LAMAR UNIVERSITY
MEMBER THE TEXAS STATE UNIVERSITY SYSTEM™

Study Abroad

Let us help you choose your destination.

Study Abroad
At Lamar University

Visit Us
Online
Lamar.edu/study abroad

On Campus
Lamar University Study Abroad
Dr. Joe Nordgren
Director of Global Studies and Study Abroad
Professor of English and Associate Dean of Arts and Sciences
Parker Bldg. Rm. 203

Ms. Norma Zarzosa
Coordinator of Global Studies and Study Abroad
Maes Bldg. Rm. 35, MWF 1:30–4 pm, Thurs. by appt.
(409) 880-8593
norma.zarzosa@lamar.edu

Study Abroad
Lamar University
Living the Legacy
Inventing the Future

Member The Texas State University System™
Lamar University is an equal opportunity/affirmative action educational institution.
2014/1500
Why Should I Consider Study Abroad?

There are many benefits and opportunities available by participating in the Lamar University Study Abroad Program:

- Personal growth and intellectual maturity
- Increased self-confidence and a willingness to take risks
- Developing a personally informed view of the world
- Appreciation for intercultural competencies
- Participating in new traditions and customs
- Better understanding of one’s own cultural values and respect for diversity
- Engaging with students from around the world
- Expanding one’s range and depth of interests
- Improving communication and language skills
- Adapting to new environments
- Facing and solving challenging problems
- Experiencing diverse business practices
- Exploring global issues that confront the world
- Shaping future career development
- Increasing prospective job opportunities

The advantage of studying abroad with Lamar University is learning in another country, making long-lasting friendships and memories that will last a lifetime.

Will Robbins
History and Political Science

“Studying abroad is the best thing I did in my college career, and it has made me a better person, student and friend. It has prepared me to help reshape the world after graduation.”

Amy Morgan
English and Spanish

“Studying in Spain was an absolutely amazing opportunity and something that I will never forget. Being able to immerse myself in the culture, and to learn about the history, language and people of Spain was definitely one of the best experiences of my life.”

Marielva Guerrero
Spanish

“LU Study Abroad gave me the opportunity to see the history, literature and culture of Spain come alive by visiting the archives from the Spanish Civil War, castles, convents, cathedrals, museums, cultural events and even a bull fight!”
HOW CAN I PARTICIPATE IN A STUDY ABROAD PROGRAM?

- Enroll in a Lamar University faculty-led program.
- Enroll in a study abroad program offered by any other Texas university with a transfer-of-credit agreement with LU.
- Enroll in a study abroad program offered by any other U.S. university. You must provide evidence that the earned credit hours will transfer to LU and will apply to your degree plan.
- Enroll for a summer term or a long semester at a foreign university of your choice, with the same stipulations regarding transfer-of-credit.

TO WHICH FOREIGN COUNTRIES CAN I TRAVEL?

That is a decision that you make based on your field of study and the study abroad program that best enriches your degree plan.

WHAT IF I AM UNCERTAIN OF THE STUDY ABROAD COUNTRY?

Talk to your LU academic advisor regarding LU courses offered abroad. They also can guide you in the process of searching for a study abroad program that will meet your academic needs and enrich your degree plan.

HOW CAN I BETTER PREPARE FOR MY STUDY ABROAD EXPERIENCE?

Go to travel.state.gov or students.abroad.state.gov. The U.S. Department of State website provides information on travel and safety abroad, passports, visas, preparing for a trip-abroad, Smart Traveler Enrollment Program, travel warnings, travel alerts and more.

DO I NEED A PASSPORT TO GO ABROAD?

Yes. Go to travel.state.gov.passport. The U.S. Department of State passport website is the place to find information on how to apply or renew a passport, obtaining forms, necessary fees, document requirements, processing times and more.

DO I NEED A VISA TO GO ABROAD?

That depends on the country and the length of study. Go to travel.state.gov.visa.

DO I NEED EXTRA VACCINATIONS TO GO ABROAD?

Go to cdc.gov.travel. The CDC Travelers’ Health Topics offers health information for travel to more than 200 international destinations, recommended vaccinations, how to pack smart and create a travel health kit as well as a survival guide to safe and healthy travel.

WHERE CAN I FIND INFORMATION ON STUDY ABROAD AND STUDENTS WITH SPECIAL NEEDS?

Go to miusa.org. Mobility International USA provides resources and support for students with special needs who have an interest in study abroad.
IF I FIND A PROGRAM, WHAT IS THE NEXT STEP?

When you find a study abroad program, print the following information: university information, course code number, credit hours (if any), length of study, syllabus or course content, cost and a description of the course.

Regardless of the route you take, before you sign up for any study abroad program, inside or outside of Lamar University, talk to your academic advisor to make sure the course credit offered applies to your degree plan.

IF LAMAR UNIVERSITY DOES NOT OFFER A STUDY ABROAD COURSE IN MY FIELD, CAN I TAKE IT SOMEWHERE ELSE?

Yes, you can be part of a study abroad program offered by any other Texas, American, or foreign university.

HOW CAN I PAY FOR MY STUDY ABROAD COURSES?

- You are encouraged to save and budget your personal finances in order to take part in study abroad programs.
- If you enroll in study abroad courses through a U.S. university, you may qualify for student loans.
- Search for available local and national scholarships.
- In addition, if you are a full-time student currently enrolled in a degree-granting program at LU, you may qualify for a Study Abroad Grant.

HOW DO I KNOW IF I QUALIFY FOR A STUDY ABROAD GRANT?

To learn more about the Study Abroad Grant, refer to the guidelines at lamar.edu/studyabroad under the General Information tab.

DOES THE STUDY ABROAD GRANT COVER THE ENTIRE STUDY ABROAD COST?

No, it is an award intended to supplement the cost of study abroad.

WHAT DO I HAVE TO DO TO APPLY FOR THE STUDY ABROAD GRANT?

Become familiar with the study abroad website at lamar.edu/studyabroad. Carefully review the information, download the required forms, and complete and submit your application package in a timely manner at the Maes Building, Room 35.