American Government II		
	POLS 2301	Intro to American Government I	3		PSYC Elective	3000-4000 Course	3	
	PSYC Elective	3000-4000 Course	6		PSYC Elective	3000-4000 Course	3	
	Minor		3		Minor		3	
					Minor		3	
		Hours	15			Hours	15	

FOURTH YEAR	Fall		Hours	Grade	Spring		Hours	Grade
	PSYC 3301	Advanced Statistics			PSYC 4330	Experimental Psychology		
	PSYC Elective	3000-4000 Course	6		PSYC Elective	3000-4000 Course	9	
	Minor		6		Minor		3	
		Hours	15			Hours	15	