Your Future

As a professional in the counseling field, you will have the opportunity to change lives almost daily. These influential leaders play an integral role in the community and are skilled listeners, communicators and leaders. The Department of Counseling offers a variety of programs if you are interested in shaping the face of counseling and mental health in our schools and community. Our goal is to prepare you to be a passionate, skilled school counselor or mental health clinician who can excel in your chosen environment.

Our department offers two 60-hour graduate degrees and has two concentrations in counseling. Faculty are supportive, encouraging and available for you, all while working diligently in areas of research centered on service activities at the international, national, state and local levels.

Demand has never been higher for mental health professionals in all disciplines. Schools across the country value skilled, empathetic listeners who can positively affect the lives of students on a daily basis. Professional counselors also are in high demand, and these practitioners can work in a number of different settings, including agencies, primary care facilities and private practices.

Degrees and Programs

Master of Education (M.Ed.)

- Counseling and Development with a concentration in Marriage, Couple and Family Counseling
- Counseling and Development with a concentration in Professional School Counseling
- Clinical Mental Health Counseling

Professional Certifications

- Clinical Mental Health
Scholarships and Career Development
LU offers a number of scholarships based on merit as well as academic interest. The university awards more than $10 million per year. Learn more by visiting lamar.edu/scholarships.

The counseling programs offer unique learning experiences through residencies, which are scheduled three times yearly. These residencies are skill-building programs tailored for online and face-to-face counseling students. Students in residency spend one week or one long weekend on LU’s campus, working with professors, community leaders, guest speakers and peers. Activities focus on individualized counseling training in many areas relevant to the profession today such as behavioral health and integrated health, multicultural/diversity concerns, legislative trends, group counseling, diagnosing and treatment planning, record keeping, client confidentiality and school-to-community partnerships.

Getting involved is good for you & your future!

- Student organizations
  Take your LU experience to the next level.

- Mentoring partnerships with alumni and community
  Engage in learning communities that empower you to thrive.

- Professional organizations
  Participation as a graduate student leader to network with others.

Contact Us
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