Your Future

The Department of Health & Kinesiology in the College of Education and Human Development is home to more than 400 students. We offer five degree programs, three at the undergraduate level and two at the graduate level. You may choose a variety of course delivery methods to meet your busy schedule: face to face, online and hybrid. Our goal is to provide a positive, encouraging and challenging educational experience to prepare you for a career in your chosen field, which promotes lifetime fitness, health and wellness, and physical activity. Our curriculum incorporates current theories, practices and the most effective research and services.

As a graduate, you will be well on your way to being an effective leader in your chosen field. The Bureau of Labor Statistics projects an upward trend in available jobs during the next 10 years. Median salaries range from $30,000 to $74,000 for a Bachelors degree in Public Health & Physical Education.

Pre-Professional Studies

Graduates of Health & Kinesiology can go on to graduate degree programs in

- Physical Therapy
- Occupational Therapy
- Physician Assistant
- Medical School
- Public Health Administration
- Law School

Degrees and Programs

Bachelor of Science (B.S.)
- Health
- Kinesiology
- Exercise Science and Fitness Management

Graduate Programs
- Public Health M.P.H. (online only)
- Kinesiology M.S.
Careers with a Bachelors Degree
Our programs encompass a wide variety of professions such as:

- Athletic Training
- Cardiac & Pulmonary Rehabilitation
- Coaching for Sports
- Community Health Organizations
- Corporate Wellness
- Fitness Facility Management and Programming
- Governmental Health Organizations
- Non-Profit Health Organizations
- Personal Training
- Physical Education Teacher (EC-12)
- Strength & Conditioning Professional

Scholarships
LU offers competitive scholarships based on merit as well as academic interest. The university awards more than $10 million in scholarships per year. The Department of Health & Kinesiology also offers the John Payton Scholarship to eligible juniors.

Getting involved is good for you & your future!

- Student organizations
  Take your LU experience to the next level.
- Cardinal Communities
  Engage in learning communities that empower you to thrive.
- Study Abroad
  See the world to discover new cultures and earn an academic credit.

Contact Us
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