Your Future

If you’re interested in nutrition, hospitality–culinary arts, family studies or fashion, the Department of Nutrition, Hospitality & Human Services in the College of Education and Human Development will prepare you to enter the workforce successfully.

All of our programs are practical, and the skills and knowledge you’ll learn here can be applied in a variety of different industries as well as in your personal life. Our four programs offer undergraduate degrees and one graduate degree, in addition to internship opportunities, teacher certification, and a certificate in the culinary arts.

Dedicated faculty and staff apply a hands-on approach with the curriculum, allowing you to gain early experience in preparation for a gratifying career. As a whole, our goal is to seek students who share a desire to elevate the life experiences of individuals, families and the community by focusing on the most fundamental needs of humanity. If you have a passion to help others thrive, we can prepare you to find fulfillment in a career rooted in one of our programs.

Degrees and Programs

Bachelor of Science (B.S.)
- Nutrition—Dietetics track
- Hospitality Administration—Culinary Arts Certificate
- Family Studies—FCS Teacher Certification
- Fashion Merchandising

Master of Science (M.S)
- Nutrition—Dietetic Internship track

Career Opportunities
- Chef
- Community Social Service Provider
- Dietitian
- Extension Agent
- Family & Consumer Sciences Teacher
- Fashion Buyer
- Fashion Retail Manager
- Hotel Manager
- Marriage & Family Therapist
- Nutritionist
Facilities
Our students take advantage of the Nutrition, Hospitality & Human Services building atrium area, a great place to hang out and study or grab a quick snack. Future chefs, you’ll love our culinary lab, a perfect place for you to sharpen your skills.

Scholarships and Career Development
LU offers a number of scholarships based on merit as well as academic interest. The university awards more than $10 million per year. Some of our scholarships include:

- Chartwells Annual Scholarship
- James Oliver Culinary Scholarship
- Rosa Jean Tannahill Robertson Scholarship
- Sabine Area Restaurant Association Scholarship
- Virginia Anderson Presidential Scholarship

Getting involved is good for you & your future!

- Student organizations
  Take your LU experience to the next level.
- Cardinal Communities
  Engage in learning communities that empower you to thrive.
- Study Abroad
  See the world to discover new cultures and earn an academic credit.

I’m ready to apply. What’s next?
You’ve made a great choice!
You can easily apply by visiting lamar.edu/admissions.

Contact Us
Department of Nutrition, Hospitality & Human Services

Nutrition, Hospitality & Human Services
Bldg. Rm. 120
nhhs@lamar.edu
(409) 880-8663
lamar.edu/nhhs

PLANA VISITTO CAMPUS(409) 880-8316
and take a virtual tour lamar.edu/tour

Lamar University is an equal opportunity/affirmative action educational institution.